



URANTIA UNIVERSITY

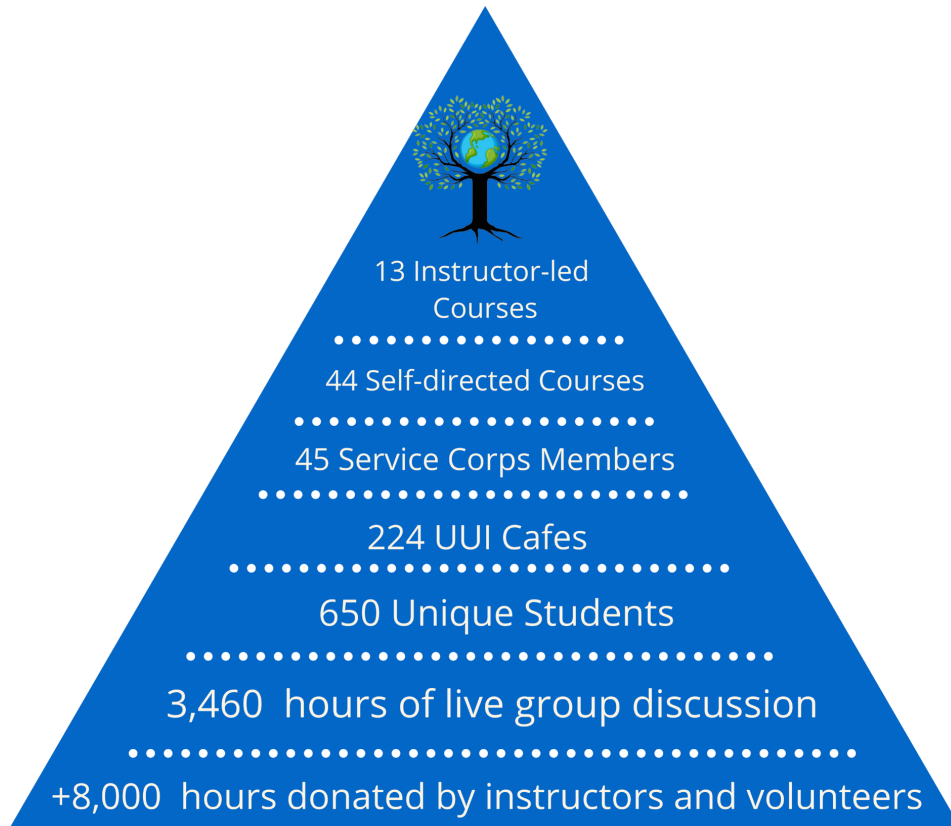
spiritual living translates into

REAL-WORLD IMPACT

Vision & Mission

UrantiaUniversity Institute (UUI) offers an online educational experience that enriches our understanding of *The Urantia Book* and advances everyday spiritual living practices. We create opportunities for personal spiritual growth, interpersonal relationship-building, and teamwork embracing the Jesusonian values of spirit insight, joyful ministry, and loving service.

UUI empowers each one of us to become positive agents of social change and establish a civilization motivated by morality and guided by spirit insight by utilizing the learning model of thinking, feeling, and doing—realizing and actualizing divine truth through loving service to others. UrantiaUniversity Institute is an independent, yet collaborative educational organization.



Financials

UrantiaUniversity Institute (UUI) is a nonprofit educational organization with the mission of disseminating the teachings of The Urantia Book through free online classes, workshops, and other educational programs. UUI is not a membership-based organization. Rather it relies solely on public support from the community of Urantia Book readers which it serves.

We greatly appreciate the support of our constituents, particularly during the challenging times of the past year. What we have found in times of political, economic, health, and environmental adversity is that the Urantia community comes together stronger than ever. Since UUI first started offering online courses in Urantia Book-related education with live Zoom classes as early as 2014, it has been uniquely positioned to provide innovative ways for our community to gather for spiritual education, worship, and support in spiritual living. We have consistently sought creative and useful ways to use the Internet and online video conferencing as a means of communicating, teaching, and conducting business.

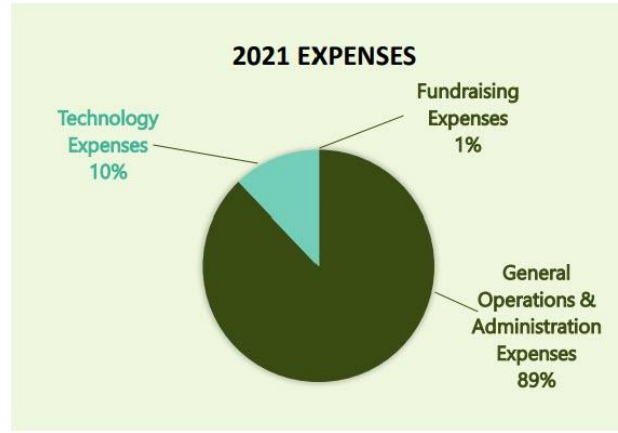
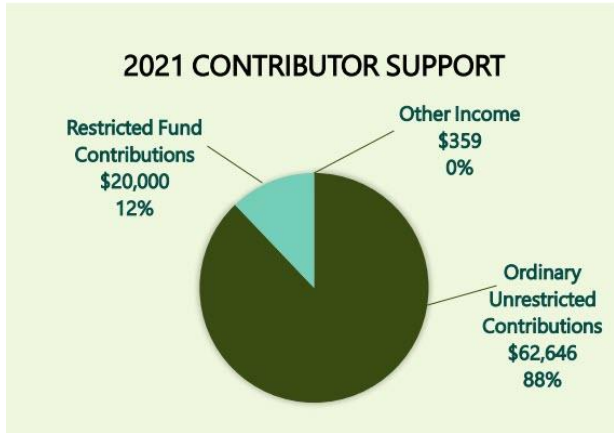
Thanks to our many generous supporters, UUI has steadily grown its catalog of Instructor-led and self-directed courses inspired by the vast and illuminating teachings of the Urantia revelation which help humanity to better understand its origin, history, and destiny. In addition to online courses, the UUI Café has become a favored meeting place since March 2020. It provides a home space for many people in the Urantia community who seek intelligent conversation with their spiritual brothers and sisters about the issues they face in attempting to live a heavenly life on earth. By adding a Sunday prayer and worship dimension to the UUI Café, UUI has sought to bolster the third practice in the triad of study, service, and worship which lead to the development of a strong spiritual character.

UUI began 2021 with a cash balance of \$37,062.59 as a result of our 2020 year-end fundraising efforts. During 2021 we received an additional \$82,646 in revenue from the generous contributions of our public supporters, including UUI students, Trustees, Urantia Foundation, and many other benefactors in the Urantia community, as well as \$359 from two miscellaneous sources.

Our total operating expenses for 2021 amounted to \$55,798.88, resulting in a cash balance of \$64,268.71 as of January 1, 2022. This healthy starting balance, aided by continuing one-time and recurring donations in 2022, will substantially provide the funding for UUI's expanding operations throughout 2022 until the 2022 year-end fundraising campaign replenishes the treasury for UUI's continuing operations in 2023.

We extend our deep gratitude to our volunteer instructors, coordinators, and collaborators; our loyal and devoted students and friends; and our many benefactors for helping UUI grow steadily over the years in the scope and quality of our free services to the public. Our core mission of spreading the teachings of the Urantia revelation to the world is becoming a dynamic reality.

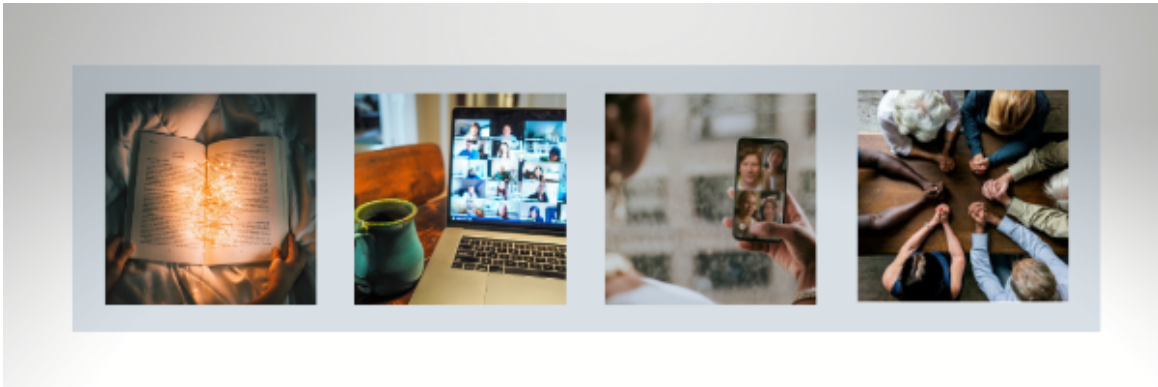
Elisabeth Callahan
UUI Executive Director and Acting Treasurer



Income	
Ordinary Un-Restricted	\$62,646
Restricted Fund	\$20,000
Other Income	\$359
Total Income	\$83,005

Expenses	
General Operations & Administration	\$49,820
Fundraising	\$511
Technology	\$ 5,468
Total Expenses	\$55,799
Carry-over (2021 to 2022)	\$37,063

About Urantia University Institute



Instructor-led Learning

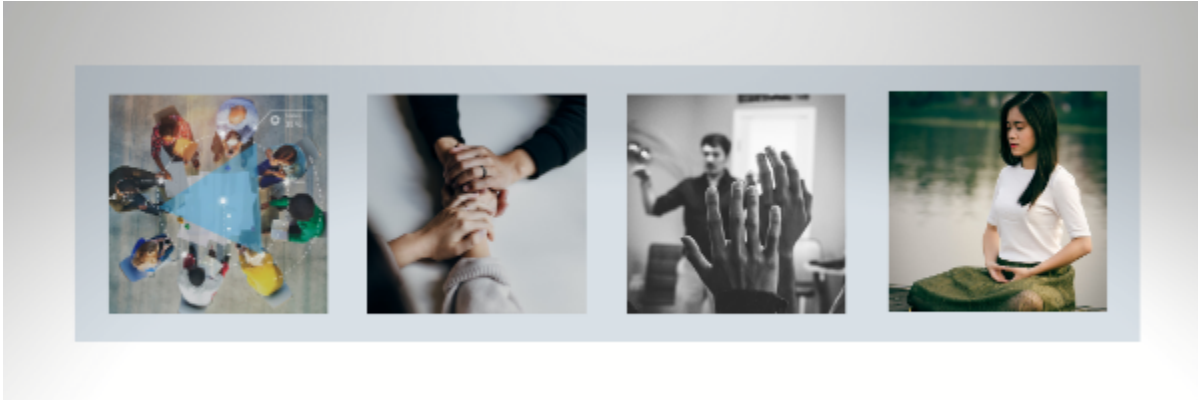
Urantia University offers various Urantia Book Studies and Spiritual Living courses in an Instructor-led learning environment. Students learn fundamental knowledge prior to class—such as readings, written assignments, discussion boards, or videos—and expand upon that knowledge through activities conducted in-class with the support of the instructor. Online learning is enhanced by weekly live discussions that students and instructors join remotely over Zoom. Rather than using face-to-face time for lecturing, class time is used for guided discussion, small group activities, and project development. This focus on active learning encourages deeper understanding and critical thinking.

UUI's courses are inspired by the cosmic ideals and divine concepts and principles set forth in *The Urantia Book* and our educational approach is based on the Urantian idea-values that religion is experiential, our relationship with God is personal, evolution is progressive, and revelation is dynamic. Rather than dividing ourselves into discreet camps of "teacher-experts" and "student-novices," UUI propounds the philosophy that we are all "learners" engaging in the search and the discovery of God-consciousness together.

We offer classes that introduce newer readers to *The Urantia Book* as well as thought-provoking courses for experienced students seeking more intensive study. Complementary to intellectual exploration, our programs provide guidance and support in spiritual living practices, those everyday habits and interactions that foster religion of the spirit and its actualization in loving service to the spiritual family of God.

UUI's complimentary courses seek to elevate the knowledge of things and the comprehension of ideas to a practicable and wise framework for living.

New Courses Offered



Be of Good Cheer

The intent of the Be of Good Cheer class is to focus on Jesus' "constant exhortation" to "Be of good cheer," along with his "watchword," which is "Fear not." Instructor Jill Strunk is a clinical psychologist and uses guidance directly from *The Urantia Book*, as well as from adjunct psychological wisdom, to increase the capacity for, and habit of, experiencing joy, while limiting fear and anxiety. The course explores how to serve others and help them to do the same. Jesus' matchless example, along with reminders of God's eternal perspective, will be enhanced with shared group experience and loving support.

Jill's experience with the book, helping others in her career, and wealth of knowledge was exciting and very valuable to me.

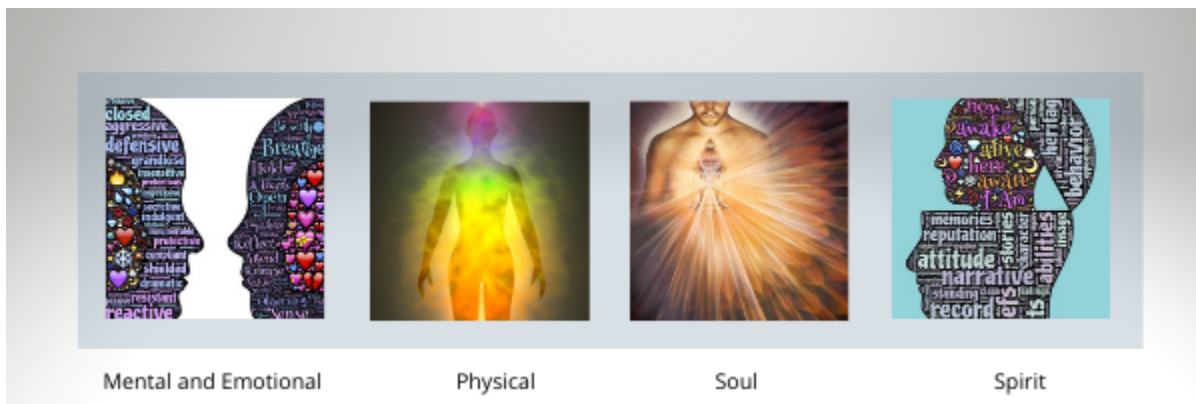
The Great Debate on the Scale of Orvonton

In this seven-week course, we will explore many models on the scale of Orvonton. These models have been postulated over many years of study by Urantia Book students. Participants will analyze their own "universe frame" on the scale of Orvonton and evaluate the relative validity of one model based on the Triad of Verification (origin, history, destiny). This class is an opportunity to find harmony among the epochal revelation, early 20th-century astronomy, and current astronomic thinking.

The Urantia Book's Revelation on the Mind

This course is designed to help the student develop a practical and working comprehension of one's own personal mind. Through study, you will discover the triune presence of the spirit of God. You will also gain an understanding of the manifold tools of the intellect and gifts of the spirit that have been provided for us to work within our mind arena of choice. These subtle and interactive influences allow us as personal children of our freewill Paradise Father to make our personal choices in life and to enact our personal attitudes in decisive acts of conduct.

This course improved my understanding of the importance of mind. It affected my prayer life and was a revelation of the soul as an entity with which I can have active contact, even to the level of accepting its leadership in day-to-day living.



Integrative Wellbeing Program

Integrative wellbeing describes a state of living in holistic equilibrium in which all the parts of the self (body, intellect, emotions, soul, and spirit) are well understood and expressed. The self-system is well-balanced and highly coordinated. It is characterized by discriminating awareness of the different parts of the self and how they interact with each other to form a holistic system that performs along a spectrum ranging from poor health to radiant health.

This heightened consciousness can lead to greater self-mastery which in turn allows us to be more fully present to life and people in our daily existence. Greater self-mastery leads to a state of non-resistance (relative freedom from stress) to life as it is. This resulting state of flow allows the self to be more present and aware and to function optimally in the arenas of our life.

The UUI Integrative Wellbeing Training Program rests on the supreme knowledge that each of us is a perfecting and beloved child of God with an eternal destiny. This truth imbues our life with enormous meaning and value. It underlies the living experience of holistic wellbeing and forms the foundation of our moral and spiritual decision-making.

In 2021, we launched a pilot course for this exciting new program called *Toward True Self-Respect*.

Toward True Self-Respect: Examining Our Self-Destructive Thinking

What is that critical voice in your head that is constantly judging you and everyone and everything around you? It's the source of our negative thinking, which scientists estimate might be as much as 65% of our daily thoughts. If you're tired of the inner critic and judge, find out what you can do to change your thought patterns from self-destructive thinking to integrated expressions of true self-respect.

Using selected passages from *The Urantia Book*, videos, parables, stories, songs, and journaling exercises, we will explore how we might meet the call to increased spiritual wellness through emotional wellness, using the paradigm of Awareness, Acceptance, and Action. In this way, we can aid our Thought Adjusters and the Spirit of Truth by doing for ourselves all that we can.

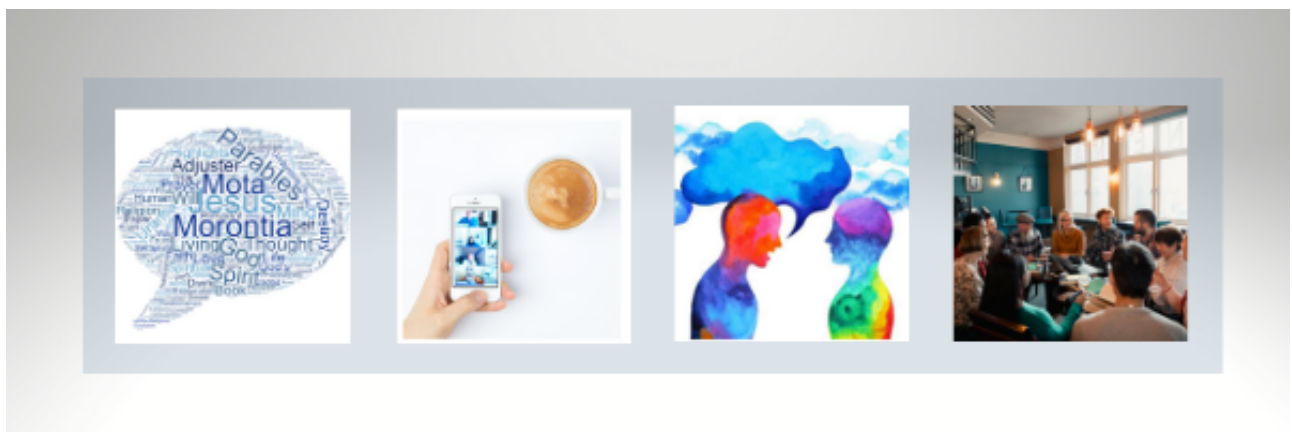
Self-Directed Study of *The Urantia Book*



[Self-Directed Study of the individual papers of *The Urantia Book*](#) provides an opportunity for new and advanced students of *The Urantia Book* to begin to master the content of individual papers, explore resources, apply knowledge, and actively engage with the meanings and values of the revelation. These free and interactive online courses can be taken anytime, anywhere, on your desktop or smartphone.

The program serves those who are searching for a way to study *The Urantia Book* in greater depth and with the guidance and support of experienced instructors, but at their own pace and according to their own schedule. By the end of 2021, 44 courses were available.

Community Building



UUI Online Cafe

The [UUI Cafe](#) is a space for uplifting spiritual conversations 5-6 times a week, where spiritual brothers and sisters can hang out and have soul-growing conversations based on

the wisdom of the Urantia teachings and the world's great spiritual traditions. Originally conceived to address the need to ministry and hope during the covid-19 pandemic, the UUI Cafe has fostered a lasting community of honesty, sincerity, and hope dedicated to doing, and not just thinking about, the will of God.

Thanks to our Donors for bringing the vision of
UrantiaUniversity Institute to life.

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