



Our Mother God

Urantia University Institute



Our Mother God

Urantia Book Studies | Urantia University

About this Course on Our Mother God	1
Week 1 Introduction to Our Mother God and the Divine Creation Story	8
Selected Reading for Week 1	15
Week 1 List of Reflection Questions	24
Meditation Practice: Our Mother God	25
Week 2 Introduction	26
Week Two Reflective Questions	35
Week 3 Introduction to The Complemental, Equal & Synergistic Nature of God	35
Selected Reading for Week 3	37
Week 3 Reflective Questions	44
Meditation Practice	45
Week 4 Introduction: Developing a Felt Relationship with Our Mother Spirit	47
Selected Reading for Week 4	54
Week 4 Part 1: Exercises and Reflective Questions	56
Week 4 Part 1: Note for Clarification	59
Week 4 Part 2: Feeling the Presence of the Mother Spirit in Our Mind Endowment	59
Week 4 Part 2: Exercises and Reflective Questions	64
Week 5 Introduction: "Our Mother God: Telling Her Story in Our Own Words"	66
Selected Reading for Week 5	75
Meditation Practice	85
Gospel Tips from Jesus & Tub & a Bike-riding Evangelist and Puppy	87
Supplemental Material from "Our Mother God" Website	98
Week 5 Reflective Questions	107
Meditation on Our Seraphic Guardians	108

About this Course on Our Mother God

Course Outline

The course is divided into 5 weeks. Each week has a theme that addresses a significant perspective and set of ideas on Our Mother God, and a unique instructor to guide the learning process.

- Week 1: Who Is Our Mother God? (Elisabeth Callahan)
- Week 2: Imagining a Society of Equals (Michelle Klimesh)
- Week 3: Our Complementary Relationship with God Our Mother and Father (Kurt Cira)
- Week 4: Developing a Felt Relationship with Our Divine Mother (Whole Group (originally developed by Chuck Thurston)
- Week 5: Our Mother God: Telling Her Story in Our Own Words (Lucretia Schanfarber)

Course Description

Since the beginning of humankind, when language first developed to name things and communicate their meaning and value to one another, people have looked at the night sky and pondered its nature. What is the universe, and what is our place in it?

They have wondered about the mystery of life and death and sought to understand the origin of life—how it arises—and what happens after death. Is there an all-powerful Creator of the universe who is the source of life? If there is, what kind of Being is the Creator? Who is the Cosmic Maker that wields the power to create almost countless galaxies and myriad suns and planets?

Every culture has a creation myth, and most of the world's religious traditions point to a Creator of some kind who is the source of life and the world we live in. But the major religions of the West – Christianity, Judaism, and Islam – identify only a Father God who is responsible for creating everything. The concept of a Mother God is noticeably absent. Some people have been perplexed by the creeds of those world religions that are based on a patriarchal God with no Mother God present in the birth of creation and living things.

What does the absence of a Mother God say about the human religious culture that generated it and perpetuates it?



Exploring Our Mother God - the Breath of Life and Source of Mind

In this course, we will be exploring our missing Mother God who, in fact, turns out to be a Creative Daughter of the Infinite Spirit of the Paradise Trinity. She is our Local Universe Mother Spirit who co-creates and co-rules the universe we inhabit in perfect harmony with the Creator Son Michael, her complement and equal. Together they are our divine local universe parents. And by herself, the Creative Daughter is the mother of all the ministering angels in her universe.

We will grow up in their universe – from our infancy on earth through the many evolutionary levels of our morontia existence until we mature into first-stage spirits. When we finally achieve spirit status and complete our training and development in our divine parents' universe, we become eligible to depart for the higher worlds of our superuniverse on our continuing journey inward and upward to Havona and Paradise.

Our world finally received a greatly enlarged revelation about God and the Universe of universes in the Urantia Book, a 20th century revelation of immense philosophical, religious, and cosmological scope. In its magnificent, far-reaching story of creation, we learn about Nebadon, our native universe, and that:

37:0.1(406.1) AT THE head of all personality in Nebadon stands the Creator and Master Son, Michael, the universe father and sovereign. Co-ordinate in divinity and complementary in creative attributes is the local universe Mother Spirit, the Divine Minister of Salvington. And these creators are in a very literal sense the Father-Son and the Spirit-Mother of all the native creatures of Nebadon.

We discover that our Mother Spirit is the “breath of life,” the divine mother who breathes life into inanimate matter and makes DNA come alive, capable of reproducing itself. Not only is our Mother God the breath of life, but she is also the source of mind, of all consciousness, in our universe, a capacity she derives from the Infinite Spirit and the Master Spirit of our superuniverse.

We learn that the ministry of the **adjutant mind spirits** who enable our personalities to live in our physical bodies – to think and feel, to reason and remember – are part of the Mother Spirit’s consciousness and being. So, we are in fact being ministered to constantly by our Divine Mother. We discover in the Urantia narrative that the Mother Spirit pervades all the space of her universe. In fact, her omnipresence circumscribes the extent of the universe she and the Creator Son have created. She is equally and diffusely present throughout her entire local universe and is, therefore, just as literally and personally present on one world as on any other. (34:3.3)

This living fact of the Divine Mother’s omnipresence and the ubiquitous bestowal of mind circuits across all the evolutionary worlds of her universe means that she is as close as our breath, every thought we think, and every feeling and sensation we experience in our bodies. Our mind is encircuited in her Holy Spirit, that same circuit by which the Spirit of Truth of our Creator Son is accessible to us. It is the presence of her Holy Spirit that enables a fragment of pure divine reality – the Thought Adjuster – to enter and indwell the human mind.

This is a wondrous revelation, isn’t it? **We have two divine, loving universe parents whose sole intention is to help us grow up in a friendly universe and become like them – Godlike, loving, and good.** We can appreciate more than ever how their gifts and ministry to us, when combined with the bestowal of Thought Adjusters, enable beings like us to eventually become spiritized and to find God and become like God.

Isn’t it amazing that we are so utterly unaware of the source of our own consciousness, of our life itself, of all living things? We have taken our lives and our ability to think, feel, and sense for granted. While many people may question the origin and purpose of life, very few ever deeply contemplate the mystery of **mind** and their personal origin all the way back to its source.

But in this course, we examine the mysteries of the origins of life and consciousness, and our place in the universe. We look at how we can know and contact our Mother God and

our Father God. Both are persons, divine persons, who can be known and loved and who know and love us in return, no matter who we are or how we've lived.

The Complementary Relationship of the Creator Son and Creative Daughter

We will also be learning more about the beautiful complementary relationship our Creative Mother Spirit enjoys with her eternal partner, the Creator Son. And we will look at some ancient cultures that had a knowledge of the Universe Mother Spirit, which was revealed to our world by various divine personalities as part of the plan for the evolutionary development of planetary civilization, but which were lost in time or deliberately eradicated by later religious movements.

Because the absence of a Mother God has profound effects on religious and world cultures and the way they shape people's lives, roles, and social/ economic/ and political relationships, we will also look at **how a growing awareness of our Universe Mother Spirit and the co-equal relationship she enjoys at the head of the universe with the Creator Son might contribute to the progress of our planetary civilization towards the future ages of light and life.**

We will spend some time imagining the kinds of societal changes that need to occur to create the conditions for ushering in the first stage of light and life. One of the requirements for advancing towards our promised heavenly destiny is achieving worldwide equality and cooperation between the sexes. Not just one nation, but every nation! We can also imagine that we need to become better stewards of our planet and caretakers of all the creatures who form the ecosystem in which we live, if we are to reach the higher levels of light and life.

Finally, we will take everything that we have learned about our Universe Mother Spirit and her equal, complementary and cooperative relationship with the Creator Son and share this expanded good news in our own words. In the final week, we will each craft our own true story of Our Mother God, one that expresses our own understanding and deepening personal relationship with Her. We will fold this into a riveting, resonant message that responds to the growing trend of recognizing "the Universe" as an intelligent, responsive, caring, and personal energy/entity.

Developers

Elisabeth Callahan



Throughout her life Elisabeth has pursued a path of contemplative practice and studies in world religions and transpersonal psychology. She trained intensively as a Zen Buddhist monk for many years in her 30's in both the Soto and Rinzai schools of Zen. Years later she returned to her Christian roots, seeking the expression of the original way that Jesus lived and taught, and was ordained a priest in the Independent Catholic Church. During these years she also pursued training in transpersonal psychology including graduate work at ITP (now Sofia University) in Menlo Park, CA.

Since discovering the Urantia Book in 1984 she has devoted herself to its in-depth study and sharing it with others. She and her husband, John, have led a weekly Urantia Book study group in Southern California for many years and derive rich personal and spiritual growth through this fellowship and the process of group discovery and application of Urantia Book teachings. She has been a Trustee of Urantia University since its inception and currently serves as Executive Director of Urantia University Institute.

Michelle Klimesh



Michelle Klimesh was raised in a Catholic family. After a crisis of faith turned her into an agnostic, Michelle spent her teenage years investigating alternative spiritual paths. She

found the Urantia Book in 1973 and immediately became enchanted. Michelle attended study group at the Pacific School of Religion in Berkeley that summer before reading on her own for seventeen years. Michelle currently lives in California with her husband, Aaron.

Michelle began looking for other readers when her two daughters were young, hoping that someone else had invented a children's version of the text. In what now seems suspiciously like angelic intervention, Michelle found and joined Sara Blackstock's study group. The Urantia Book became a significant building block of her faith journey. Running her business, a gymnastics school, seemed simple because she had the blueprint for an entire universe on her bookshelf. The inspiration and example of how Jesus and Mary raised his family was absolutely priceless to Michelle as a parent.

Twice elected President of the Golden Gate Circle Society, Michelle also served for 18 years on the General Council of The Urantia Book Fellowship with terms as Secretary, Education Chair, Secretary General, and President. She is also the author of the amazing book entitled, "The Story of Everything" which is a beautiful way to introduce new readers and young people to the teachings of the Urantia Book.

Kurt Cira



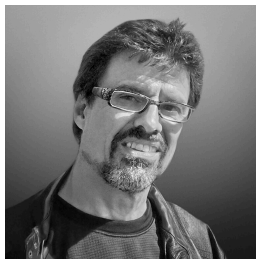
Kurt was born and raised in Northern Wisconsin, the oldest of 6 children in a devout Roman Catholic family. Kurt went to college in Milwaukee and discovered the Urantia Book there in 1972. He studied the book alone for 13 years, during which time he married and raised 3 children. Kurt was an architectural designer and held various other jobs, living 20 years in South Florida.

After retiring he dedicated himself to Urantia-based ministry and moved to back to Wisconsin to be close to his children and grandchildren. He has been an active Urantia conference participant and speaker. He has attended conferences on Urantia-based ministry, taken several related Urantia University Institute courses, graduated from The

Christ Experiment's School of Ambassadors, and has led a series on religion for the UUI Cafes. He is currently involved in many Urantia groups and activities.

Religion is his favorite topic in the Book. He coined the acronym "ROPE" for the Religion Of Personal Experience, an idea expressed many times throughout the Urantia Book. He is developing a website based on the ROPE to reach out to and encourage believers and those who consider themselves "spiritual but not religious" to develop their relationships with God.

Chuck Thurston



Chuck Thurston began his study of the Urantia Book in the mid-1970s. After exploring many other sources of spiritual insight, the discovery of the Urantia Book and its teachings marked the beginning of a new and profoundly life-changing growth in understanding of the nature of God and the meaning of our existence. Over the years since then, Chuck has been closely involved with the international community of readers and students of the Urantia Book and has offered many workshops and presentations at annual conferences and other gatherings.

He is currently a co-host on the Saturday morning Cosmic Citizen Blogtalk Radio broadcast and is working with Derek Samaras on the production of UBN (Urantia Book Network) video podcasts on a variety of topics.

Lu Schanfarber



Lucretia "Lu" Schanfarber is dedicated to proclaiming the expanded gospel of The Motherhood of God to our planet as revealed in the teachings of the Urantia Book. Lu was introduced to the Urantia Book in 1972 and participated in the 1st International Conference in Oklahoma in 1976.

"Studying the Urantia Book and living its teachings transforms my daily life. I am convinced of it being what it purports to be...the fifth Epochal Revelation to our planet. The Urantia Book is the foundational spiritual text in my life & I read and meditate upon it every day," Lu says.

In cooperation with a select group of four other Urantia Book scholars and spiritual activists, Lu helped to launch the Our Mother God website and complementary educational programs and discussion groups focused on the Mother aspect of Deity. Lu is also the hosting founder of Sisters Sharing Circles, a monthly zoom encounter group for women to share their stories and experiences related to their own spiritual journeys and their personal relationship with Deity as Mother and Father.

As a long-time organic and regenerative gardener and former broadcaster, Lu launched her "Gabbing About Gardening" project via weekly radio shows, podcasts, zoom gatherings and social media communities in 2020. Lu grows and manages two no-dig, food-forest, permaculture demonstration gardens designed to empower and encourage all people to become gardeners. Lu also conducts gardening and composting workshops and helps people design edible perennial landscapes.

"I know, without a doubt, that our planet is a garden. When we see pictures of our blue-green garden planet taken from space, we instantly realize that Our Garden Planet is real. I am here to help remind people that we are, first and foremost, gardeners! All future generations depend on us re-aligning our priorities and becoming the planetary gardeners we were born to be," says Lu.

Most of Lu's 40-year, professional career she worked as a marketing consultant in the Canadian Natural Health Products industry. She has helped to research and develop several best-selling products in the industry. Lu has also worked as a writer, editor and broadcaster promoting natural health products and approaches.

Lu lives with her husband, Lee Gass, an award-winning UBC (University of British Columbia) science professor and sculptor on Quadra Island and Cortes Island – sister islands in the Salish Sea in British Columbia, Canada. The mother of son, Justice, and daughter, Harmony, Lu is also grandmother to three grandsons (Angello, Jesse and Emmett) and one grand-daughter, Willa Grace.

"Life on this planet, Urantia, is an experience that will remain with us forever. We have a glorious opportunity and a divine responsibility to manifest all the truth, beauty and goodness we possibly can in our one short lifetime here before we graduate and journey on to the next worlds. Being a mother and grandmother, proclaiming the Motherhood of God gospel, and promoting Our Garden Planet are my primary directives," Lu affirms.

Week 1 Introduction to Our Mother God and the Divine Creation Story

This first week serves as both an introduction to Our Mother God and a foundation for exploring the topics in Weeks 2 - 5.

The Focus for Week 1

During this first week, we will focus on the Divine Creation Story of the vast Universe in which we live, according to the newest and most complete and replete narrative of cosmic creation known to humanity – the Urantia revelation. Within the far-reaching scope of this revelatory book, our world is given an awesome and remarkably detailed account of the nature of God our Father and God our Mother, within the context of the Paradise Trinity and the origin, history, and destiny of humanity.

Every culture, from ancient times to the present, has developed a creation story to explain the universe, the origin of people, and the meaning of existence. Some creation stories, like the Book of Genesis, are narratives about the birth of the cosmos, the earth, and all living things, while others, like the Epic of Gilgamesh, are told in an epic form that details the adventures of one or more heroic figures in a particular culture.

The ancient creation stories were the products of primitive minds that sought explanations for life, death, and the world they lived in. These stories are rich in archetypal meaning and symbology but devoid of scientific knowledge, higher philosophical thinking, and religious meanings and values. They were suited to the limited intellects of early human populations, but cannot compare to the advanced philosophy, cosmology, and progressive religious thought of the Urantia Book.

The Creation of our Divine Local Universe Parents in Paradise

In the Urantia narrative, we learn that once upon a time in Paradise in the unimaginably distant past, the Universal Father and the Eternal Mother Son gave birth to a wholly unique Creator Son named Michael, the 611,121st of his divine order.

Simultaneously, the Infinite Spirit individualized a new and unique representation of Herself, a Creative Daughter possessed of the awesome creative powers of her Divine Parent and also bearing the identical number 611,121.

This particular pair of divine beings, the offspring of the Paradise Trinity, are the creators and co-rulers of the local universe of Nebadon in which we live. They are our divine parents who created all life in their local universe, countless beings ranging from mortal beings (the lowest order of personalities in the local universe) to countless angels of various types, as well as other types of personality orders with functions ranging from rulers and teachers to Life Carriers and different orders of permanent citizens of the universe.

(406.1) 37:0.1 AT THE head of all personality in Nebadon stands the Creator and Master Son, Michael, the universe father and sovereign. Co-ordinate in divinity and complementary in creative attributes is the local universe Mother Spirit, the Divine Minister of Salvation. And these creators are in a very literal sense the Father-Son and the Spirit-Mother of all the native creatures of Nebadon.



There are 700,000 such pairs of Creator Sons and Creative Daughters, one for each of the 700,000 local universes which altogether make up the seven superuniverses of space and time. These gigantic superuniverses circle around the great Central Universe of Havona, a universe of one billion spheres of unimaginable perfection and splendor. The worlds of Havona are distributed in seven vast circuits of worlds which in turn orbit around the dazzling Isle of Paradise, home of the Paradise Deities, which itself exists outside of space and time.

It is fascinating to see how their loving partnership is part of the original family pattern of the Paradise Trinity. Before embarking on their universe-building career, their marriage is blessed by the Universal Father who speaks in acknowledgment of the eternal union of the Creator Son and the Creative Spirit and in confirmation of the bestowal of certain joint powers of administration by the Master Spirit of superuniverse jurisdiction.

This divine pair are created at the same time, and they are destined to spend eternity together as they personally progress towards absolute perfection while guiding the evolutionary development of their local universe and all the personal beings within it (mortal ascenders, angels, universe citizens, and other celestial personality orders) towards the supreme attainment of Havona perfection.

The Entirely Unique, Progressive Development of the Local Universe Creative (Mother) Spirit

The genesis of the Creative Daughters of the Infinite Spirit in Paradise is wholly unlike that of the Creator Sons, who are created as full-fledged beings at the moment they flash into existence, the result of the perfect ideal and the powerful idea of the Universal Father and

the Eternal Mother Son, whose union produces this new creator personality of power and perfection.

The Creative Daughters, on the other hand, arise uniquely in a prepersonal phase from the vast personal potentials of the Infinite Spirit, the Third Person of the Paradise Trinity. They undergo six known phases or stages of existence in their eternal career after their initial genesis as a new and individualized representation of the Infinite Mother Spirit (but not yet a fully developed personality) and a supreme complement to the Creator Son who originated at the same moment in the eternal past as she did and who is destined to be her eternal partner.

The Creative Daughters of the Infinite Mother Spirit undergo an exceedingly long and mysterious developmental process before becoming full-fledged personalities, undoubtedly involving an understanding of and control over the vast powers of energy and mind invested in her being.

Rather than paraphrase the text of the Urantia Book concerning the developmental stages of the extraordinary Creative Daughters, we offer the exact description from the revelation:

17:6.3 (203.6) 1. Initial Paradise Differentiation. When a Creator Son is personalized by the joint action of the Universal Father and the Eternal Son, simultaneously there occurs in the person of the Infinite Spirit what is known as the "supreme reaction of complement." We do not comprehend the nature of this reaction, but we understand that it designates an inherent modification of those personalizable possibilities which are embraced within the creative potential of the Conjoint Creator. The birth of a co-ordinate Creator Son signalizes the birth within the person of the Infinite Spirit of the potential of the future local universe consort of this Paradise Son. We are not cognizant of this new prepersonal identification of entity, but we know that this fact finds place on the Paradise records of the career of such a Creator Son.

17:6.4 (203.7) 2. Preliminary Creatorship Training. During the long period of the preliminary training of a Michael Son in the organization and administration of universes, his future consort undergoes further development of entity and becomes group conscious of destiny. We do not know, but we suspect that such a

group-conscious entity becomes space cognizant and begins that preliminary training requisite to the acquirement of spirit skill in her future work of collaboration with the complementary Michael in universe creation and administration.

17:6.5 (204.1) 3. The Stage of Physical Creation. At the time the creatorship charge is administered to a Michael Son by the Eternal Son, the Master Spirit who directs the superuniverse to which this new Creator Son is destined gives expression to the "prayer of identification" in the presence of the Infinite Spirit; and for the first time, the entity of the subsequent Creative Spirit appears as differentiated from the person of the Infinite Spirit. And proceeding directly to the person of the petitioning Master Spirit, this entity is immediately lost to our recognition, becoming apparently a part of the person of this Master Spirit.

The newly identified Creative Spirit remains with the Master Spirit until the moment of the departure of the Creator Son for the adventure of space; whereupon the Master Spirit commits the new Spirit consort to the keeping of the Creator Son, at the same time administering to the Spirit consort the charge of eternal fidelity and unending loyalty. And then occurs one of the most profoundly touching episodes which ever take place on Paradise. The Universal Father speaks in acknowledgment of the eternal union of the Creator Son and the Creative Spirit and in confirmation of the bestowal of certain joint powers of administration by the Master Spirit of superuniverse jurisdiction.

17:6.6 (204.2) The Father-united Creator Son and Creative Spirit then go forth on their adventure of universe creation. And they work together in this form of association throughout the long and arduous period of the material organization of their universe.

17:6.7 (204.3) 4. The Life-Creation Era. Upon the declaration of intention to create life by the Creator Son, there ensue on Paradise the "personalization ceremonies," participated in by the Seven Master Spirits and personally experienced by the supervising Master Spirit. This is a Paradise Deity contribution to the individuality of the Spirit consort of the Creator Son and becomes manifest to the universe in the

phenomenon of "the primary eruption" in the person of the Infinite Spirit. Simultaneously with this phenomenon on Paradise, the heretofore impersonal Spirit consort of the Creator Son becomes, to all practical intents and purposes, a bona fide person. Henceforth and forevermore, this same local universe Mother Spirit will be regarded as a person and will maintain personal relations with all the personality hosts of the ensuing life creation.

17:6.8 (204.4) 5. The Postbestowal Ages. Another and great change occurs in the never-ending career of a Creative Spirit when the Creator Son returns to universe headquarters after the completion of his seventh bestowal and subsequent to his acquirement of full universe sovereignty. On that occasion, before the assembled administrators of the universe, the triumphant Creator Son elevates the Universe Mother Spirit to cosovereignty and acknowledges the Spirit consort as his equal.

17:6.9 (204.5) 6. The Ages of Light and Life. Upon the establishment of the era of light and life the local universe cosovereign enters upon the sixth phase of a Creative Spirit's career. But we may not portray the nature of this great experience. Such things pertain to a future stage of evolution in Nebadon.

17:6.10 (204.6) 7. The Unrevealed Career. We know of these six phases of the career of a local universe Mother Spirit. It is inevitable that we should ask: Is there a seventh career? We are mindful that, when finaliters attain what appears to be their final destiny of mortal ascension, they are of record as entering upon the career of sixth-stage spirits. We conjecture that there awaits the finaliters still another and unrevealed career in universe assignment. It is only to be expected that we would likewise regard the Universe Mother Spirits as having ahead of them some undisclosed career which will constitute their seventh phase of personal experience in universe service and loyal co-operation with the order of the Creator Michaels.

The Father God and Mother God of our Local Universe - Our Divine Parents

From the Urantia revelatory perspective, the rule of our local universe changed significantly some 2,000 years ago, with the "Proclamation of Equality" by the Creator Son to his entire universe regarding his relationship with the Mother Spirit. The Creator Son declared that he

and the Mother Spirit rule together as equals. Their power is equally shared. One does not act without the other's advice and consent.

These powerful Creators consult with each other and uphold each other's decisions. Neither dictates to the other nor requires submission to his or her absolute authority. Despite this universal model of equality, the people of Urantia (our planet Earth) are largely unaware of it due to a tragic miscarriage of the evolutionary plan for our world in the distant past.

What if more people discovered the expanded divine truth that God has both maternal and paternal personifications and functions? That, without taking anything away from the Universal Father, we also have a Mother God of the universe. Indeed, **the Paradise Trinity presents God as Father, Mother, and Child**. This is the essential pattern of spiritual family relationships throughout the grand universe.

There cannot be a human life without a mother and a father, each contributing to the conception and constitution of the bodymind of a whole new person in the universe. **The pattern of a human family is derived from the divine family pattern originating in the Paradise Trinity**. How could there be a Father God and children of God without a Mother God? This divine pattern is further personified in the Creator Father/Son and Creative Mother/Daughter of every local universe in creation.

This pattern of family life is further demonstrated at the level of the Material Sons and Daughters of the local systems – the Adams and Eves – who richly portray the pattern of cooperative family life to ascending mortals and in their missions to the evolutionary worlds.

84:7.30 (942.1) Family life is the progenitor of true morality, the ancestor of the consciousness of loyalty to duty. The enforced associations of family life stabilize personality and stimulate its growth through the compulsion of necessitous adjustment to other and diverse personalities. But even more, a true family — a good family — reveals to the parental procreators the attitude of the Creator to his children, while at the same time such true parents portray to their children the first of a long series of ascending disclosures of the love of the Paradise parent of all universe children.

While the Father concept of God has been embedded in the Judeo-Christian culture for millennia, the Divine Mother of our local universe has been hidden and unacknowledged, perhaps even denied altogether, yet her personal presence is very real in our lives. She is the spark of life, the very breath of life in the evolutionary worlds of her universe. She is the mother of legions of angels and the source of mind by which you are reading these words and navigating your physical existence.

The Relationship of Our Divine Mother Spirit and the Mother Supreme

In this course of study, we hope to introduce the reality of the Mother God as a personal presence in our lives through her circuit of the Holy Spirit, the seven adjutant mind spirits which are part of her consciousness, and her countless hosts of angels, including our personal seraphic guardians, who guard and guide us all the way to Paradise. She is omnipresent throughout every bit of space in her universe. Her spiritual presence pervades and defines the very perimeter of the universe of Nebadon, which she and Michael have co-created.

Our Mother God is the life energy that animates our bodies and all living things, the source of mind by which we think, feel, sense the world, reason, remember the moments of our existence, and form our unique identity. We literally move in the energy fields of her extraordinary and mysterious being with every breath and step we take.

Her divine mind, derived from the Infinite Spirit and gestated in the Master Spirit of our seventh superuniverse, is connected to the Supreme Mind of the grand universe. Every thought, decision, and action of our personal experience, which has eternal meaning and value, is transmitted through the circuit of her Holy Spirit onwards reflectively to the evolving Supreme Being—AKA the Mother Supreme!

117:6.8 (1289.1) All soul-evolving humans are literally the evolutionary sons of God the Father and God the Mother, the Supreme Being. But until such time as mortal man becomes soul-conscious of his divine heritage, this assurance of Deity kinship must be faith realized. Human life experience is the cosmic cocoon in which the universe endowments of the Supreme Being and the universe presence of the Universal Father (none of which are personalities) are evolving the morontia soul of time and the human-divine finaliter character of universe destiny and eternal service.

Week 1 Learning Outcomes

During this week of class, students will:

- Be introduced to the Paradise Trinity as the original spiritual family pattern, which is duplicated on many levels of universe reality;
- Become familiar with the creation story of our local universe and the functions of its co-creators and be able to articulate it to others;
- Discover the complementary relationship of the Creator Father/Son and Creative Mother/Daughter, the divine parents of our local universe;
- Explore the gifts of the Mother Spirit to her local creation and her presence in our lives through the Holy Spirit, the adjutant mind spirits, and our seraphic guardians;
- Discern the trifold spiritual influences of the Paradise Trinity, which guide people in their earthly life and beyond in their mortal ascension career through the grand universe of space and time, all the way to Paradise.



Read more about "Our Missing Mother God" in this article in the Urantia Association Journal, November 2022, by Elisabeth Callahan.

<https://urantia-association.org/our-missing-mother-god/>

Selected Reading for Week 1

Selected readings about the nature, existence, and evolutionary growth of the Universe Mother Spirit

Note: the reading selections are stated in terms of the Standard Referencing System for The Urantia Book. For example, (1:3.7) is a reference to Paper 1, Section 3, paragraph 7.

Guidance from the Revelators

Even as we seek to establish greater awareness of the Indwelling Thought Adjuster and the Holy Spirit within our minds, as well as the fraternal Spirit of Truth and the nudges of our seraphic guardians, we are reminded that these spiritual influences act in a unified way to guide us towards greater Truth and God-consciousness.

Even so, all three of the following passages are important to reflect upon.

8:5:4 There are many spiritual influences, and they are all as one. Even the work of the Thought Adjusters, though independent of all other influences, unvaryingly coincides with the spirit ministry of the combined influences of the Infinite Spirit and a local universe Mother Spirit. As these spiritual presences operate in the lives of Urantians, they cannot be segregated. In your minds and upon your souls they function as one spirit, notwithstanding their diverse origins. And as this united spiritual ministration is experienced, it becomes to you the influence of the Supreme, "who is ever able to keep you from failing and to present you blameless before your Father on high."

196:3.34 (2097.2) The great challenge to modern man is to achieve better communication with the divine Monitor that dwells within the human mind. Man's greatest adventure in the flesh consists in the well-balanced and sane effort to advance the borders of self-consciousness out through the dim realms of embryonic soul-consciousness in a wholehearted effort to reach the borderland of spirit-consciousness — contact with the divine presence. Such an experience constitutes God-consciousness, an experience mightily confirmative of the

pre-existent truth of the religious experience of knowing God. Such spirit-consciousness is the equivalent of the knowledge of the actuality of sonship with God. Otherwise, the assurance of sonship is the experience of faith.

16:5.3 (191.1) The Seven Master Spirits do not directly invade the material minds of the individual creatures on the evolutionary worlds of space. The mortals of Urantia do not experience the personal presence of the mind-spirit influence of the Master Spirit of Orvonton. If this Master Spirit does attain any sort of contact with the individual mortal mind during the earlier evolutionary ages of an inhabited world, it must occur through the ministry of the local universe Creative Spirit, the consort and associate of the Creator Son of God who presides over the destinies of each local creation. But this very Creative Mother Spirit is, in nature and character, quite like the Master Spirit of Orvonton.

Other Relevant References from the Urantia Book

(28:5.22) **The Mother Spirit of Salvington knows you fully**, for the Holy Spirit on your world "searches all things," and whatsoever the divine Spirit knows of you is immediately available whenever the searaphic discerners reflect with the Spirit concerning the Spirit's knowledge of you. It should, however, be mentioned that the knowledge and plans of the Father fragments are not reflectible.

(9:0.2) The Father is infinite in love and volition, in spiritual thought and purpose; he is the universal upholder. The Son is infinite in wisdom and truth, in spiritual expression and interpretation; he is the universal revealer. Paradise is infinite in potential for force endowment and in capacity for energy dominance; it is the universal stabilizer. The Conjoint Actor possesses unique prerogatives of synthesis, infinite capacity to co-ordinate all existing universe energies, all actual universe spirits, and all real universe intellects; the Third Source and Center is the universal unifier of the manifold energies and diverse creations which have appeared in consequence of the divine plan and the eternal purpose of the Universal Father.

(9:0.4) Throughout the universes the agencies of the Conjoint Actor ceaselessly manipulate the forces and energies of all space. Like the First Source and Center, the Third is responsive to both the spiritual and the material. The Conjoint Actor is

the revelation of the unity of God, in whom all things consist — things, meanings, and values; energies, minds, and spirits.

(8:4:4) When a Creator Son of God accepts the creatorship charge of responsibility for a projected local universe, the personalities of the Infinite Spirit pledge themselves as the tireless ministers of this Michael Son when he goes forth on his mission of creative adventure. **Especially in the persons of the Creative Daughters, the local universe Mother Spirits, do we find the Infinite Spirit devoted to the task of fostering the ascension of the material creatures to higher and higher levels of spiritual attainment.** And all this work of creature ministry is done in perfect harmony with the purposes, and in close association with the personalities, of the Creator Sons of these local universes.

Training of Universe Mother Spirits

14:6:32 6. The Co-ordinate Ministering Daughters. The Universe Mother Spirits, cocreators of the local universes, secure their prepersonal training on the worlds of Havona in close association with the Spirits of the Circuits. In the central universe the Spirit Daughters of the local universes were duly trained in the methods of co-operation with the Sons of Paradise, all the while subject to the will of the Father.

14:6:33 On the worlds of Havona the Spirit and the Daughters of the Spirit find the mind patterns for all their groups of spiritual and material intelligences, and this central universe is the sometime destiny of those creatures which a Universe Mother Spirit jointly sponsors with an associated Creator Son.

(17:8.2) A Creative Spirit is the mother of the angelic orders of a local creation; such seraphic ministers are original in each local universe, though they are fashioned after the patterns of the central universe. All these creators of ministering spirits are only indirectly assisted by the central lodgment of the Infinite Spirit, the original and eternal mother of all the angelic ministers.

Nature of the Divine Minister

34:2.3 In each local universe the Divine Minister functions in accordance with the nature and inherent characteristics of the Infinite Spirit as embodied in one of the Seven Master Spirits of Paradise. While there is a basic uniformity of character in all

Universe Spirits, there is also a diversity of function, determined by their origin through one of the Seven Master Spirits. This differential of origin accounts for the diverse techniques in the function of the local universe Mother Spirits in different superuniverses. But in all essential spiritual attributes these Spirits are identical, equally spiritual and wholly divine, irrespective of superuniverse differentiation.

34:2.5 In the creation of a universe of intelligent creatures the Creative Mother Spirit functions first in the sphere of universe perfection, collaborating with the Son in the production of the Bright and Morning Star. Subsequently the offspring of the Spirit increasingly approach the order of created beings on the planets, even as the Sons grade downward from the Melchizedeks to the Material Sons, who actually contact with the mortals of the realms. In the later evolution of mortal creatures the Life Carrier Sons provide the physical body, fabricated out of the existing organized material of the realm, while the Universe Spirit contributes the “breath of life.”

34:2.6 While the seventh segment of the grand universe may, in many respects, be tardy in development, thoughtful students of our problems look forward to the evolution of an extraordinarily well-balanced creation in the ages to come. We predict this high degree of symmetry in Orvonton because the presiding Spirit of this superuniverse is the chief of the Master Spirits on high, being a spirit intelligence embodying the balanced union and perfect co-ordination of the traits and character of all three of the eternal Deities. We are tardy and backward in comparison with other sectors, but there undoubtedly awaits us a transcendent development and an unprecedented achievement sometime in the eternal ages of the future.

The Adjutant Mind Spirits

34:4.10 (378.4) The seven adjutant mind-spirits are the creation of the Divine Minister of a local universe. These mind-spirits are similar in character but diverse in power, and all partake alike of the nature of the Universe Spirit, although they are hardly regarded as personalities apart from their Mother Creator. The seven adjutants have been given the following names: the spirit of wisdom, the spirit of worship, the spirit of counsel, the spirit of knowledge, the spirit of courage, the spirit of understanding, the spirit of intuition — of quick perception.

36:5.1 (401.5) It is the presence of the seven adjutant mind-spirits on the primitive worlds that conditions the course of organic evolution; that explains why evolution is purposeful and not accidental. These adjutants represent that function of the mind ministry of the Infinite Spirit which is extended to the lower orders of intelligent life through the operations of a local universe Mother Spirit. The adjutants are the children of the Universe Mother Spirit and constitute her personal ministry to the material minds of the realms. Wherever and whenever such mind is manifest, these spirits are variously functioning.

36:5.2 (401.6) The seven adjutant mind-spirits are called by names which are the equivalents of the following designations: intuition, understanding, courage, knowledge, counsel, worship, and wisdom. These mind-spirits send forth their influence into all the inhabited worlds as a differential urge, each seeking receptivity capacity for manifestation quite apart from the degree to which its fellows may find reception and opportunity for function.

36:5.3 (401.7) The central lodgments of the adjutant spirits on the Life Carrier headquarters world indicate to the Life Carrier supervisors the extent and quality of the mind function of the adjutants on any world and in any given living organism of intellect status. These life-mind emplacements are perfect indicators of living mind function for the first five adjutants. But with regard to the sixth and seventh adjutant spirits — worship and wisdom — these central lodgments record only a qualitative function. The quantitative activity of the adjutant of worship and the adjutant of wisdom is registered in the immediate presence of the Divine Minister on Salvington, being a personal experience of the Universe Mother Spirit.

36:5.4 (402.1) The seven adjutant mind-spirits always accompany the Life Carriers to a new planet, but they should not be regarded as entities; they are more like circuits. The spirits of the seven universe adjutants do not function as personalities apart from the universe presence of the Divine Minister; they are in fact a level of consciousness of the Divine Minister and are always subordinate to the action and presence of their creative mother.

36:5.5 (402.2) We are handicapped for words adequately to designate these seven adjutant mind-spirits. They are ministers of the lower levels of experiential mind, and they may be described, in the order of evolutionary attainment, as follows:

36:5.6 1.(402.3) The spirit of intuition — quick perception, the primitive physical and inherent reflex instincts, the directional and other self-preservative endowments of all mind creations; the only one of the adjutants to function so largely in the lower orders of animal life and the only one to make extensive functional contact with the nonteachable levels of mechanical mind.

36:5.7 2. (402.4) The spirit of understanding — the impulse of co-ordination, the spontaneous and apparently automatic association of ideas. This is the gift of the co-ordination of acquired knowledge, the phenomenon of quick reasoning, rapid judgment, and prompt decision.

36:5.8 3. (402.5) The spirit of courage — the fidelity endowment — in personal beings, the basis of character acquirement and the intellectual root of moral stamina and spiritual bravery. When enlightened by facts and inspired by truth, this becomes the secret of the urge of evolutionary ascension by the channels of intelligent and conscientious self-direction.

36:5.9 4. (402.6) The spirit of knowledge — the curiosity-mother of adventure and discovery, the scientific spirit; the guide and faithful associate of the spirits of courage and counsel; the urge to direct the endowments of courage into useful and progressive paths of growth.

36:5.10 5. (402.7) The spirit of counsel — the social urge, the endowment of species co-operation; the ability of will creatures to harmonize with their fellows; the origin of the gregarious instinct among the more lowly creatures.

36:5.11 6. (402.8) The spirit of worship — the religious impulse, the first differential urge separating mind creatures into the two basic classes of mortal existence. The spirit of worship forever distinguishes the animal of its association from the soulless creatures of mind endowment. Worship is the badge of spiritual-ascension candidacy.

36:5.12 7. (402.9) The spirit of wisdom — the inherent tendency of all moral creatures towards orderly and progressive evolutionary advancement. This is the highest of the adjutants, the spirit co-ordinator and articulator of the work of all the others. This spirit is the secret of that inborn urge of mind creatures which initiates and maintains the practical and effective program of the ascending scale of

existence; that gift of living things which accounts for their inexplicable ability to survive and, in survival, to utilize the co-ordination of all their past experience and present opportunities for the acquisition of all of everything that all of the other six mental ministers can mobilize in the mind of the organism concerned. Wisdom is the acme of intellectual performance. Wisdom is the goal of a purely mental and moral existence.

36:5.13 (403.1) The adjutant mind-spirits experientially grow, but they never become personal. They evolve in function, and the function of the first five in the animal orders is to a certain extent essential to the function of all seven as human intellect. This animal relationship makes the adjutants more practically effective as human mind; hence animals are to a certain extent indispensable to man's intellectual as well as to his physical evolution.

36:5.14 (403.2) These mind-adjutants of a local universe Mother Spirit are related to creature life of intelligence status much as the power centers and physical controllers are related to the nonliving forces of the universe. They perform invaluable service in the mind circuits on the inhabited worlds and are effective collaborators with the Master Physical Controllers, who also serve as controllers and directors of the preadjutant mind levels, the levels of nonteachable or mechanical mind.

36:5.15 (403.3) Living mind, prior to the appearance of capacity to learn from experience, is the ministry domain of the Master Physical Controllers. Creature mind, before acquiring the ability to recognize divinity and worship Deity, is the exclusive domain of the adjutant spirits. With the appearance of the spiritual response of the creature intellect, such created minds at once become superminded, being instantly encircuited in the spirit cycles of the local universe Mother Spirit.

36:5.16 (403.4) The adjutant mind-spirits are in no manner directly related to the diverse and highly spiritual function of the spirit of the personal presence of the Divine Minister, the Holy Spirit of the inhabited worlds; but they are functionally antecedent to, and preparatory for, the appearance of this very spirit in evolutionary man. The adjutants afford the Universe Mother Spirit a varied contact with, and control over, the material living creatures of a local universe, but they do not repercuss in the Supreme Being when acting on prepersonality levels.

36:5.17 (403.5) Nonspiritual mind is either a spirit-energy manifestation or a physical-energy phenomenon. Even human mind, personal mind, has no survival qualities apart from spirit identification. Mind is a divinity bestowal, but it is not immortal when it functions without spirit insight, and when it is devoid of the ability to worship and crave survival.



Apsal mosaic of Christ and Mary, Queen of Heaven - St. Mary Major - Rome

21:2:2 When a Creator Son departs from Paradise to embark upon the adventure of universe making, to become the head — virtually the God — of the local universe of his own organization, then, for the first time, he finds himself in intimate contact with, and in many respects dependent upon, the Third Source and Center. The Infinite Spirit, though abiding with the Father and the Son at the center of all things, is destined to function as the actual and effective helper of each Creator Son. Therefore is each Creator Son accompanied by a Creative Daughter of the Infinite Spirit, that being who is destined to become the Divine Minister, the Mother Spirit of the new local universe.

21:2:9 When such a perfect and divine Son has taken possession of the space site of his chosen universe; when the initial problems of universe materialization and of gross equilibrium have been resolved; when he has formed an effective and co-operative working union with the complementary Daughter of the Infinite Spirit — then do this Universe Son and this Universe Spirit initiate that liaison which is designed to give origin to the innumerable hosts of their local universe children. In connection with this event the Creative Spirit focalization of the Paradise Infinite Spirit becomes changed in nature, taking on the personal qualities of the Mother Spirit of a local universe.

21:2:11 When a Michael Son is absent from his universe, its government is directed by the first-born native being, the Bright and Morning Star, the local universe chief executive. The advice and counsel of the Union of Days is invaluable at such times. During these absences a Creator Son is able to invest the associated Mother Spirit with the overcontrol of his spiritual presence on the inhabited worlds and in the hearts of his mortal children. And the Mother Spirit of a local universe remains always at its headquarters, extending her fostering care and spiritual ministry to the uttermost parts of such an evolutionary domain.

21:3:6 2. Conjoint vicegerent sovereignty — the joint rule of the Paradise pair subsequent to the personality achievement of the Universe Mother Spirit.

33:3:8 The Son initiates the creation of certain of the universe children, while the Spirit is solely responsible for bringing into existence the numerous orders of spirit personalities who minister and serve under the direction and guidance of this selfsame Mother Spirit. In the creation of other types of universe personalities, both the Son and the Spirit function together, and in no creative act does the one do aught without the counsel and approval of the other.

More about the Mysterious Personalization of the Creative Daughter - the Divine Minister

34:1:1 After the completion of the physical organization of a starry and planetary cluster and the establishment of the energy circuits by the superuniverse power centers, subsequent to this preliminary work of creation by the agencies of the Infinite Spirit, operating through, and under the direction of, his local universe creative focalization, there goes forth the proclamation of the Michael Son that life is next to be projected in the newly organized universe.

Upon the Paradise recognition of this declaration of intention, there occurs a reaction of approval in the Paradise Trinity, followed by the disappearance in the spiritual shining of the Deities of the Master Spirit in whose superuniverse this new creation is organizing. Meanwhile the other Master Spirits draw near this central lodgment of the Paradise Deities, and subsequently, when the Deity-embraced Master Spirit emerges to the recognition of his fellows, there occurs what is known as a "primary eruption."

This is a tremendous spiritual flash, a phenomenon clearly discernible as far away as the headquarters of the superuniverse concerned; and simultaneously with this little-understood Trinity manifestation there occurs a marked change in the nature of the creative spirit presence and power of the Infinite Spirit resident in the local universe concerned.

In response to these Paradise phenomena there immediately personalizes, in the very presence of the Creator Son, a new personal representation of the Infinite Spirit. This is the Divine Minister. The individualized Creative Spirit helper of the Creator Son has become his personal creative associate, the local universe Mother Spirit.

34:1:3 This is the relation of a stupendous drama in few words, but it represents about all that can be told regarding these momentous transactions. They are instantaneous, inscrutable, and incomprehensible; the secret of the technique and procedure resides in the bosom of the Paradise Trinity. Of only one thing are we certain: The Spirit presence in the local universe during the time of purely physical creation or organization was incompletely differentiated from the spirit of the Paradise Infinite Spirit; whereas, after the reappearance of the supervising Master Spirit from the secret embrace of the Gods and following the flash of spiritual energy, the local universe manifestation of the Infinite Spirit suddenly and completely changes to the personal likeness of that Master Spirit who was in transmuting liaison with the Infinite Spirit. The local universe Mother Spirit thus acquires a personal nature tinged by that of the Master Spirit of the superuniverse of astronomic jurisdiction.

34:1:4 This personalized presence of the Infinite Spirit, the Creative Mother Spirit of the local universe, is known in Satania as the Divine Minister. To all practical intents and spiritual purposes this manifestation of Deity is a divine individual, a spirit person. And she is so recognized and regarded by the Creator Son. It is through this localization and personalization of the Third Source and Center in our local universe that the Spirit could subsequently become so fully subject to the Creator Son that of this Son it was truly said, "All power in heaven and on earth has been intrusted to him."

Week 1 List of Reflection Questions

The Urantia revelation presents us with an advanced understanding of the existential reality and purposes of the Paradise Trinity. It also discloses the maternal, creative nature of God in the functioning of the Infinite Mother Spirit, the Third Person of the Paradise Trinity, who is the Mother of the Creative Daughters who co-rule and co-parent 700,000 local universes in the grand universe with their Creator Son partners.

Reflection Questions for the Week:

The following questions arise from studying the Mother function of God and discovering the Mother Spirit of our local universe—the eternal partner and consort of our Creator Son Michael, who is intimately present within and without us in our evolutionary life on earth.

Reflection Question #1

Describe how your understanding of Mother God has grown from when you first learned about her until now. What have you discovered about Mother God and how she works in your life?

Reflection Question #2

In what significant ways does the divine creation story of our local universe, as revealed in the Urantia Book, differ from the popular account told in the Bible's Book of Genesis?

Reflection Question #3

Think about the qualities of a Divine Mother and a Divine Father. What does it mean to you to have two divine parents—a Creator Father/Son and a Creative Mother/Daughter—who equally share in creating and ruling our local universe? How is this different from the traditional belief in God the Father alone, and why does this matter to you?

Reflection Question #4

Do you think that knowing about this pattern of complementary partnership between two equal divine beings could help improve family life and society on our planet? Explain why you agree or disagree.

Reflection Question #5

After learning about Mother Spirit and her role in helping life grow and develop on our planet, does "Mother Nature" have deeper meaning for you now? Share your thoughts about people's connection to nature and their responsibility to care for the environment.

Meditation Practice: Our Mother God

Prepare for your meditation as usual. At favorable times of the year, find a place to sit in nature amid trees and grass, where you can feel the energy of the sun and wind, and perhaps hear the sounds of water and birds. Otherwise find a comfortable and quiet place in your home in which you can sit undisturbed.

Breathe in and out slowly for several minutes as you settle down into yourself, letting go of the cares of the day.

If your mind wanders off, just bring your attention back to your breathing, the slow and deep rhythm of breathing in and out. Feel your chest expand more and more fully with each inhalation, then exhale completely.

When you are settled down, take a moment to become aware of your heart beating steadily. As you inhale, breathe in a feeling of peace. As you exhale, radiate feelings of love outward into the world and to the beings around you. Continue to feel peace as you breathe in and love as you breathe out, like ocean waves at the shoreline, ebbing and flowing.

Begin to feel the living, pulsing mother energy within you.

It is a love that connects with affection, concern and kindness. The highest mother energy does not judge, nor does it try to force change. It is effortless, instinctive intimacy.

The mother energy understands and does not blame. It forgives and does not criticize. Like a transparent wave, it flows through everything without ever finding a hindrance or obstacle. It walks in another's shoes, feeling they are their own.

More than anything, it offers safety, security, and confidence. The mother energy is always there for you, no matter what. It is the ultimate unconditional love born of complete and utter faith in you.

Now picture yourself sitting in a huge rainforest.

There is a silence and a stillness, a calm serenity, but at the same time, the rainforest is completely alive with the color and noise of millions of varied and different life forms. Each in perfect balance with each other, there are lives being born in this instant and others passing on. Experience the wind through the trees, the light drops of rain, and the shimmering light and shade of the sun through the canopy. Everything is in perfect balance.

Imagine, for a moment, that there is one energy, one mother energy, that keeps all this in harmony. A love that joins the rain and light with the leaves and the flowers, that unites the decaying forest floor with the earth and sun, where not one atom of excrement is wasted, not one atom does not have a perfect fit and purpose.

Then place yourself into that field of energy. This is where you belong. Sit and feel that unitive energy and realize that the mother energy is flowing through every leaf here in the forest, through every rustle in the trees, through every blade of grass, through every single atom of you. No single part is more important than any other. Every atom has its special place in the whole field of energy matter, which forms the vast physical universe in which we live, move, and have our lives.

Every atom is essential. Every part works together in harmony with the whole. Every living thing is connected to every other living thing in a vast, pulsing web of life. Every being is conscious, unique, and a valued part of the whole.

Then realize that this mother energy is around us all the time. There is a universal mother, just as there is Mother Earth, and that feminine energy is within us and must be utilized for us to be complete.

For us to be whole, we need to balance the power and creativity of the masculine with the compassion, loving kindness, and oneness of the feminine mother. Breathe deeply and love more and more.

~ With thanks to Open Source Meditation at meditation.org.au for parts of this meditation practice

Week 2 Introduction

In Week 2 of our course, we will:

- Explore how, when, and why Western civilization lost awareness of Our Mother God;
- Investigate cultures that acknowledge both feminine and masculine Deity;
- Imagine what our lives will be like when humans embrace the collaborative innovation that balanced participation between the sexes makes possible.

Western society rests on patriarchal systems that have actively excluded feminine input for thousands of years. The way we live may seem normal to us, but The Urantia Book tells us, "Sex equality prevails on all advanced worlds; male and female are equal in mind endowment and spiritual status. We do not regard a planet as having emerged from barbarism so long as one sex seeks to tyrannize over the other." (564.6) 49:4.4

Cultures worldwide worshipped a creative Mother God for tens of thousands of years. Statues, rock carvings, and other representations of feminine deities discovered from pre-Classical times outnumber those of masculine deities by an estimated ratio of 20:1 (several are featured in the tongue-in-cheek video featuring Goddesses in your course material). The Mother God was considered the source of life, sustenance, inspiration, and wisdom.

Although the Urantia Book does not reveal the name of our local universe mother spirit, people have used many names for feminine Deities, including these:

Abena - Ghanaian Ala - Nigerian	Eriu – Celtic Euryale - Greek	Minona - Benin Mokosh - Slavic
------------------------------------	----------------------------------	-----------------------------------

Anat – Canaanite	Freyja - Norse	Mora – Slavic
Anjea - Australian	Frigg - Norse	Morrigan – Celtic
Aphrodite - Greek	Gaia - Greek	Mbaba Mwana Waresa - Zulu
Ariadne - Cretan	Gefjon – Norse	Nana Buluku - Beninese and Togolese
Artemis - Greek	Gnowee - Australian	Ninshubur - Mesopotamian
Asayaya - Ghanaian	Hathor - Egyptian	Ninhursag - Mesopotamian
Ashera - Semitic	Haumea - Hawaiian	Nut - Egyptian
Astarte - Phoenician	Hecate – Greek	Ops - Sabine
Astoreth - Palestine	Hera - Greek	Oshun - Yoruban
Atargatis - Aramaic	Holda - Germanic	Oya - Nigerian and Brazilian
Athena – Greek	Ilythia - Greek	Pele - Hawaiian
Auset - Egyptian	Inanna – Sumerian	Persephone - Greek
Bendis – Thracian	Isis – Egyptian	Quan Yin - Buddhist
Birrahgnooloo - Kamilaoi	Ishtar - Sumerian	Rhea - Greek
Brigid - Celtic	Juno – Roman	Sedna - Inuit
Cailleach - Celtic	Kali – Hindu	Senua - Celtic
Ceres - Roman	Kostroma – Russian	Sheelah - Celtic
Cybele - Anatolian	Kunapipi (or Gunabibi) - Australian	Shakti - Hindu
Diana - Roman	Lakshmi - Hindu	Sif - Norse
Danu - Celtic and Hindu	Lucina - Roman	Sigyn - Norse
Demeter – Greek		

Dilga - Australian	Ma'at - Egyptian	Skadi - Scandinavian
Durga - Hindu	Mahadevi - Indian	Sophia - Gnostic
Eir - Norse	Mara - Latvian and Ukrainian	Sthenno - Greek
Eostre - Indo-European	Mati Syra Zemlya - Russian	Venus – Roman
Ereškigal - Mesopotamian	Medusa - Greek	Wala - Australian
	Metis - Greek	Yemaya – Yoruban
	Minerva - Roman	Yhi - Kamilaoi

Awareness of the feminine aspects of God began to diminish sharply during the Bronze Age. Shifting powers entrenched the patriarchal systems that persist in today's world.

Greco-Roman culture, philosophy, and jurisprudence were directly imprinted on Western cultures. Along with the high philosophy of ancient Greece, we inherited a deep-seated misogyny expressed by Aristotle, Plutarch, Solon, Aeschylus, and others. With brilliant Roman engineering, organizational skills, and records-keeping, we inherited a basis of laws created by men who considered women childlike and unfit for public service. Jesus commissioned women as religious teachers, but subsequent male priests excluded them from positions of authority.

> What exactly did we lose when we lost knowledge of the motherly qualities of God?

> Has a loss of awareness of God as our Mother contributed to a loss of respect for feminine values?

> Has disrespect for feminine values impacted our families, schools, economic policies, legal systems, and the environmental health of our beloved planet?

The culture we are born into can seduce us into thinking that the way we do things is "just the way things are." As Canadian anthropologist Wade Davis says, "The world in which you were born is just one model of reality. Other cultures are not failed attempts at being you; they are unique manifestations of the human spirit."

During the 1930s, Margaret Mead described three primitive communities in New Guinea. In one group, both women and men displayed behaviors that Westerners would consider masculine. In another, every person acted the way we would think of as feminine. In a third community, the women were aggressive and dominant, while the men were submissive and emotionally dependent on the women. Such differing approaches to human culture show us that human behavior is malleable and adaptable; that our assumptions about gender are influenced by the cultures in which we live.

> How would our culture function today if equality of the sexes had become a reality half a million years ago?

> How do we move toward the direction of Light and Life?

> What would our lives be like if we lived in a society based on the collaborative efforts of women and men as spiritual and intellectual equals?

This week, we will imagine such a society, starting with a historical example. (See 80:7.all)

The Minoans created a representative government long before democracy appeared in mainland Greece. Their government was centralized but not autocratic. Political power was a responsibility held for the good of all rather than as an opportunity for exploitation or personal gain.

No evidence exists that anyone lived in poverty, as was common in surrounding civilizations. Minoans built aqueducts more than a thousand years before the Romans did. Cretan cities had paved streets, running water, temple complexes, public fountains, lookout posts, roadside shelters, and vibrant marketplaces.

Their architecture emphasized privacy, gardens, good natural light, and beauty. In homes, the walls, ceilings, and floors featured art depicting scenes from nature, religious ceremonies, and leisure activities – dancing, music, banquets, and sports.

The Minoans bred livestock, fished, kept bees, pressed wine, and grew various crops. They maintained a fleet of merchant ships that carried on extensive trade with surrounding countries. Many details about women's lives on Crete come from the records they left describing the goods they traded. Their society reflected a vibrant sense of creativity, liberal attitudes about sex, and a deep love of life.

Peace endured on Crete for 1500 years while incessant warfare raged around them.

When 20th-century Greek archeologist Nicolaos Platon wrote about the Minoans, he said, "...for the last time in recorded history, the spirit of harmony between women and men as joyful and equal participants in life appears to pervade."

Note: the reading selections are stated in terms of the Standard Referencing System for the Urantia Book. For example, (1:3.7) is a reference to Paper 1, Section 3, paragraph 7.

0:0.1 (1.1) IN THE MINDS of the mortals of Urantia—that being the name of your world—there exists great confusion respecting the meaning of such terms as God, divinity, and deity. Human beings are still more confused and uncertain about the relationships of the divine personalities designated by these numerous appellations.

49:4.4 (564.6) Sex equality prevails on all advanced worlds; male and female are equal in mind endowment and spiritual status. We do not regard a planet as having emerged from barbarism so long as one sex seeks to tyrannize over the other. This feature of creature experience is always greatly improved after the arrival of a Material Son and Daughter.

52:2.1 (591.1) With the arrival of the Planetary Prince a new dispensation begins. Government appears on earth, and the advanced tribal epoch is attained. Great social strides are made during a few thousand years of this regime. Under normal conditions mortals attain a high state of civilization during this age. They do not struggle so long in barbarism as did the Urantia races. But life on an inhabited world

is so changed by rebellion that you can have little or no idea of such a regime on a normal planet.

52:2.7 (591.7) This is the dispensation of the realization of sex equality. On some planets the male may rule the female; on others the reverse prevails. During this age normal worlds establish full equality of the sexes, this being preliminary to the fuller realization of the ideals of home life. This is the dawn of the golden age of the home. The idea of tribal rule gradually gives way to the dual concept of national life and family life.

71:6.1 (805.5) Present-day profit-motivated economics is doomed unless profit motives can be augmented by service motives. Ruthless competition based on narrow-minded self-interest is ultimately destructive of even those things which it seeks to maintain. Exclusive and self-serving profit motivation is incompatible with Christian ideals — much more incompatible with the teachings of Jesus.



74:7.22 (836.11) Adam endeavored to teach the races sex equality. The way Eve worked by the side of her husband made a profound impression upon all dwellers in the Garden. Adam definitely taught them that the woman, equally with the man, contributes those life factors which unite to form a new being. Theretofore, mankind had presumed that all procreation resided in the "loins of the father." They had looked upon the mother as being merely a provision for nurturing the unborn and nursing the newborn.

75:1.3 (839.4) Adam and Eve found themselves on a sphere wholly unprepared for the proclamation of the brotherhood of man, a world groping about in abject spiritual darkness and cursed with confusion worse confounded by the miscarriage of the mission of the preceding administration. Mind and morals were at a low level, and instead of beginning the task of effecting religious unity, they must begin all anew the work of converting the inhabitants to the most simple forms of religious belief. Instead of finding one language ready for adoption, they were confronted by the world-wide confusion of hundreds upon hundreds of local dialects. No Adam of the planetary service was ever set down on a more difficult world; the obstacles seemed insuperable and the problems beyond creature solution.

138:8.11 (1546.2) The apostles were at first shocked by, but early became accustomed to, Jesus' treatment of women; he made it very clear to them that women were to be accorded equal rights with men in the kingdom.

144:5.51 (1623.4) Glorious Father and Mother, in one parent combined, Loyal would we be to your divine nature.

149:2.8 (1671.3) The most astonishing and the most revolutionary feature of Michael's mission on earth was his attitude toward women. In a day and generation when a man was not supposed to salute even his own wife in a public place, Jesus dared to take women along as teachers of the gospel in connection with his third tour of Galilee. And he had the consummate courage to do this in the face of the rabbinic teaching which declared that it was "better that the words of the law should be burned than delivered to women."

149:2.9 (1671.4) In one generation Jesus lifted women out of the disrespectful oblivion and the slavish drudgery of the ages. And it is the one shameful thing about the religion that presumed to take Jesus' name that it lacked the moral courage to follow this noble example in its subsequent attitude toward women.

150:1.1 (1678.5) Of all the daring things which Jesus did in connection with his earth career, the most amazing was his sudden announcement on the evening of January 16: "On the morrow we will set apart ten women for the ministering work of the kingdom."

150:1.3 (1679.2) It was most astounding in that day, when women were not even allowed on the main floor of the synagogue (being confined to the women's gallery), to behold them being recognized as authorized teachers of the new gospel of the kingdom. The

charge which Jesus gave these ten women as he set them apart for gospel teaching and ministry was the emancipation proclamation which set free all women and for all time; no more was man to look upon woman as his spiritual inferior. This was a decided shock to even the twelve apostles. Notwithstanding they had many times heard the Master say that "in the kingdom of heaven there is neither rich nor poor, free nor bond, male nor female, all are equally the sons and daughters of God," they were literally stunned when he proposed formally to commission these ten women as religious teachers and even to permit their traveling about with them.

167:5.4 (1839.1) He never sanctioned any divorce practice which gave man any advantage over woman; the Master countenanced only those teachings which accorded women equality with men.

167:6.4 (1840.3) Woman's status in Palestine was much improved by Jesus' teaching; and so it would have been throughout the world if his followers had not departed so far from that which he painstakingly taught them.

55:2.10 (624.4) Could you but visit a planet in an advanced stage of development, you would quickly grasp the reasons for providing for the differential reception of ascending mortals on the mansion and higher morontia worlds. You would readily understand that beings passing on from such highly evolved spheres are prepared to resume their Paradise ascent far in advance of the average mortal arriving from a disordered and backward world like Urantia.

55:3.1 (624.7) During this age of light and life the world increasingly prospers under the fatherly rule of the Planetary Sovereign. By this time the worlds are progressing under the momentum of one language, one religion, and, on normal spheres, one race. But this age is not perfect. These worlds still have well-appointed hospitals, homes for the care of the sick. There still remain the problems of caring for accidental injuries and the inescapable infirmities attendant upon the decrepitude of old age and the disorders of senility. Disease has not been entirely vanquished, neither have the earth animals been subdued in perfection; but such worlds are like Paradise in comparison with the early times of primitive man during the pre-Planetary Prince age. You would instinctively describe such a realm — could you be suddenly transported to a planet in this stage of development — as heaven on earth.

55:3.2 (625.1) Human government in the conduct of material affairs continues to function throughout this age of relative progress and perfection. The public activities of a world in the first stage of light and life which I recently visited were financed by the tithing technique. Every adult worker — and all able-bodied citizens worked at something — paid ten per cent of his income or increase to the public treasury, and it was disbursed as follows:

55:3.3 1 (625.2) Three per cent was expended in the promotion of truth — science, education, and philosophy.

55:3.4 (625.3) Three per cent was devoted to beauty — play, social leisure, and art.

55:3.5 (625.4) Three per cent was dedicated to goodness — social service, altruism, and religion.

55:3.6 (625.5) One per cent was assigned to the insurance reserves against the risk of incapacity for labor resultant from accident, disease, old age, or unpreventable disasters.

55:3.7 (625.6) The natural resources of this planet were administered as social possessions, community property.

55:3.8 (625.7) On this world the highest honor conferred upon a citizen was the order of “supreme service,” being the only degree of recognition ever to be granted in the morontia temple. This recognition was bestowed upon those who had long distinguished themselves in some phase of supermaterial discovery or planetary social service.

55:3.9 (625.8) The majority of social and administrative posts were held jointly by men and women. Most of the teaching was also done jointly; likewise all judicial trusts were discharged by similar associated couples.

55:3.21 (626.10) The great handicap confronting Urantia in the matter of attaining the high planetary destiny of light and life is embraced in the problems of disease, degeneracy, war, multicolored races, and multilingualism.

55:3.22 (626.11) No evolutionary world can hope to progress beyond the first stage of settledness in light until it has achieved one language, one religion, and one philosophy. Being of one race greatly facilitates such achievement, but the many peoples of Urantia do not preclude the attainment of higher stages.

55:5.1 (629.10) Mortal creatures living on a sin-stricken, evil-dominated, self-seeking, isolated world, such as Urantia, can hardly conceive of the physical perfection, the intellectual attainment, and the spiritual development which characterize these advanced epochs of evolution on a sinless sphere.

55:5.2 (629.11) The advanced stages of a world settled in light and life represent the acme of evolutionary material development. On these cultured worlds, gone are the idleness and friction of the earlier primitive ages. Poverty and social inequality have all but vanished, degeneracy has disappeared, and delinquency is rarely observed. Insanity has practically ceased to exist, and feeble-mindedness is a rarity.

55:5.3 (629.12) The economic, social, and administrative status of these worlds is of a high and perfected order. Science, art, and industry flourish, and society is a smoothly working mechanism of high material, intellectual, and cultural achievement. Industry has been largely diverted to serving the higher aims of such a superb civilization. The economic life of such a world has become ethical.

55:5.4 (630.1) War has become a matter of history, and there are no more armies or police forces. Government is gradually disappearing. Self-control is slowly rendering laws of human enactment obsolete. The extent of civil government and statutory regulation, in an intermediate state of advancing civilization, is in inverse proportion to the morality and spirituality of the citizenship.

55:5.5 (630.2) Schools are vastly improved and are devoted to the training of mind and the expansion of soul. The art centers are exquisite and the musical organizations superb. The temples of worship with their associated schools of philosophy and experiential religion are creations of beauty and grandeur. The open-air arenas of worship assembly are equally sublime in the simplicity of their artistic appointment.

55:5.6 (630.3) The provisions for competitive play, humor, and other phases of personal and group achievement are ample and appropriate. A special feature of the competitive activities on such a highly cultured world concerns the efforts of individuals and groups to excel in the sciences and philosophies of cosmology. Literature and oratory flourish, and language is so improved as to be symbolic of concepts as well as to be expressive of ideas. Life is refreshingly simple; man has at last co-ordinated a high state of mechanical development with an inspiring intellectual attainment and has overshadowed both with an exquisite spiritual achievement. The pursuit of happiness is an experience of joy and satisfaction.

55:6.1 (630.4) As worlds advance in the settled status of light and life, society becomes increasingly peaceful. The individual, while no less independent and devoted to his family, has become more altruistic and fraternal.

55:6.9 (631.5) If the mortals of distraught Urantia could only view one of these more advanced worlds long settled in light and life, they would nevermore question the wisdom of the evolutionary scheme of creation. Were there no future of eternal creature progression, still the superb evolutionary attainments of the mortal races on such settled worlds of perfected achievement would amply justify man's creation on the worlds of time and space.

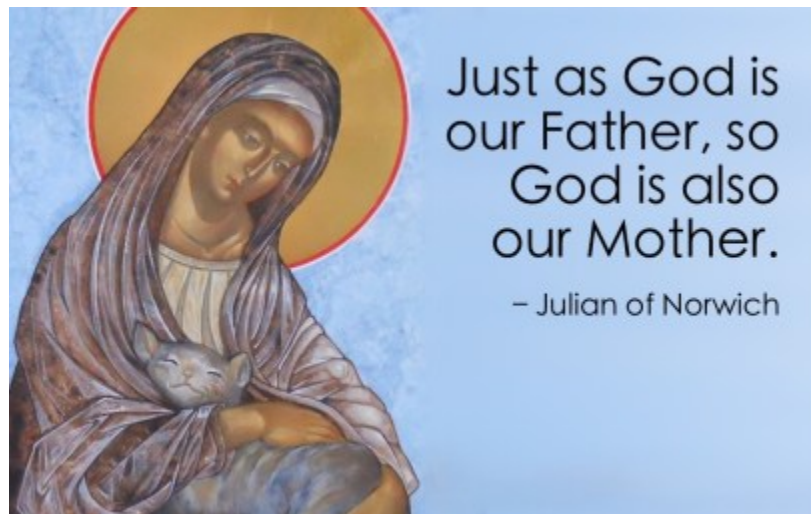
Week Two Reflective Questions

1. How might a collaborative balance between feminine and masculine perspectives improve the following aspects of life?

- Marriage and family life (33:3.6, 52:2.7, 82:0.all, 84:6.8, 84:7.28-30, 84:8.6, 127:4.1-3)
- Education (72:4.all)
- Business and finance (132:5.all, 71:1.6)
- Laws and governance (71:3.all, 55:3.9)
- Caring for the environment (132:5.16)
- Religion and spirituality (100:4.all)

2. Drawing from your own experience, how have the motherly gifts and qualities of God influenced your personal life in the above mentioned areas? Please describe your experience, or consider the possibilities.

Week 3 Introduction to The Complementary, Equal & Synergistic Nature of God



Learning Objectives

The learning objectives for this week in the course are:

1. To understand the complementary and synergistic nature of the relationships within:
 - The Paradise Trinity
 - The duality relationship of the Creator Son and the Creative Mother Spirit
 - The multiple duality relationships between ourselves and Deity
2. To recognize our role in our relationship with God.

3. To consider the ways the we can become better complementary partners with all aspects of God in our lives.

Introduction

By Kurt Cira

On Paradise and in the Central Universe, trinity relationships predominate. But in the Time-Space creations of the Local Universes we see an attenuation of the trinity idea, with reality being expressed more in dual phase relationships, as in the Creator Son and Creative Mother Spirit. This is reflected in the binary nature of humans and animals, and in positive/ aggressive and negative/retiring natures in angels.

What is the divine purpose for dual-phase personalities?

What is to be gained when creatures with diverse, complementary viewpoints learn to work synergistically?

There is something wonderful that happens when we choose to make a connection with God as Father. It completes a circuit of complementary association with our Divine Father and Mother. When I connect with our Father it allows me to receive more of the loving ministry of our Divine Mother and her spirit children. Connecting with Father allows us to know and do His will, while our Mother works with us to make that become an actuality. That brings you and I into their Family and initiates the everlasting connection to our Parents that is our destiny.

These realizations have led me into a new growth path in my own life. I have recently had some changes in my own life that resulted in my living alone for the first time in my life, and then the Covid pandemic greatly reduced the contacts I had with other people. This gradually led me to the place within myself where I recognized that my primary relationship in life was now with God within me.

I have worked to develop a deeper relationship with God by developing daily practices that are beginning to have profound effects. I now recognize that my relationship with God is very much a complementary one, and that I am the one who is able to choose to initiate and enhance our communications

I could stay isolated and lonely, or I have before me a real opportunity to make God my eternal divine lover, who knows me intimately and shares with me all that he can reveal. There is nothing that I cannot share with my beloved. My contribution in this mutual loving is to come to know my lover, to try to know what God wants me to do, make the decision that my will be that of my Divine Parent, and to work with all the spirits of God, accepting their help in serving the human and Divine Families.

Selected Reading for Week 3

Note: the reading selections are stated in terms of the Standard Referencing System for the Urantia Book. For example, 1:3.7 (26.1) is a reference to Paper 1, Section 3, paragraph 7, found on Page 26, first full paragraph, of the standard Urantia Foundation edition.

Definitions:

Complement – Serving to fill out or to complete, to make perfect; That which fills up or completes; That which is required to supply a deficiency, or to complete a symmetrical whole; To supply a lack; to supplement; to compliment; One of two mutually completing parts.

Collaborative – involving two or more people working together for a special purpose.

Synergy – The superadditive interaction of two or more agents or forces so that their combined effect is greater than the sum of their individual effects.

Equal – Of the same measure, quantity, amount, or number as another; like in quality, nature, or status; like for each member of a group, class, or society; and regarding or affecting all objects in the same way; impartial.

Complemental synergy creates superadditive outcomes. This is the type of relationship we have with God.

7 Complemental Relationships from the Urantia Book:

1. Universal Father and Eternal Mother-Son
2. Creator Son and Creative Mother Spirit
3. Adams and Eves

4. Adjuster and Spirit of Truth
5. Men and Women
6. TA and Mortal Mind
7. Universal Father and the Supreme Being/ Universal Mother

Divine Synergy

by Chuck Thurston

The concept of “synergy” first appeared in theology and the natural sciences in the mid-nineteenth century, but with a meaning that was less focused than today’s understanding of the term. It was not until later, after The Urantia Book was published, that the idea of synergy came into popular use with the definition that we have today:

Synergy: The interaction of two or more agents or forces so that their combined effect is greater than the sum of their individual effects.

While the term “synergy” does not appear in The Urantia Book, the word “superadditive” is used three times, and with a meaning that is closely related to our present-day understanding of synergy. It’s interesting to note that today’s online definitions of “superadditive” place it exclusively in the field of mathematics. This suggests that the UB authors regarded it as the best available term at the time, and gave it added meaning to suit their purposes.

Even without a commonly understood word for it, this idea that collaborative effort can produce results that are greater than the “sum of the contributing parts” comes up many times in the book. It’s such an important concept, and it especially characterizes all of the many complementary personality relationships that are described in the book, from human gender, to seraphic guardians, to parental deity. I would go so far as to suggest that we can state this as a fundamental universe principle:

Complementary Synergy Creates Superadditive Outcomes

The partnership of our Creator Son and Creative Mother Spirit is clearly a major example of this.

37:0.1 At the head of all personality in Nebadon stands the Creator and Master Son, Michael, the universe father and sovereign. Co-ordinate in divinity and

complemental in creative attributes is the local universe Mother Spirit, the Divine Minister of Salvington.

14:6.35 From this central universe also came the bestowal of the personal prerogatives of creatorship which a Universe Divine Minister employs as complementary to a Creator Son in the work of creating living will creatures.

Our very existence as living beings on a universe stage is a superadditive consequence of the creative potential of their divine union. We are more than a predictable sum of independent efforts. The synergy of their complementary natures brings entirely new realities into existence.

Given the complementary relationship of our local universe deity parents, it seems reasonable to expect that the nature and functioning of their spirit presence circuits — the Holy Spirit and the Spirit of Truth — would also be functionally complementary in their ministry and influence. If true, this could give us a helpful handle on understanding how these gifts work together to support and inspire our spiritual growth.

The introduction to Paper 34 gives us a striking observation of the complementary functioning of Michael and our local universe Mother Spirit:

34:0.3 In physical creation the Universe Son provides the pattern while the Universe Spirit initiates the materialization of physical realities. The Son operates in the power designs, but the Spirit transforms these energy creations into physical substances.

This capacity of our Creative Mother Spirit to function so intimately in the processes of physical creation is very mother-like. This, and her later provision of mind circuits, both flow from her origin as a direct offspring of the Third Source and Center:

34:2.2 From the earliest association with the Creator Son the Universe Spirit possesses all the physical-control attributes of the Infinite Spirit... Upon the attainment of personal status the Universe Spirit exerts just as full and complete control of mind gravity, in the local universe, as would the Infinite Spirit if personally present.

Consistent with her origin in the Infinite Spirit, we also learn that our Mother Spirit is a Third Source personality. Unlike Michael, who “flashed full-fledged” into existence at the moment of his origin (21:1.1), her personal nature has emerged in stages (see Paper 17, Part 6 for more), and has only recently become fully recognizable to all, following Michael’s final bestowal:

34:2.1 ...subsequent to the elevation of the Creator Son to the sovereign authority of a Master Son, the Creative Mother Spirit becomes so augmented in personal qualities as to be personally recognized by all contacting individuals.

We are also informed that Creative Spirits are “in a class by themselves” in relation to First Source personalities (like ourselves and Michael) who are encircuited in the Father’s personality circuit:

9:8.11 There are numerous types of Third Source personalities. The Infinite Spirit bestows Third Source personality upon numerous groups... Likewise does the Infinite Spirit treat as personalities numerous groups of beings, such as the Creative Spirits, who are in a class by themselves in their relations to encircuited creatures of the Father.

What could this mean? At the very least, I think this again suggests that the influence of her Holy Spirit will be unlike, but complementary to, our experiences with the Spirit of Truth.

From the clue above about their differing roles in universe creation, it seems plausible to assume that the Holy Spirit has a special relationship to physical realities, while the Spirit of Truth is more involved with pattern and design. But there are also intriguing spiritual differences to consider, especially after the universe of their making becomes populated with evolving mortals. For example, with the arrival of Thought Adjusters, we now have a “threefold spirit endowment”:

194:2.11 Since the bestowal of the Spirit of Truth, man is subject to the teaching and guidance of a threefold spirit endowment: the spirit of the Father, the Thought Adjuster; the spirit of the Son, the Spirit of Truth; the spirit of the Spirit, the Holy Spirit.

While these gifts of uplifting spirit influence are unified in functional harmony, they also have essential complemental differences:

1. The personal influence of the Holy Spirit is a pervading presence:

34:1.2 From and through this new personal segregation of the Conjoint Creator there proceed the established currents and the ordained circuits of spirit power and spiritual influence destined to pervade all the worlds and beings of that local universe.

(Online definitions of 'pervade' : diffused throughout every part, can be perceived in every part, exists in every part, is present throughout.)

34:3.3 She is equally and diffusely present throughout her entire local universe

2. The Spirit of Truth is an enveloping, companion presence:

180:4.1 "This new gift is the spirit of living truth... And you shall know this spirit when he comes even as you have known me... In the times to come I will be with you and all other men who desire my presence, wherever you may be, and with each of you at the same time."

6:5.7 And as the spirit fragment of the Father dwells within you, so does the spirit presence of the Son envelop you...

3. And the spirit of the Father, of course, is an indwelling presence:

137:8.7 "The Father in heaven sends his spirit to indwell the minds of men."

There are other interesting statements that describe complemental differences between the Holy Spirit and the Spirit of Truth, for example:

101:3.2 Spiritual reason, soul intelligence, is the endowment of the Holy Spirit, the Creative Spirit's gift to man... Spiritual philosophy, the wisdom of spirit realities, is the endowment of the Spirit of Truth, the combined gift of the bestowal Sons to the children of men.

And here:

113:4.6 ...the encircuited action of the Holy Spirit. The Infinite Spirit source of the Holy Spirit is the God of Action, the activator of pattern. (see 9:3.8)

113:4.6 ...the Son-consciousness of the Spirit of Truth. Our God realization career begins with the recognition of the divinity of the Creator Son. (see 0:8.9)

Consider these comments that describe the functioning of the Holy Spirit

92:0.1 The Holy Spirit—this is the initial supermind bestowal... This ministry to a worship-craving and wisdom-desiring mind creates the capacity to self-realize the postulate of human survival.

103:0.1 ...Man's first supermind endowment is that of personality encircuitment in the Holy Spirit... this influence functions to enlarge man's viewpoint of ethics, religion, and spirituality.

34:5.4 When mind is thus endowed with the ministry of the Holy Spirit, it possesses the capacity for (consciously or unconsciously) choosing the spiritual presence of the Universal Father...

28:5.22 ...The Mother Spirit of Salvington knows you fully, for the Holy Spirit on your world "searches all things."

34:5.5 The Holy Spirit is partly independent of human attitude...

Compare with these comments that describe the functioning of the Spirit of Truth:

180:5.1 This divine endowment is not the letter or law of truth, neither is it to function as the form or expression of truth. The new teacher is the conviction of truth.

155:6.11 The spirit which my Father and I shall send into the world is not only the Spirit of Truth but also the spirit of idealistic beauty.

194:2.4....The proof... of your fellowship with the Spirit of Truth is not to be found in your consciousness of this spirit but rather in your experience of enhanced fellowship with Michael.

194:3.1 The Spirit of Truth is concerned primarily with the revelation of the Father's spirit nature and the Son's moral character.

180:5.11 ...the Spirit of Truth, who directs the loving contact of one human being with another.

I see a couple of patterns that stand out in these descriptions:

1. **The Holy Spirit is our first gift of spirit encirclement.** As noted earlier, this presence pervades us, and its early functioning may be largely unconscious. The Holy Spirit seems to be mostly concerned with creating fertile conditions for conscious engagement with the spirits of the Father and the Son. While the Mother Spirit knows us very well (as we would expect of a good mother), she isn't working to draw attention to herself. Her focus instead seems to be mainly on ministry, coordination, and support, which is consistent with her Third Source nature.

2. **The Spirit of Truth, on the other hand, is all about inspiring our personal relationships, both human and divine.** This includes our development of conscious desire for truth, beauty, and goodness. Given that the Spirit of Truth is our functional access to the spirit presence of Jesus, our relationship with his spirit is both highly personal and intended to grow in reciprocal companionship.

This is not to say that we can't become equally conscious of the Holy Spirit, and thereby develop a uniquely personal and growing relationship with our Mother Spirit. What I find exciting about this possibility is that it will be a different kind of relationship than we have with the Father, with Michael, or with other First Source personalities, including our human friends.

One of the outstanding characteristics of our Mother Spirit is her everywhere-present nature that pervades all things and beings in her local universe. We cannot physically touch our Thought Adjuster or the Spirit of Truth, even though they may be very near and dear in our hearts and minds. But we can engage physically with the presence of the Holy Spirit.

We can feel the pervading presence of the Mother Spirit in our body, and we can literally commune with her through loving and affectionate touch.

This may be an unexplored realm for many of us, but I think it might be what Jesus had in mind when he said:

155:6.17 “But you who have been called out of darkness into the light are expected to believe with a whole heart; your faith shall dominate the combined attitudes of body, mind, and spirit.”

By pointing to our consciousness of body, mind, and spirit, I think we can now see that Jesus was anticipating our awakening awareness of the threefold endowment of the Holy Spirit, the Spirit of Truth, and the indwelling presence of the Father.

Our creative partnership with these endowments of spirit presence, as they are unified in our experience by angelic ministry, puts us on a path of human-divine synergy that enables our discovery and development of a new and potentially eternal reality — our morontia soul identity. This emerging version of ourselves will be an endless revelation of superadditive possibilities that we could never have imagined from our understanding of the contributing “parts.”

Differential Deity Functions—A Simplified Analogy by Kurt Cira

When I try to learn something new, I find it very helpful if I can relate concepts that I already know and understand to new concepts and ideas. Almost all learning builds on our previous learning. I must have an adequate vocabulary to allow me to understand the words that describe the new concepts, and if I do not then I must learn the meaning of new words by using the words I already know. New ways of thinking are built on the older foundation of words and ideas. I think we can all understand this from our past experiences. This principle is behind Jesus' use of parables as a way of teaching new spiritual truths. He often used natural and common

In my work life, I was an architectural designer, and I often worked as a part of a team that coordinated with other teams on large projects. In trying to think about how Deity functions in the different persons of God, I found that I could think about it like the different departments in a large real estate development company, whose purpose was to

build and run a building, let's say hotels, and see how this designing, constructing, and running a building is similar to designing, constructing, and running a Local Universe.

Father = The Developer; decides what will be built, who will design, build, manage and run the project, and provides the resources required to complete the project.

Son = The Architect; designs what will be built. As Building Manager; decides how the building will be run and managed.

Spirit/ Mother = As Builder; acts as a general contractor, materials supplier, and construction Worker. As Facilities Operator; provides utilities, power and communications circuits, administrative staff, custodians, etc.

For me, this analogy works on 3 levels of working relationships in reality:

Paradise Level Working Relationships:

Universal Father

Eternal Son

Infinite Spirit.

Local Universe Level Working Relationships:

Universal Father

Creator Son

Creative Mother Spirit.

Personal Level Working Relationships:

Thought Adjuster

Ourselves as personal sons of God

The Spirit of Truth; the Holy Spirit and all her creative daughters, the angels; all other spiritual agencies that support us on our ascent to the Mansion Worlds and then on to Paradise.

Additional Quotes from the Urantia Book:

84:6.5 (938.9) The differences of nature, reaction, viewpoint, and thinking between men and women, far from occasioning concern, should be regarded as highly beneficial to mankind, both individually and collectively. Many orders of universe creatures are created in dual phases of personality manifestation. Among mortals,

Material Sons, and midsoniters, this difference is described as male and female; among seraphim, cherubim, and Morontia Companions, it has been denominated positive or aggressive and negative or retiring. Such dual associations greatly multiply versatility and overcome inherent limitations, even as do certain triune associations in the Paradise-Havona system.

Week 3 Reflective Questions

1. How might the complemental and synergistic relationship of our divine local universe parents – our Creator Son Michael and our Creative Mother Spirit – inspire:
 - A. our marriage relationships?
 - B. our family relationships?
 - C. our relationships with the opposite sex?
 - D. our work groups?
 - E. our relationship with God in our religious lives?
2. What aspects of human society would benefit from a more balanced approach to problem-solving, if we mimicked the collaborative nature of our heavenly parents in our own life relationships?
3. Can you think of any "super-additive consequences" that might be brought about now by our living in more synergistic and complementary relationships with other people who may be significantly different from us?
4. We invite you to create your own study question on this topic of complementary and synergistic relationships: Is there something that you are uncertain or perplexed about? Is there something you wish to clarify in your own mind? If so, then create your own study question, research and think about the question, and then write a short essay answer to share with your classmates.

Meditation Practice

Prepare for your meditation as usual. At favorable times of the year, find a place to sit in nature amid trees and grass, where you can feel the energy of the sun and wind, and perhaps hear the sounds of water and birds. Otherwise find a comfortable and quiet place in your home in which you can sit undisturbed.

Breathe in and out slowly for several minutes as you settle down into yourself, letting go of the cares of the day.

If your mind wanders off, just bring your attention back to your breathing, the slow and deep rhythm of breathing in and out. Feel your chest expand more and more fully with each inhalation, then exhale completely.

When you are settled down, take a moment to become aware of your heart beating steadily. As you inhale, breathe in a feeling of peace. As you exhale, radiate feelings of love outward into the world and to the beings around you. Continue to feel peace as you breathe in and love as you breathe out, like ocean waves at the shoreline, ebbing and flowing.

Begin to feel the living, pulsing mother energy within you.

It is a love that connects with affection, concern and kindness. The highest mother energy does not judge, nor does it try to force change. It is effortless, instinctive intimacy.

The mother energy understands and does not blame. It forgives and does not criticize. Like a transparent wave, it flows through everything without ever finding a hindrance or obstacle. It walks in another's shoes feeling they are their own.

More than anything it offers safety, security and confidence. The mother energy is always there for you no matter what. It is the ultimate unconditional love born of complete and utter faith in you.

Now picture yourself sitting in a huge rainforest.

There is a silence and a stillness, a calm serenity, but at the same time the rainforest is completely alive with the color and noise of millions of varied and different life forms. Each in perfect balance with each other, there are lives being born in this instant and others

passing on. Experience the wind through the trees, the light drops of rain, the shimmering light and shade of the sun through the canopy of trees. Everything is in perfect balance.

Imagine for a moment that there is one energy, one mother energy that keeps all this in harmony. A love that joins the rain and light with the leaves and the flowers, that unites the decaying forest floor with the earth and sun, where not one atom of excrement is wasted, not one atom does not have a perfect fit and purpose.

Then place yourself into that field of energy. This is where you belong. Sit and feel that unitive energy and realize that the mother energy is flowing through every leaf here in the forest, through every rustle in the trees, through every blade of grass, through every single atom of you. No single part is more important than any other. Every atom has its special place in the whole field of energy matter which forms the vast physical universe in which we live and move and have our life.

Every atom is essential. Every part works together in harmony with the whole. Every living thing is connected to every other living thing in a vast, pulsing web of life. Every being is conscious, unique, and a valued part of the whole.



Then realize that this mother energy is around us all the time. There is a universal mother, just as there is mother earth, and that feminine energy is within us and must be utilized for us to be complete.

For us to be whole we need to balance the power and creativity of the masculine with the compassionate loving kindness and oneness of the feminine mother. Breathe deeply and love more and more.

~ With thanks to Open Source Meditation at meditation.org.au for parts of this meditation practice

Week 4 Introduction: Developing a Felt Relationship with Our Mother Spirit

We'll pick up this week from where we left off last week with Kurt's focus on complementary synergy. Our discovery of the presence of God the Mother is complementary to our experience of God the Father, and our relationships with both are unified and become more personally real through our companionship with Jesus via the Spirit of Truth. My hope for this class is that it will not only be an exploration of ideas, but also an opportunity for valuable discoveries that can be carried forward and developed in the days ahead.

To set the stage for this week's study, it's helpful to remember that we have been gifted with a threefold spirit endowment — the spirit of the Father, the Thought Adjuster; the spirit of the Son, the Spirit of Truth; and the spirit of our Mother Spirit, the Holy Spirit. We've also been instructed that these three spirit endowments function together as one, but through three different manifestations of presence: the spirit of the Father is an indwelling presence, the Spirit of Truth is an enveloping presence, and the presence our local universe Mother Spirit is a pervading presence.

These three types of presence — indwelling, enveloping, and pervading — provide a complete triad of endowment that supports us in our determined efforts to develop a fuller experience of the presence of God. The discovery of the reality of God inherently involves a desire to reach beyond the limitations of purely self-focused habits of living and thinking. The whole idea of doing the Father's will is a reach beyond self, and this becomes most vivid when we share our inner life with God. Our threefold endowment of divine presence gives us three avenues of possibility for the sharing of our inner life

Worship and spoken prayer involve the functioning of the first two endowments — the spirit of the Father and the spirit of the Son — while the third avenue of approach, which is

the subject of this class, has only been recently revealed in the pages of the Urantia Book. The pervading presence of the Mother Spirit complements our other two endowments and gives us a wholeness of self-realization in our reach for God. Jesus offers an interesting comment about wholeness of heart in his Second Discourse on Religion, when he tells his apostles:

“...you who have been called out of darkness into the light are expected to believe with a whole heart; your faith shall dominate the combined attitudes of body, mind, and spirit.” 155:6.17 (1733.3)

Before coming across this teaching, it had never occurred to me that my body could have a faith “attitude.” What would that even mean? But after learning that the Mother Spirit is physically contactable, this makes a lot more sense. The “attitude” of my body changes when I realize (by faith) that I can feel her presence through physical sensations and non-verbal communion.

In the same discourse, Jesus also tells us that the most important thing is to “increasingly grow in the ability to feel the presence of God.” This possibility can also be thought of as the development of a stronger sense of “withness” — the feeling of being with God, physically, mentally, spiritually, and personally. We’re all familiar with the feeling of being with a friend, and how different that is from the feeling of being alone. In this class, we’ll be focusing on how we can develop a more conscious feeling of being “with” our local universe Mother Spirit, through her all-pervading personal presence that we can know as her Holy Spirit.

But what exactly is the meaning of pervade? Going to the dictionary, we find these four definitions:

- Exists in every part
- Perceived in every part
- Diffused throughout every part
- Present and apparent throughout

Applying these meanings to the nature of the Mother Spirit, we can begin to realize that her presence actually “exists” and can be “perceived” in “every part” of her local universe. Her presence is literally “diffused” through everything we experience every day, from the feeling

of a gentle breeze to the warmth of the sunlight, from the things we see and touch, to the air we breathe and the water we drink, from our thoughts and ideas, to consciousness itself.

To help us in our efforts to get to know our Creative Mother, we've been told some very interesting things about her. For starters, we learn that she is a Third Source personality, and unlike Michael, our Creator Son, her personal nature has emerged in stages. This is consistent with the statement in Paper 9 where we learn that Creative Spirits "are in a class by themselves" in relation to First Source personalities, such as ourselves.

Michael's achievement of the supreme sovereignty of a Master Son, following his seventh and final bestowal, brought about a "great change" in our Universe Mother Spirit. This was the occasion of the "jubilee of jubilees," when Michael elevated her to co-sovereignty and acknowledged her as his equal "in all endowments of personality and attributes of divine character." This momentous event marked the beginning of the fifth stage of her career.

In Paper 34, we learn that this is the stage when "the Creative Mother Spirit becomes so augmented in personal qualities as to be personally recognized by all contacting individuals." 34:2.1 (375.3) What an intriguing and exciting development!

Not only is she now recognizable and contactable, but our experience of her will be in a "class by itself," meaning that our relationship with her will, in some ways, be unlike our relationships with First Source personalities, like Michael and our fellow mortals. This difference in her nature, even while fully personal, suggests that she opens up for us a realm of Deity experience that is unique to her. This serves as an invitation to expand our experience of the presence of God in ways that are characteristic of the Third Source and Center — sometimes referred to as the Infinite Mother Spirit — who is our Mother Spirit's Paradise Deity source and parent.

In a very human way, we can begin to get a sense of the difference in her nature by considering how most of us have a different sort of relationship with our human mother than we typically have with our human father. With our mother, we have a symbiotic physical bond that develops during pregnancy and continues after birth, not only through the possibility of breast-feeding and the comfort of being held, but also through an intuitive connection that can sometimes be difficult to explain. Fathers, on the other hand,

appear on the horizon of an infant's consciousness as the first "other" — a personality who is engaged by reaching across a gulf of separation.

This difference can be traced back to the complementary synergy between our Creator Son and our local universe Mother Spirit — our local universe parents. Michael provides the patterns for creation, while our Creative Mother "transforms these energy creations into physical substances." 34:0.3 (374.2) Michael encourages the faith adventure of creative initiative, while our Mother Spirit provides essential support ministry through our mind endowment, her loving and pervading presence, and the angelic ministry of the guardian seraphim.

This class is divided into two parts:

- **In Part 1 we'll consider the possibility of nonverbal communion with the presence of the Mother Spirit through physical sensations, and then,**
- **In Part 2, we'll look into how we can feel her presence through the adjutant mind-spirits.**

Our Threefold Spirit Endowment

34:1.4 (375.2) This personalized presence of the Infinite Spirit, the Creative Mother Spirit of the local universe, is known in Satania as the Divine Minister.

194:2.11 (2061.9) Since the bestowal of the Spirit of Truth, man is subject to the teaching and guidance of a threefold spirit endowment: the spirit of the Father, the Thought Adjuster; the spirit of the Son, the Spirit of Truth; the spirit of the Spirit, the Holy Spirit.

6:5.7 (78.3) And as the spirit fragment of the Father dwells within you, so does the spirit presence of the Son envelop you, while these two forever work as one for your spiritual advancement.

101:3.2 (1108.1) Spiritual reason, soul intelligence, is the endowment of the Holy Spirit, the Creative Spirit's gift to man.

34:5.4 (379.4) When mind is endowed with the ministry of the Holy Spirit, it possesses the capacity for (consciously or unconsciously) choosing the spiritual presence of the Universal Father—the Thought Adjuster.

13:4.5 (150.4) The determiner of the differential of spiritual presence exists in your own hearts and minds and consists in the manner of your own choosing, in the decisions of your minds, and in the determination of your own wills.

155:6.17 (1733.5) ...you who have been called out of darkness into the light are expected to believe with a whole heart; your faith shall dominate the combined attitudes of body, mind, and spirit.

155:6.12 (1732.5) It is not so important that you should know about the fact of God as that you should increasingly grow in the ability to feel the presence of God.

34:6.12 (381.6) ...when...spirit guidance is freely and intelligently accepted, there gradually develops within the human mind a positive consciousness of divine contact and assurance of spirit communion...

The Pervading Presence of the Creative Mother Spirit

Definition of Pervade: Exists in every part, Perceived in every part, Diffused throughout every part, Present and apparent throughout.

34:1.2 (375.1) From and through this new personal segregation of the Conjoint Creator there proceed the established currents and the ordained circuits of spirit power and spiritual influence destined to pervade all the worlds and beings of that local universe.

8:5.1 (95.4) The outstanding attribute of the Infinite Spirit is omnipresence. Throughout all the universe of universes there is everywhere present this all-pervading spirit...

45:1.8 (510.6) ... the Divine Minister of Salvington is everywhere in Nebadon.

34:3.3 (376.6) She is equally and diffusely present throughout her entire local universe and is, therefore, just as literally and personally present on one world as on any other.

112:0.13 (1226.1) Personality responds directly to other-personality presence.

Our Creative Mother Spirit is a Third Source Personality

9:8.9 (106.7) There are creator personalities and creature personalities, and in addition to these two fundamental types there are personalities of the Third Source and Center...

9:8.11 (106.9) The Infinite Spirit bestows Third Source personality upon numerous groups... Likewise does the Infinite Spirit treat as personalities numerous groups of beings, such as the Creative Spirits, who are in a class by themselves in their relations to encircuited creatures of the Father.

9:8.12 (106.10) Both First Source and Third Source personalities are endowed with all and more than man associates with the concept of personality; they have minds embracing memory, reason, judgment, creative imagination, idea association, decision, choice, and numerous additional powers of intellect wholly unknown to mortals.

17:6.2 (203.5) We are conversant with six phases of the career of a local universe Mother Spirit, and we speculate much concerning the probability of a seventh stage of activity.

These different stages of existence are:

1. Initial Paradise Differentiation.
2. Preliminary Creatorship Training.
3. The Stage of Physical Creation.
4. The Life-Creation Era.
5. The Postbestowal Ages.
6. The Ages of Light and Life.
7. The Unrevealed Career.

34:2.1 (375.4) ...subsequent to the elevation of the Creator Son to the sovereign authority of a Master Son, the Creative Mother Spirit becomes so augmented in personal qualities as to be personally recognized by all contacting individuals.

34:1.4 (375.3) This personalized presence of the Infinite Spirit, the Creative Mother Spirit of the local universe, is known in Satania as the Divine Minister. To all practical intents and spiritual purposes this manifestation of Deity is a divine individual, a spirit person.

The Gift of Life and the Feeling of Being at Home

34:3.8 (377.4) When a Creative Spirit becomes "space conscious," she is preparing to recognize a circumscribed "space domain" as hers,

34:2.1 (375.4) Having undergone marked personality metamorphosis at the time of life creation, the Divine Minister thereafter functions as a person and co-operates in a very personal manner with the Creator Son in the planning and management of the extensive affairs of their local creation.

34:2.4 (376.1) Life is ministered and maintained through the agency of the Creative Spirit.

34:2.5. (376.1) In the later evolution of mortal creatures the Life Carrier Sons provide
the physical body, fabricated out of the existing organized material of the realm, while the Universe Spirit contributes the "breath of life."

Our Mother Spirit's Special Relationship with Physical Reality

116:7.1 (1276.2) The grand universe is not only a material creation of physical grandeur, spirit sublimity, and intellectual magnitude, it is also a magnificent and responsive living organism. There is actual life pulsating throughout the mechanism of the vast creation of the vibrant cosmos.

34:0.2 (374.2) A Creative Spirit reacts to both physical and spiritual realities...

42:12.12 (483.12) On a material world you think of a body as having a spirit, but we regard the spirit as having a body. The material eyes are truly the windows of the spirit-born soul.

34:0.3 (374.3) In physical creation the Universe Son provides the pattern while the Universe Spirit initiates the materialization of physical realities. The Son operates in the power designs, but the Spirit transforms these energy creations into physical substances.

65:6.10 (738.3) The physical brain with its associated nervous system possesses innate capacity for response to mind ministry just as the developing mind of a personality possesses a certain innate capacity for spirit receptivity.

28:5.22 (313.4) The Mother Spirit of Salvington knows you fully, for the Holy Spirit on your world "searches all things."

182:3.2 (1968.3) After the three had aroused from their slumber, the Master again went apart by himself and, falling down on the ground, again prayed: "Father, I know it is possible to avoid this cup—all things are possible with you—but I have come to do your will, and while this is a bitter cup, I would drink it if it is your will." And when he had thus prayed, a mighty angel came down by his side and, speaking to him, touched him and strengthened him.

Mind and the Felt Presence of Our Mother Spirit

0:5.8 (8.8) 2 Mind. The thinking, perceiving, and feeling mechanism of the human organism. The total conscious and unconscious experience.

65:6.10 (738.3) The physical brain with its associated nervous system possesses innate capacity for response to mind ministry...

36:5.4 (402.1) The seven adjutant mind-spirits... should not be regarded as entities; they are more like circuits. ...they are in fact a **level of consciousness** of the Divine Minister...

1. **The spirit of intuition**—quick perception, the primitive physical and inherent reflex instincts, the directional and other self-preservative endowments of all

mind creations...

2. **The spirit of understanding**—the impulse of co-ordination, the spontaneous and apparently automatic association of ideas.
3. **The spirit of courage**—the fidelity endowment ...the secret of the urge of evolutionary ascension by the channels of intelligent and conscientious self-direction.
4. **The spirit of knowledge**—the curiosity-mother of adventure and discovery, ...the urge to direct the endowments of courage into useful and progressive paths of growth.
5. **The spirit of counsel**—the social urge, the endowment of species co-operation; the ability of will creatures to harmonize with their fellows...
6. **The spirit of worship**—the religious impulse, the first differential urge separating mind creatures into the two basic classes of mortal existence.
7. **The spirit of wisdom**—the inherent tendency of all moral creatures towards orderly and progressive evolutionary advancement. ...This spirit is the secret of that inborn urge of mind creatures which initiates and maintains the practical and effective program of the ascending scale of existence...

36:5.3 (402.1) The quantitative activity of the adjutant of worship and the adjutant of wisdom is registered in the immediate presence of the Divine Minister on Salvington, being a personal experience of the Universe Mother Spirit.

112:6.9 (1237.1) In the choosing of truth, beauty, and goodness, the mortal mind enters upon its premorontia universe career under the tutelage of the seven adjutant mind-spirits unified under the direction of the spirit of wisdom. Subsequently, upon the completion of the seven circles of premorontia attainment, the superimposition of the endowment of morontia mind upon adjutant mind initiates the prespiritual or morontia career of local universe progression.

Selected Reading for Week 4

Suggested reading for Part 1:

Paper 34, Section 0 - Intro Section

Paper 34, Section 3 - The Son and Spirit in Time and Space

Paper 182, Section 3 - Alone in Gethsemane

Paper 26, Section 1 - The Tertiphim

Suggested reading for Part 2:

Paper 36, Section 5 - The Seven Adjutant Mind-Spirits
Paper 34, Section 4 - The Local Universe Circuits
Paper 65, Section 7 - Evolutionary Mind Levels.

Also:

Please review my article about Divine Synergy that Kurt kindly included in the materials for his session of this course.

Question: If the presence of the Creative Mother Spirit pervades physical reality, can we engage her presence nonverbally through physical sensations?

Learning Objective: Develop the capacity to feel the presence of our Mother Spirit through physical sensations, and thereby strengthen our experience of communion with her.

Introduction

116:7.1 (1276.2) The grand universe is not only a material creation of physical grandeur, spirit sublimity, and intellectual magnitude, it is also a magnificent and responsive living organism. There is actual life pulsating throughout the mechanism of the vast creation of the vibrant cosmos.

34:0.2 (374.2) A Creative Spirit reacts to both physical and spiritual realities...

From the assigned reading and the quotes provided for consideration, we learn of the special nature of our Universe Mother Spirit. Unlike the other two divine ministries that constitute our threefold spirit endowment (the Thought Adjuster and the Spirit of Truth) the Mother Spirit is the one deity presence that we can actually touch.

The fact that her presence pervades and responds to physical reality throughout her universe, means that she is always and everywhere responsive to non-verbal physical engagement. In a very real sense, we exist and grow within her living body. She is simultaneously aware of her entire body (our local universe), just as we can be simultaneously aware of our little finger and our big toe.

This completes the threefold endowment of divine presence that we can learn to feel through our body, mind, and soul-spirit. Just as we are able to communicate nonverbally with each other through touch, we can have the same kinds of experiences with her.

The thoughts and exercises that we'll be exploring in Part 1 of this class are intended to help us understand and experience the special qualities of relationship that we can discover as we come to know our Universe Mother Spirit more fully.

The realization that the presence of the Creative Spirit pervades physical reality invites us to engage with her through physical sensations and physical interactions of all kinds. Touch, sounds, colors, aromas, breathing, walking — these are just a few of the ways we can sense her presence.

Her pervading presence is sometimes illustrated by the idea that her universe realm is like a living womb that nourishes our growth and spiritual development. Just like a pregnant mother can feel her growing baby's movement within her body, our universe Mother Spirit can feel our movements within her universe body.

The operative principle that makes this approach so interesting is the possibility of nonverbal communication through physical sensations, which can become an experience of “withness” and communion with her.

We have all experienced this to some extent in our physical interactions with loved ones, which can include affectionate touch, holding hands, hugs, or just the comforting encouragement of putting your arm around someone's shoulder when they're having a difficult time.

All of these examples are ways of communicating nonverbally, and we can give and receive the same sort of attention engagement with the all-pervading Deity presence of God the Mother. With the benefit of the Urantia Book's teachings, we now have new ways to understand these experiences without depending on the guesswork of evolutionary metaphysics. This realm of awareness has both practical and spiritual significance, as we'll see.

Note that the exercises for this part involve a willingness to “suspend disbelief.”

This willingness is not unlike the reach of faith that must be exercised to engage with the invisible presence of God through prayer and worship, but in the case of the Mother Spirit, it involves the discovery of her all-pervading presence that is diffused throughout all things.

We can soon begin to realize that all of our physical engagements, from conscious breathing, to driving a car, to sitting in the sun, to pounding a nail, and even walking barefoot on the earth, can all be experienced with awareness of the Mother Spirit's presence.

When I remember that our Divine Mother can feel my footsteps, for example, I find that I naturally walk more affectionately and consciously, knowing that she is enjoying the feeling of my feet as they touch the ground. I become less inclined, in general, to treat physical objects abusively or carelessly. Sensing these interactions as personal engagements, they become opportunities for nonverbal communication and communion.

I've provided some simple exercises that will hopefully be a fun way to begin to experience these kinds of possibilities.

Week 4 Part 1: Exercises and Reflective Questions

Nonverbal communion with the Mother Spirit through touch and physical sensations.

Below are the exercises and reflective questions for Part 1. Please use the chat board to share your responses and experiences with others in the class.

Exercise 1-A:

Touch can be used to communicate affection, caring, and comfort. It can also be used for other purposes, like getting someone's attention by tapping them on the arm, or communicating support and camaraderie by putting your arm around their shoulder. Think of what a mother or father communicates to a small child by holding the child safely in their arms.

Reflective Question for Exercise 1-A:

Think of all the ways and times that you have either touched or held someone, or received affectionate touch in your interactions with others. If a special experience stands out in your memory, what was communicated in that nonverbal engagement?

Exercise 1-B:

First, select a meaningful object of some kind (a polished stone that fits in the palm of your hand would be ideal, but anything will do), and then find a place to sit quietly and relax for a few minutes. Feel all the physical sensations that are associated with being alive. These might include the feeling of the air as you breathe, or the feeling of gravity as your body is gently supported by the surface you are sitting on. Pay attention to other sensations as well, like the temperature of the air, sounds, visual impressions, and aromas. This will be a richer experience if you're able to do this outdoors with bare feet touching the ground. Imagine that the Mother Spirit is present in all of these sensations, and that they are her way of reminding you of her presence.

Now pick up and hold the object you selected in your left hand. Close your hand around the object and pay careful attention to the sensations in your fingers and the palm of your hand as you hold the object. While remembering that the Mother Spirit's presence permeates the object, try communicating a feeling of affection for her through the way you hold and engage with the object. If it helps, you can even imagine that it's alive. Can you feel it growing warmer? Are you holding it roughly or kindly? Try to project your attention into the object and imagine what it feels like for the object to be held by you. While this may require some "suspension of disbelief," try to communicate your feelings of love and appreciation for the Mother Spirit nonverbally, through the way you are handling the object.

Take your time with this exercise. Don't rush through it or become impatient. Simply allow whatever happens to happen. Don't allow preconceived expectations to interfere with your experience. These sensations can be very subtle at first, and it helps to be completely relaxed and receptive. After a bit of time, you may find that this engagement with the Mother Spirit becomes highly pleasurable, and you won't want to stop!

After completing the exercise to your satisfaction with your left hand, transfer the object to your right hand and repeat the exercise. If you again allow a generous amount of time, you might find that the experience deepens the second time around.

Reflective Questions for Exercise 1-B:

- What kinds of feelings did this exercise bring up for you?
- Were you able to feel a nonverbal engagement with the presence of the Mother Spirit?
- Can you carry this over to your day-to-day interactions with your physical environment?
- Does this add a new dimension to your experience of being alive?

Exercise 1-C:

Touching another. This is a variation on the last exercise, but this time it involves interaction with another person. If you have a friend or partner available, try this simple exercise. Take turns touching each other gently but firmly on the arm. For the “toucher,” try to imagine what your touch feels like for the person you are touching. Project your awareness into their arm while you are doing this. The experience of receiving touch (when it’s your turn) will help to strengthen this awareness. Repeat this back and forth a few times and see if your awareness of the feeling of your touch, as experienced by the other person, grows stronger. As with the last exercise, give this a generous amount of time and try not to become hurried or impatient. This assumes, of course, that both of you are comfortable with the exercise.

After completing this exercise, try carrying this awareness of the feeling of your touch to something else in your environment, like the steering wheel of your car while driving, the keyboard of your computer, or the way you hold a pen or pencil while writing on paper, all the while remembering that our Mother Spirit is feeling your touch and the way you hold any objects that might be involved.

Reflective Questions for Exercise 1-C:

- Does this exercise help to strengthen your awareness of the Mother Spirit’s experience of your touch?
- Does this awareness change the character of your physical interactions with the things you touch and hold?
- Does this change the way you physically interact with others?
- Are you more aware of how these interactions feel for others?

Exercise 1-D:

With the above experiences in mind, consider the fact that Jesus was “touched” by a mighty angel “who came down by his side” in the Garden of Gethsemane, as his human heart was breaking over the appalling circumstances that he was called upon to endure. We are told that this touch strengthened him. 182:3.2 (1968.2) This is something that not even his Personalized Adjuster could do. I believe that this “mighty angel” was one of the “majestic tertiaphim” who accompanied the Creator Son when he embarked “upon the adventure of universe organization.” 28:1.1 (306.3) We learn of the intimate bond that develops between the Creator Son and these “mighty angels.” They serve by his side until the day of the personalization of Gabriel, the Bright and Morning Star. How fitting that one of these high angels who supported Michael in his earliest days of universe creation, would come to comfort him during the most humanly trying moments of his final bestowal!

Reflective Questions for Exercise 1-D:

- Have you had experiences in your life when you were strengthened by someone’s touch?
- Have you had experiences where you strengthened someone else in this way?
- How did these experiences feel?
- How can our contemplation of Jesus’ experience help us to receive the loving attention of our Mother Spirit and her ministering angels?

Week 4 Part 1: Note for Clarification

We’re all familiar with the classification of things in our environment into the categories of animate or inanimate — alive or not alive. A blooming flower is alive and a rock is not. Living things exhibit a living response to other living things, while non-living things do not. This is a true and useful observation from the perspective of the life sciences, and it may seem to argue against the plausibility of discovering our Divine Mother in everything we see and touch.

To be clear, I’m not suggesting that we return to early beliefs in “animism,” where all things—rocks, plants, animals, mountains, etc.—were thought to have an individual soul or spirit.

Instead, I think our perception of things can change when we consider the possibilities associated with an all-pervading Deity presence, like our Creative Mother Spirit, who is life, and is the source of life.

We have a presence-sensing capacity that is uniquely associated with our possession of personality. This is made clear in number 11 in the list of personality characteristics in Paper 112:

11. Personality responds directly to other-personality presence. 112:0.13 (1226.1)

If the presence of the Mother Spirit pervades all things, we have the capacity to “respond directly” to her presence in all things, whether animate or inanimate. And she likewise “responds directly” to our personal efforts to find her and discover her presence.

Week 4 Part 2: Feeling the Presence of the Mother Spirit in Our Mind Endowment

Question: If our adjutant mind-spirit consciousness is also a level of our Mother Spirit’s consciousness, can we feel her presence in the “urges” that these mind-spirits stimulate and sponsor? Can we develop a sense of “two-way” presence awareness with her through the mind circuits?

Learning Objective: Develop the capacity to sense the Mother Spirit’s day-to-day encouragement of our growth and spiritual development through the functioning of the seven adjutant mind-spirits.

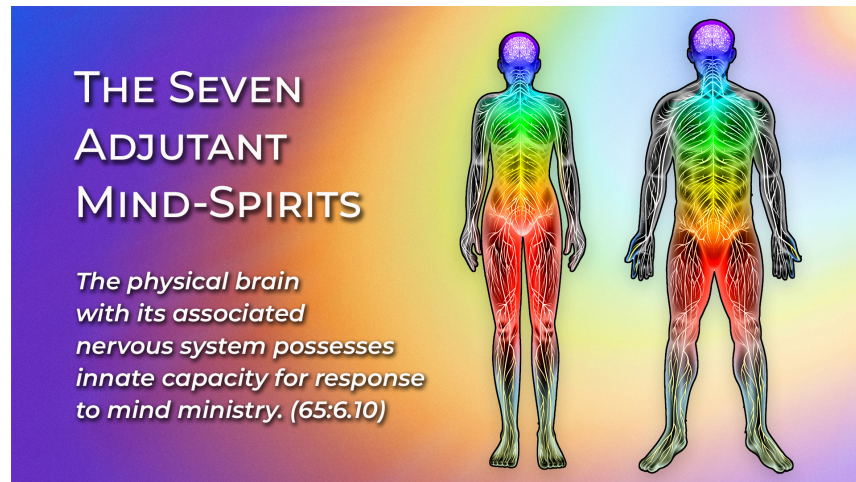
Definitions from Webster’s 1935 dictionary:

Adjutant: One who helps or supports, an auxiliary or assistant.

Circuit: A system for two-way communication between two places

Fun Facts from Online Sources:

The central nervous system is connected to every part of the body. There are nearly 45 miles of nerves running through our bodies, with approximately 100,000 miles of myelin-covered nerve fibers in the brain of an average 20-year-old.

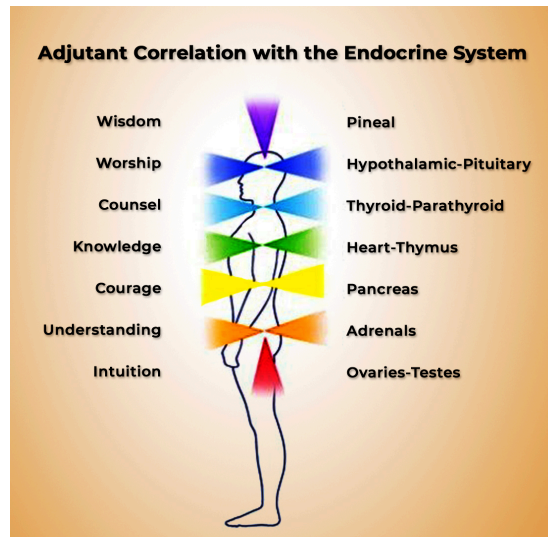


Introduction:

From the assigned reading and the quotes provided for consideration, we learn of another aspect of the special nature of our Universe Mother Spirit. This quote in particular, stands out in its significance:

65:6.10 (738.3) The physical brain with its associated nervous system possesses innate capacity for response to mind ministry...

Here, they're describing our onboard "mechanism" of connectivity (much like the antenna in a smart phone) that enables our "two-way communication" with the Mother Spirit via her adjutant "circuits."



Our capacity for connectivity with the adjutant circuits appears to be correlated with seven centers in the body that have been identified since ancient times. Sometimes referred to as "chakras," we can see a striking correspondence between these centers and the adjutant functions. Counsel, for example, is associated with speech, which is located in the throat. Courage is often described as having "guts," and wisdom can be thought of as the "view from above," etc.

It's significant, I think, that we find major endocrine glands in all seven of these locations. The endocrine system is closely associated with the brain and nervous system, but unlike the nervous system, which encompasses the body as a whole, the endocrine glands have specific functions that are related to their locations.

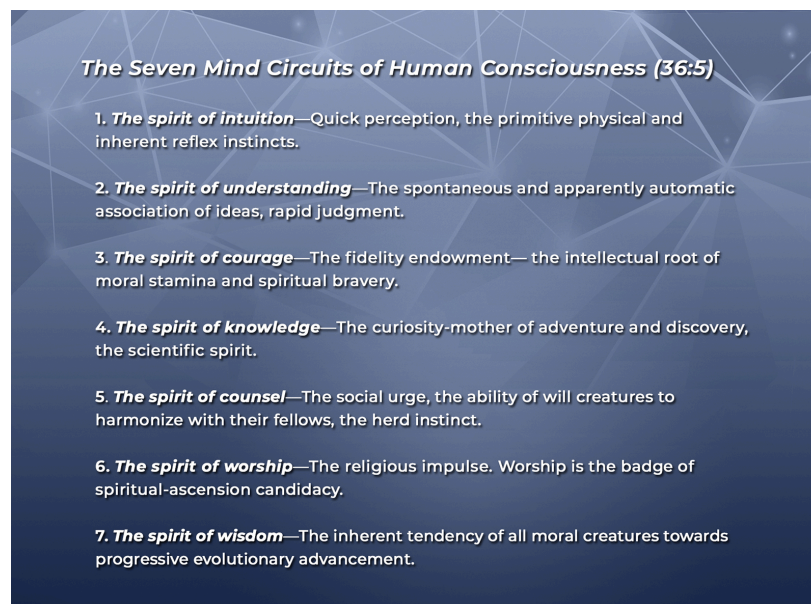
Our reception of adjutant mind is a process whereby the nonphysical becomes connected to the physical. This is an extraordinary achievement of purposeful evolution by the Life Carriers, and the apparent connection centers within our body can perhaps best be described as "I/O ports" (input/output), as suggested by the diagram above. This sort of language was not available when the Urantia Book was written, but the book's description of our anywhere connection with our Creators via "presence circuits" 15:9.1 (176.4) is a clear foreshadowing of what we now experience every day with our mobile "smart" devices, which only become "smart" when they're connected to the cloud.

The Mother Spirit's gift of adjutant mind gives us a second avenue of approach to a felt relationship with her. In this part of the class we'll consider the nature and function of the seven adjutant mind-spirits as they are described in the Urantia Book

The Adjutant Functions

The chart below offers a simplified description of the adjutant functions. In the complete descriptions 36:5 (402.2) the higher five adjutants are all characterized as “urges” that produce the listed traits of thought and action. The first is described as an “inherent reflex instinct,” and the second as an “impulse.” We’re also told that the adjutant spirits are in fact a level of consciousness of our Mother Spirit.

Urges and impulses are felt, which means that we can feel her presence in these helpful urges that encourage our growth and development. The higher urges of the mind also help us to manage and mitigate the evolutionary urges of our animal legacy.



Anyone who has spent much time with a 2-year old knows that a child during this stage of development is a complex bundle of urges and frustrations, which manifest relentlessly whenever the child is awake. The frustrations and tantrums that sometimes occur can be very challenging for the parents, which is why this period is sometimes referred to as the “terrible twos.”

On the other hand, the developmental achievements that these little ones are so eager and happy to show us are unbelievably cute and endearing. This quality of cuteness, which we also see in the babies of the higher mammals, is evidence I think that the adjutants are not

merely functional. They also reveal the lovable nature and character of our Mother Spirit. If babies weren't so cute and lovable, I'm sure the evolutionary survival rate of the higher mammals (including humans) would be much lower! In addition to biological imperatives, it may well be that the "cuteness" of the Mother Spirit, as she looks out through the eyes of these babies, is a factor that helps to trigger the maternal instinct in the mother.

During the period of early development in a child's life, the influence of the adjutants can be seen very clearly. The urge to communicate, the desire to try things that they see others doing, the mastery of motor skills, etc., are just a few examples, but it's clear that there would be no progress in development without these incessant urges.

As we grow older, we become aware that some of our urges, like curiosity and the desire for understanding, are helpful, while other urges, like anger and impatience, can be damaging to our best interests. A big part of our challenge in this first life—in an evolutionary animal-origin body—is learning to discriminate between the higher urges of the adjutant spirits and the legacy urges of our animal inheritance.

Our spiritual urges that reach beyond mind are first sponsored by the Holy Spirit of our Mother Spirit. Her personal spirit presence coordinates and directs the work of the adjutants of worship and wisdom and prepares our minds for the reception of the crowning gift of a Thought Adjuster.

With all the adjutants, we are actually feeling the personal presence of our Creative Mother, who is patiently urging us to develop the seven qualities of mind that these adjutants inspire. As we learn to feel her encouragement behind our highest motivations, this becomes a realization of her intimate caring and support, which is very mother-like. And this is strengthened and coordinated by the ministry of her angels.

While it is delightful to sense the presence of our Mother Spirit in the adjutant mind of pre-Adjuster age children, we can have similar experiences with our pets and other friendly animals that we encounter. Especially with cats and dogs, where we share all five of the lower adjutants, it's great fun to observe and play with them, while holding the realization that our Mother Spirit's presence in their consciousness is inspiring their endearing urges, attitudes, and funny behaviors.

When our pets show their desire for our attention and companionship, we can be sure that the spirit of counsel, the fifth adjutant, is directing these urges. The

endearing quality of this type of animal behavior, which can sometimes feel so much like love, is indeed an expression of the loving nature of our Mother Spirit. This realization can serve as a reminder that our Creative Mother also desires our attention and companionship!

The next time you pet a cat or a dog, try to remember that you are also expressing affection for our Divine Mother. As you bring in this awareness, you may notice that the animal seems to sense it, and will respond with greater engagement.

All of our efforts to feel the presence of God, whether it be the Father, the Son, or the Mother, will contribute to our soul growth, and it's always important to remember, as we reach for these divine relationships, that our divine parents are also reaching for us!

In Paper 111 we learn that the potential for soul growth is *"inherent in the two universal urges of mind: the impulse of the finite mind of the creature to know God and attain the divinity of the Creator, and the impulse of the infinite mind of the Creator to know man and attain the experience of the creature."* 111:2.8 (1218.2)

Thank you for your interest and participation!

Week 4 Part 2: Exercises and Reflective Questions

Experiencing the presence of the Mother Spirit in our mind endowment.

Below are the exercises and reflective questions for Part 2. Please use the chat board to share your responses and experiences with others in the class.

Exercise 2-A:

Think back on your life and try to remember an occasion when a positive urge had a critical influence over an important outcome. This could be an urge to travel, to pray, to study, to be in a relationship, or any number of other possibilities.

Reflective Questions for Exercise 2-A:

- How would you interpret this urge in terms of the functioning of the adjutant mind-spirits?
- Can you identify one or more of the adjutant spirits that played a role?
- As you think back on it, are you able to recognize that it was the Mother Spirit who was personally encouraging you through the functioning of her adjutant mind-spirits?
- Does that help you to feel her supportive engagement with your decisions and actions as you go forward?

Exercise 2-B:

16:4.10 (190.1) describes the adjutant spirits as "life activations" that are bestowed by the local universe Creative Spirit. Each of the seven adjutants "activates" the capacity of mind that its name suggests, and we experience this activation as an urge. Courage is "activated" by the adjutant of courage, for example, which we experience as the urge to be courageous. The same can be said of all seven.

In 112:6.9 (1237.1) we learn that our premorontia career is under the "tutelage of the seven adjutant mind-spirits unified under the direction of the spirit of wisdom."

Combining these two comments suggests that for each adjutant we first experience "activation" followed by "tutelage" (instruction). Again using the example of courage, we can see that wisdom must be added to courage for it to be unified with the functioning of the other adjutants.

For this exercise, carefully consider the full descriptions of all seven adjutants. (36:5.6 - 36:5.12) Then think back over the most consequential decisions you've made in your life, both good and bad, and what sort of urges were behind those decisions.

Reflective Questions for Exercise 2-B:

- Can you identify an important life decisions that was either unified by wisdom or was disruptive from lack of wisdom?
- As you reflect on this, can you begin to recognize the functioning of "tutelage" in relation to the urges that were involved?
- Can you go one step further and begin to see that the "tutor" who works through our adjutant mind-spirits is in fact our Divine Mother?

Exercise 2-C:

Chakra breathing. This one might not be for everyone, but for those who enjoy conscious breathing, this might be an interesting exercise. As almost anyone will notice, deeper and more deliberate patterns of conscious breathing will usually produce an increased feeling of energy, relaxation and well-being. Why is this? Is there more to it than simply increasing our oxygen supply? Many traditions have advanced the idea that breathing has significance beyond the simple fact of bringing air into the lungs—that it also somehow involves a replenishment of the "life force" that gives energy and vitality to our systems of consciousness and selfhood.

If we accept the idea that the seven adjutants have connectivity relationships to the seven centers in the body that have traditionally been referred to as "chakras," (as portrayed in the illustration presented earlier), we can use our imagination to breathe "through" these seven centers, starting with the first and working sequentially through all seven. While inhaling and exhaling, imagine that the life-giving "energy-presence" of the Mother Spirit is simultaneously being taken in and released through each of these centers. To keep this simple for now, focus four or five breaths through each center. The idea behind this practice is that we can strengthen and balance the activation of the adjutant mind-spirits through this sort of focused breathing, especially if the function of each adjutant is held in mind as you focus on it.

Reflective questions for Exercise 2-C:

If you attempt this exercise, do you notice any difference in feeling as you shift the attention of your breathing from one center to the next?

If you complete all seven, do you notice a satisfying feeling of wholeness as a result?

If you experience this exercise as a dynamic engagement with the presence of the Mother Spirit, does it leave you with a loving feeling of closeness with her?

Exercise 2- D:

Sensing the presence of our Mother Spirit in our pets can be a great delight. Especially with cats and dogs, where we share all five of the lower adjutants, it's wonderful to observe and engage with them, while holding the realization that our Mother Spirit is present in their consciousness. Their affectionate urges and funny behaviors take on greater meaning when we realize that they are actually revealing the nature of our Mother Spirit.

Reflective Question for Exercise 2-D:

The next time you pet a cat or a dog, try to remember that you are also “petting” our Divine Mother. As you bring in this awareness, do you notice that the animal seems to sense it, and responds with greater or more peaceful engagement?

Week 5 Introduction: "Our Mother God: Telling Her Story in Our Own Words"

Hello, Urantian Sisters and Brothers!

My name is Lucretia Schanfarber. It is an honour and a privilege to be with you.

In Week 5 of our course, we will explore the creative ways we can “package and distribute” this life-changing, "Expanded Good News" that we are children of a planetary spiritual family.

We are certainly becoming more aware of the daily opportunities to include Our Mother God (OMG) in our conversations and in our personal ministry and service. And we will undoubtedly begin to feel the urges to share this expanded good news in our own words.

Create Your Own OMG Message

This class will help you to creatively construct your own true story of Our Mother God that expresses your understanding and deepening personal relationship with Her.

The Universe is Trending

Have you noticed, in recent years, how often people refer to “the universe” as an intelligence – a living, loving entity? For instance, we often hear people saying things like “I trust The Universe will provide...” or “I asked The Universe for help...” or “I am letting The Universe decide...”?

Perhaps these simple comments point to a growing receptivity to Our Universe Mother Spirit. Perhaps our innate spiritual longing to know and love Our Mother God is manifesting in our use of the word “universe”. What do you think?

We will cooperate together to develop a riveting and resounding message that responds to this growing trend to recognize “the Universe” as an intelligent, responsive, caring and personal energy/entity.

A Magnificent and Responsive Living Organism

The Living Organism of the Grand Universe

"The grand universe is not only a material creation of physical grandeur, spirit sublimity, and intellectual magnitude, it is also a magnificent and responsive living organism. There is actual life pulsating throughout the mechanism of the vast creation of the vibrant cosmos. The physical reality of the universes is symbolic of the perceivable reality of the Almighty Supreme; and this material and living organism is penetrated by intelligence circuits, even as the human body is traversed by a network of neural sensation paths. This physical universe is permeated by energy lanes which effectively activate material creation, even as the human body is nourished and energized by the circulatory distribution of the assimilable energy products of nourishment. The vast universe is not without those co-ordinating centers of magnificent overcontrol which might be compared to the delicate chemical-control system of the human mechanism. But if you only knew something about the physique of a power center, we could, by analogy, tell you so much more about the physical universe." 116:7.1

What's Your Our Mother God Message?

Our week-long online class will culminate in our live zoom session. In small groups, we will discuss and share our thoughts on our own Our Mother God story/message, culminating in our writing a short statement that expresses the essence of our story along with a clear and concise statement of intention about our personal ministry to share this message. We will read our statements (about 200 words and 90-seconds long) aloud to the group.

Clearly, the true story of Our Mother God is an essential aspect to telling the story of Our Loving Spirit Parents and their equal, complemental and cooperative relationship. Our confused and frightened world needs this expanded good news.

Are you ready and willing to develop and share your version of it?

Our Learning Objectives

While referencing The Life and Teachings of Jesus & the Urantia Book, we will:

1. Select and utilize some of the core teachings, methods and principles that Jesus used in His ministry along with Urantia Book teachings to help us create the Our Mother God (OMG) core message.
2. Recognize and define our "target market".
3. Selectively choose the most appealing and easy to comprehend aspects, attributes and qualities (known as "features and benefits" in marketing lingo) of Our Mother God to best convey Her loving nature and personal presence in our universe, our world and our lives.
4. Co-create together an Appealing, Simple and Kind (ASK) message designed to inspire receptivity to Our Mother God and Her Holy Spirit while we LISTEN (Learn Inner Skills To Enhance Nexus).

This is the fifth and final week of the Urantia University Course series entitled "Our Mother God: Knowing Her, Loving Her, Sharing Her." Let's continue to synthesize, harmonize, optimize, spiritualize and materialize what we know in our hearts and our minds and our souls to be true about Our Mother God.

Our focus is on SHARING Our Love for Our Mother God through Service and Telling Her Story in Our Own Words.

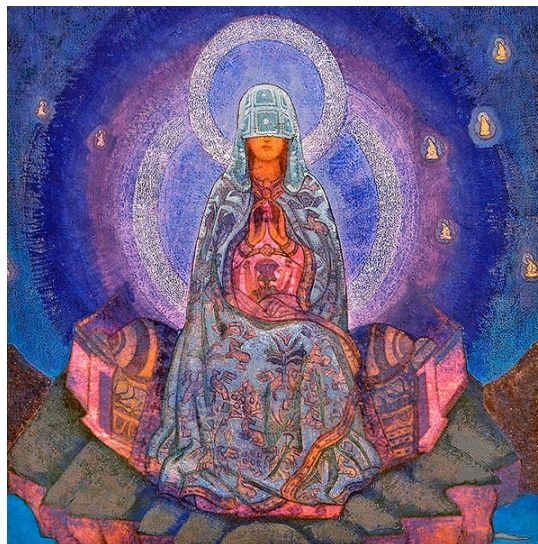
- We will prayerfully consider ways to share Our Mother God with others.
- We will ask Mother to guide us in our desire to serve Her.
- We will joyfully craft our personal statements of understanding and intention.

Hard Acts to Follow

For the past four weeks we have been learning all kinds of fascinating stuff about Our Mother God, about each other and about ourselves! We have opened our hearts and shared intimate thoughts and feelings in the classroom discussion boards and in the weekly live zooms.

- In Week One, Elisabeth Callahan answered the big question: “Who IS Our Mother God?”
- In Week Two, Michelle Klimesh got us “Imagining a Society of Equals”.
- During Week Three Kurt Cira helped us consider “Our Complemental Relationship with God Our Mother and Father”.
- And in Week Four, Chuck Thurston pretty much gave us a road map for “Developing a Felt Relationship with Our Divine Mother”.
- These four talented people are all hard acts to follow, which is why they were chosen for this mission.

But I have a feeling we are going to continue to build this community of mother-lovers. We are having such a great time learning and sharing and supporting one another.



Yiddish Proverb

There is an old Yiddish proverb that translates into something like this: “If you want to make God laugh, tell Her your plans.”

But when our plan and God’s will are aligned, wonderful things happen. Our plan on the OMG Team, for the past two years has been, first and foremost, to do Our Mother God’s will.

Our willful intention is to continue to bring Our Mother God forward in every way as we celebrate and honour her. As this OMG course nears completion, we are grateful.

Nothing More or Less

The Urantia Book tells us in paper 111 that “The doing of the will of God is nothing more or less than an exhibition of creature willingness to share the inner life with God—with the very God who has made such a creature life of inner meaning-value possible.” (111:5.1)

What does that even mean? “The doing of the will of God is nothing more or less than an exhibition of creature willingness to share the inner life with God...”

Does it mean when we live our lives intentionally, with an attitude of gratitude, when we actually invite Our Spirit Parents to be intimately involved in our lives, when we whole-heartedly dedicate ourselves to sharing all of who we are and who we are becoming with Them, then we are on the path of doing Their Will? I think so.

It’s almost too easy, isn’t it? We tend to want to make doing God’s Will harder, more complicated with more strings attached.

The Great Urantian Agreement

And then there’s this powerful little snippet from Paper 93...

“... the great Urantian agreement between divinity and humanity whereby God agrees to do everything; [wo]man only agrees to believe God’s promises and follow his/her instructions.” (93:6.4)

That seems simple enough, eh?

But if you are anything like me, you have had some pretty intense struggles trying to discern God's will in your life.

True Story

When I was 29, I took myself waaay too seriously.

One day I actually shouted at God and demanded that He write His Will on my kitchen wall.

"I don't know what you want me to do!" I screamed in frustration.

"Just tell me what you want me to do!"

Emotionally exhausted by my own drama, I sat down on the floor, and stared at the blank wall for 15 minutes.

Then I got up, had a cup of hot tea and swept the floor.

Later that night as I tucked the kids into bed, I thought to myself... Maybe it's not so much WHAT I do. Maybe it's the frame of mind in which I do it that matters most.

It only took me about another 40 years to really get it.

Wise Sayings & The Fringe of Conflict

There's a Zen saying: "Before enlightenment, chop wood, carry water. After enlightenment, chop wood, carry water."

Jesus tells us: The Gospel yoke is easy, and the burden of truth is light.

BUT, that does NOT mean there will not be challenges. In fact, Michael prefaces his 'yoke' comment with this:

"Forewarn all believers regarding the fringe of conflict which must be traversed by all who pass from the life as it is lived in the flesh to the higher life as it is lived in the spirit.

To those who live quite wholly within either realm, there is little conflict or confusion, but all are doomed to experience more or less uncertainty during the times of transition between the two levels of living.

In entering the kingdom, you cannot escape its responsibilities or avoid its obligations, but remember: The gospel yoke is easy and the burden of truth is light." (159:3.7)

Laughter is the Best Medicine

We are told Jesus was not a man of sorrows.

He loved to laugh. A lot!

His voice was remarkable, unmistakable.

He told great stories.

He walked everywhere.

He hung out with folks of all ages.

He feasted and He drank wine with friends. And strangers.

And all the time that He was fulfilling His bestowal mission here on planet Urantia, His Co-creative Partner, Our Mother God, was Holding Space.

Literally. Holding. Space.

Just like She always does.

Holding Space

Hey, you know, that's a popular phrase right now – "Holding Space".

So is "The Universe".

And "Mindfulness". And "Breath work".

And "Angels", too.

All those words are OMG words!

OMG is the OG (Original Gangster) when it comes to anything to do with The Universe, Space. Mind. Breath, Angels.

Without Her we would not even have ANY of those.

We'll delve into these and more "trending" concepts in our week together.

We'll consider how to use these common phrases to elevate everyday conversations and point the energy towards Mother Spirit.

Tasty Little Tidbits

Imagine all the opportunities we have in our everyday lives to tell the **Short Story version of Our Mother God** in our own words. Nothing preachy or complex.

Let's create some tasty little tidbits about Mom and Her angels that we can feed to folks as we pass by.

Just short and sweet little spiritual munchies that will whet their appetites and uplift their spirits.

Let's dispense words of comfort and joy.

Let's serve up hearty helpings of kindness and respect, too.

While Jesus was instructing the teachers and believers at Edrei, he told them:

"The world is filled with hungry souls who famish in the very presence of the bread of life; men die searching for the very God who lives within them.

Men seek for the treasures of the kingdom with yearning hearts and weary feet when they are all within the immediate grasp of living faith.

Faith is to religion what sails are to a ship; it is an addition of power, not an added burden of life

There is but one struggle for those who enter the kingdom, and that is to fight the good fight of faith. The believer has only one battle, and that is against doubt—unbelief."

(159:3.8)

Our Mother God is for Everyone

Our Mother God is the perfect "product".

(That's funny because She really IS perfect.)

Our "target market" is limitless.

I hope this language does not offend. Please forgive me if it does.

As a marketing consultant and new product developer, I am trained to think in terms of the "features and benefits" of products and how best to position a product in the marketplace to optimize sell through.

10 Wonderful Things About Our Mother God

1. The price is right. She's FREE.
2. She does not need to be shipped. She's already EVERYWHERE.
3. Her shelf life is limitless. She's Infinite
4. She makes everyone feel better.
5. She improves lives and relationships.
6. She calms us.
7. She loves us.
8. She gifts us our own angels.
9. She heals us.
10. She inspires and energizes us.

Timing. Timing. Timing.

Marketers used to say "Location, location, location" but all that has changed with the internet. It does not matter where we are. We can share our message in person or we can share it virtually.

There are signs that the times are ripe for sharing Our Mother God. Just look at how many people are awakening to Her Presence in their lives.

Practice Makes Better

Not everyone is a natural evangelistic type of person. Some good ways to become more of "a natural" are to:

- Fine tune our message.
- Personalize our message.
- Tell more personal stories about Our Mother God improving our lives.
- Talk about angels. Everyone loves angels!
- Pray for and with receptive people.

More Tips & Reminders about Prayer, Faith & Worship

Prayer is always the Starting Point.

We can ask for Mother's Help as much as we want to.

We will strengthen our commitment through prayer and service.

When we commit daily to cooperating with our angels, "great things can and do happen."

Remember This:

We Don't Need to Be Perfect to Be Effective Ambassadors for Our Mother God & Michael.

The apostles were far from perfect yet Jesus entrusted them to carry His message to the world.

Okay, they kinda botched the core message but they certainly were successful promulgators and organizers.

How many people will you introduce to Our Mother God today? One? Six? Twelve? Hundreds?

How will you do it? In person? By phone? Online?

We have so much help from so many sources. The Gods are on our side. Let's do this!

Adapting the Personal Appeal of Our Message.

For Christians

Let's intrigue Christians with the good news that The Holy Spirit is Our Universe Mother Spirit. No need to go into the details. Just drop that little morsel here and there. They already know about The Holy Spirit. We are just adding another layer to their own story.

For Yoga Guys & Gals

To yoga fans and meditators we mention that chakras are related to mind adjutant spirits, a gift from Our Mother God. Sure, there's more to the story than that and maybe the yogini we are chatting with will want to know more. But let's not assume so.

For Mother Nature Lovers

To the nature lover, we share our own love of creation as well as our loving relationship with Our Creator Mother.

For Feminists

We confirm that the Divine Feminine is rising around the world with the help of OMG and Her angels.

For Catholics

Our Mother God will undoubtedly appeal to Catholics who already revere and pray to Mary, as the “Mother of God”.

A study of the ways Jesus won souls for the kingdom will do much to inform our mission to win hearts, minds and souls for OMG.

Let’s Remember

Most of the time “Less is More” when seeding new truths and promulgating expanded spiritual concepts. Building upon established, familiar concepts has benefits. We will learn to choose our words wisely by being sensitive to the responses we receive.

A Cautionary Tale

“But it has often been the error of the teachers of new truth to attempt too much, to attempt to supplant slow evolution by sudden revolution.

The Melchizedek missionaries in Mesopotamia raised a moral standard too high for the people; they attempted too much, and their noble cause went down in defeat.

They had been commissioned to preach a definite gospel, to proclaim the truth of the reality of the Universal Father, but they became entangled in apparently worthy cause of reforming the mores, and thus was their great mission sidetracked and virtually lost in frustration and oblivion. (95:1.8)

Let Mom Do the Heavy Lifting

How wonderful that Our Mother's Holy Spirit is actually doing the work for us. All we have to do is develop our soul's capacity for spiritual receptivity and She does the rest, in concert with our Thought Adjusters, the Spirit of Truth, our angels and anyone else She enlists in Her conspiracy.

"True religion consists in the experience that "the Spirit itself bears witness with our spirit that we are the children of God." Religion consists not in theologic propositions but in spiritual insight and the sublimity of the soul's trust." (101:2.13)

Selected Reading for Week 5

Note: the reading selections are stated in terms of the Standard Referencing System for the Urantia Book. For example, (1:3.7) is a reference to Paper 1, Section 3, paragraph 7.

These reading selections are intended to inspire us as we consider ways to share the "Expanded Good News" including these 8 Simple Truths:

1. We are the beloved children of Our Co-Creator Parents: Mother & Michael, Our Mother God & Our Father God.
2. The Universe is not only friendly - She is Our Mother God.
3. Our Mother God creates and sends Her angels to comfort us, guide us and teach us.
4. There is a divine purpose and life plan for each of us.
5. Life is eternal - if we chose eternal life.
6. We journey throughout the universes; the universe is a university.
7. Our relationships are lasting; we will always know and recognize each other.
8. Our Father God dwells within us; we dwell within Our Mother God.

Our Mother God & Our Father God: Equally Divine & Creatively Complementary

133:2:2 (1471.1) The Father in heaven treats the Spirit Mother of the children of the universe as one equal to himself. ... If you can only love your children as God loves you, you will love and cherish your wife as the Father in heaven honors and exalts the Infinite Spirit, the mother of all the spirit children of a vast universe."

33:3.3 (368.3) Such a Divine Minister is in reality the mother of spirits and spirit personalities, the ever-present and all-wise adviser of the Creator Son, a faithful and true manifestation of the Paradise Infinite Spirit.

117:6.2 (1288.1) If you truly desire to find God, you cannot help having born in your minds the consciousness of the Supreme. As God is your divine Father, so is the Supreme your divine Mother, in whom you are nurtured throughout your lives as universe creatures.

36:3.4 (399.6) ... it is the Universe Mother Spirit who supplies the essential factor of the living plasm. From the Creative Daughter of the Infinite Spirit comes that energy spark which enlivens the body and presages the mind.

33:3.7 (369.2) The Son and the Spirit now preside over the universe much as a father and mother watch over, and minister to, their family of sons and daughters. It is not altogether out of place to refer to the Universe Spirit as the creative companion of the Creator Son and to regard the creatures of the realms as their sons and daughters—a grand and glorious family but one of untold responsibilities and endless watchcare.

117:6.8 All soul-evolving humans are literally the evolutionary sons of God the Father and God the Mother, the Supreme Being. But until such time as mortal man becomes soul-conscious of his divine heritage, this assurance of Deity kinship must be faith realized. Human life experience is the cosmic cocoon in which the universe endowments of the Supreme Being and the universe presence of the Universal Father (none of which are personalities) are evolving the morontia soul of time and the human-divine finaliter character of universe destiny and eternal service.

37:0:1 Co-ordinate in divinity and complementary in creative attributes is the local universe Mother Spirit, the Divine Minister of Salvington. And these creators are in a very literal sense the Father-Son and the Spirit-Mother of all the native creatures of Nebadon.

33:3.4 The Spirit, as mortal creatures would understand, enacts the role of a mother, always assisting the Son and being everlastingly indispensable to the administration of the universe.

21:2:2 Therefore is each Creator Son accompanied by a Creative Daughter of the Infinite Spirit, that being who is destined to become the Divine Minister, the Mother Spirit of the new local universe.

21:2:9 When such a perfect and divine Son has taken possession of the space site of his chosen universe; when the initial problems of universe materialization and of gross equilibrium have been resolved; when he has formed an effective and co-operative working union with the complemental Daughter of the Infinite Spirit—then do this Universe Son and this Universe Spirit initiate that liaison which is designed to give origin to the innumerable hosts of their local universe children.

14:6:30 (162.5) From Paradise come the Universe Mother Spirits, the cocreators of local universes.

16:6.2 You live under the immediate influence of the Creative Spirit of Nebadon.

34:1:4 This personalized presence of the Infinite Spirit, the Creative Mother Spirit of the local universe, is known in Satania as the Divine Minister. To all practical intents and spiritual purposes this manifestation of Deity is a divine individual, a spirit person. And she is so recognized and regarded by the Creator Son.

34:2.4 (376.1) The Creative Spirit is coresponsible with the Creator Son in producing the creatures of the worlds and never fails the Son in all efforts to uphold and conserve these creations.

33:3.6 (369.1) After this pledge of subordination by the Creative Mother Spirit, Michael of Nebadon nobly acknowledged his eternal dependence on his Spirit companion, constituting the Spirit coruler of his universe domains and requiring all their creatures to pledge themselves in loyalty to the Spirit as they had to the Son; and there issued and went forth the final "Proclamation of Equality." Though he was the sovereign of this local universe, the Son published to the worlds the fact of the Spirit's equality with him in all endowments of personality and attributes of divine character. And this becomes the transcendent pattern for the family organization and government of even the lowly creatures of the worlds of space. This is, in deed and in truth, the high ideal of the family and the human institution of voluntary marriage.

17:6:8 (204.4) On that occasion, before the assembled administrators of the universe, the triumphant Creator Son elevates the Universe Mother Spirit to cosovereignty and acknowledges the Spirit consort as his equal.

Paradise Mother Spirit ~ Our Mother Deity is a Spirit Person

8:2:2 The Third Source and Center is known by numerous titles: the Universal Spirit, the Supreme Guide, the Conjoint Creator, the Divine Executive, the Infinite Mind, the Spirit of Spirits, the Paradise Mother Spirit, the Conjoint Actor, the Final Co-ordinator, the Omnipresent Spirit, the Absolute Intelligence, the Divine Action; and on Urantia he is sometimes confused with the cosmic mind.

8:6:5 Even though we behold the phenomenon of the ministry of the Infinite Spirit to the remote worlds of the universe of universes, even though we envisage this same co-ordinating Deity acting in and through the untold legions of the manifold beings who take origin in the Third Source and Center, even though we recognize the omnipresence of the Spirit, nonetheless, we still affirm that this same Third Source and Center is a person, the Conjoint Creator of all things and all beings and all universes.

14:6.34 The Universe Mother Creator remembers Paradise and Havona as the place of her origin and the home of the Infinite Mother Spirit, the abode of the personality presence of the Infinite Mind.

14:6.35 From this central universe also came the bestowal of the personal prerogatives of creatorship which a Universe Divine Minister employs as complementary to a Creator Son in the work of creating living will creatures.

Our Mother Universe

1:6:7 To assume that the universe can be known, that it is intelligible, is to assume that the universe is mind made and personality managed. ... If man's personality can experience the universe, there is a divine mind and an actual personality somewhere concealed in that universe.

34:4:7 The Universe Mother Spirit, however, never leaves the local universe headquarters world. ... The Universe Mother Spirit acts as the universe focus and center of the Spirit of Truth as well as of her own personal influence, the Holy Spirit.

34:3:8 When a Creative Spirit becomes "space conscious," she is preparing to recognize a circumscribed "space domain" as hers, a realm in which to be space free in contradistinction to all other space by which she would be conditioned.

100:6.3 The sincere religionist is conscious of universe citizenship and is aware of making contact with sources of superhuman power.\

Our Friendly Universe

101:10.9 At last all creatures become conscious of the fact that God and all the divine hosts of a well-nigh limitless universe are on their side in the supernal struggle to attain eternity of life and divinity of status. Such faith-liberated sons have certainly enlisted in the struggles of time on the side of the supreme forces and divine personalities of eternity; even the stars in their courses are now doing battle for them; at last they gaze upon the universe from within, from God's viewpoint, and all is transformed from the uncertainties of material isolation to the sureties of eternal spiritual progression.

180:5:8 And when such spirit-led mortals realize the true meaning of this golden rule, they are filled to overflowing with the assurance of citizenship in a friendly universe, and their ideals of spirit reality are satisfied only when they love their fellows as Jesus loved us all, and that is the reality of the realization of the love of God.

196:3:8 Only the spirit-indwelt mind can comprehend that the universe is friendly to the individual.

133:1.4 I am absolutely assured that the entire universe is friendly to me—this all-powerful truth I insist on believing with a wholehearted trust in spite of all appearances to the contrary. (Jesus to Ganid)

25:4:12 As you journey toward your Paradise goal, constantly acquiring added knowledge and enhanced skill, you are continuously afforded the opportunity to give out to others the wisdom and experience you have already accumulated; all the way in to Havona you enact the role of a pupil-teacher. You will work your way through the ascending levels of this vast experiential university by imparting to those just below you the new-found knowledge of your advancing

195:7:3 The inconsistency of the modern mechanist is: If this were merely a material universe and man only a machine, such a man would be wholly unable to recognize himself as such a machine, and likewise would such a machine-man be wholly unconscious of the fact of the existence of such a material universe. The materialistic dismay and despair of a mechanistic science has failed to recognize the fact of the spirit-indwelt mind of the scientist whose very supermaterial insight formulates these mistaken and self-contradictory concepts of a materialistic universe.

Our Place in the Universe

0:0.5 Your world, Urantia, is one of many similar inhabited planets which comprise the local universe of Nebadon. This universe, together with similar creations, makes up the superuniverse of Orvonton, from whose capital, Uversa, our commission hails. Orvonton is one of the seven evolutionary superuniverses of time and space which circle the never-beginning, never-ending creation of divine perfection—the central universe of Havona. At the heart of this eternal and central universe is the stationary Isle of Paradise, the geographic center of infinity and the dwelling place of the eternal God.

15:1.3 Urantia is situated in a local universe and a superuniverse not fully organized, and your local universe is in immediate proximity to numerous partially completed physical creations. You belong to one of the relatively recent universes. But you are not, today, plunging on wildly into uncharted space nor swinging out blindly into unknown regions. You are following the orderly and predetermined path of the superuniverse space level. You are now passing through the very same space that your planetary system, or its predecessors, traversed ages ago; and some day in the remote future your system, or its successors, will again traverse the identical space through which you are now so swiftly plunging.

5:1.6 Urantia belongs to a system which is well out towards the borderland of your local universe; and your local universe is at present traversing the periphery of Orvonton.

1:6.7 To assume that the universe can be known, that it is intelligible, is to assume that the universe is mind made and personality managed. Man's mind can only perceive the mind phenomena of other minds, be they human or superhuman. If man's personality can experience the universe, there is a divine mind and an actual personality somewhere concealed in that universe.



34:6:12 And when such a life of spirit guidance is freely and intelligently accepted, there gradually develops within the human mind a positive consciousness of divine contact and assurance of spirit communion; sooner or later "the Spirit bears witness with your spirit (the Adjuster) that you are a child of God."

102:6:7 Belief may not be able to resist doubt and withstand fear, but faith is always triumphant over doubting, for faith is both positive and living. The positive always has the advantage over the negative, truth over error, experience over theory, spiritual realities over the isolated facts of time and space.

44:0:18 Never in your long ascendancy will you lose the power to recognize your associates of former existences. Always, as you ascend inward in the scale of life, will you retain the ability to recognize and fraternize with the fellow beings of your previous and lower levels of experience.

195:6:11 If the universe were merely a mechanism and mind were unapart from matter, we would never have two differing interpretations of any observed phenomenon.

195:9:5 The modern age will refuse to accept a religion which is inconsistent with facts and out of harmony with its highest conceptions of truth, beauty, and goodness. The hour is striking for a rediscovery of the true and original foundations of present-day distorted and compromised Christianity—the real life and teachings of Jesus.

Our Mother God/ Mother Spirit Knows Us Fully

28:5:22 So it is with mortal man: The Mother Spirit of Salvington knows you fully, for the Holy Spirit on your world “searches all things” and whatsoever the divine Spirit knows of you is immediately available whenever the seoraphic discerners reflect with the Spirit concerning the Spirit’s knowledge of you.

All Things Work to the Good

4:1.4 “We know that all things work together for good to those who love God,” for the eyes of the Lord are over the righteous, and his ears are open to their prayers.

48:4:7 It will perhaps be difficult for mortals to envisage this phase of humor, but we do get a peculiar satisfaction out of the assurance “that all things work together for good”—for spirits and morontians as well as for mortals.

A Divine Plan for Each of Us!

Our trials and disappointments are part of the Divine Plan

23:2.12 The confusion and turmoil of Urantia do not signify that the Paradise Rulers lack either interest or ability to manage affairs differently. The Creators are possessed of full power to make Urantia a veritable paradise, but such an Eden would not contribute to the development of those strong, noble, and experienced characters which the Gods are so surely forging out on your world between the anvils of necessity and the hammers of anguish. Your anxieties and sorrows, your trials and disappointments, are just as much a part of the divine plan on your sphere as are the exquisite perfection and infinite adaptation of all things to their supreme purpose on the worlds of the central and perfect universe.

Perfect Control, Harmony & Order

3:2.2 Within the bounds of that which is consistent with the divine nature, it is literally true that "with God all things are possible." The long-drawn-out evolutionary processes of peoples, planets, and universes are under the perfect control of the universe creators and administrators and unfold in accordance with the eternal purpose of the Universal Father, proceeding in harmony and order and in keeping with the all-wise plan of God.

Our Paradise Mother is the First Paradise Deity to Be "Recognized" by Ascending Pilgrims

8:3.8 At the center of all things the Infinite Spirit is the first of the Paradise Deities to be attained by the ascending pilgrims. The Third Person enshrouds the Second and the First Persons and therefore must always be first recognized by all who are candidates for presentation to the Son and his Father.

Destined to Function as the Actual & Effective Helper of Each Creator Son

21:2.2 The Infinite Spirit, though abiding with the Father and the Son at the center of all things, is destined to function as the actual and effective helper of each Creator Son.

Our Mother God is also the Mother of our Personal Angels

8:4:5 "In these local creations the Spirit does not come down to the material races in the likeness of mortal flesh as do certain of the Sons of God, but the Infinite Spirit and his/her co-ordinate Spirits do downstep themselves, do joyfully undergo an amazing series of divinity attenuations, until they appear as angels to stand by your side and guide you through the lowly paths of earthly existence."

Creative Administrator

38:1.3 The Universe Mother Spirit never ceases creative activity in a growing and perfecting universe.

33:3.4 The Spirit, as mortal creatures would understand, enacts the role of a mother, always assisting the Son and being everlastingly indispensable to the administration of the universe.

48:7:13 (556.13) Life is but a day's work—do it well. The act is ours; the consequences God's

49:4.4 Sex equality prevails on all advanced worlds; male and female are equal in mind endowment and spiritual status. We do not regard a planet as having emerged from barbarism so long as one sex seeks to tyrannize over the other. This feature of creature experience is always greatly improved after the arrival of a Material Son and Daughter.

14:6:30 From Paradise come the Universe Mother Spirits, the cocreators of local universes.

8:1.11 It is enough of a reach of the material mind of the children of time to conceive of the Father in eternity. We know that any child can best relate himself to reality by first mastering the relationships of the child-parent situation and then by enlarging this concept to embrace the family as a whole. Subsequently the growing mind of the child will be able to adjust to the concept of family relations, to relationships of

the community, the race, and the world, and then to those of the universe, the superuniverse, even the universe of universes.

8:2:2 The Third Source and Center is known by numerous titles: the Universal Spirit...the Paradise Mother Spirit, the Conjoint Actor...the Divine Action...

17:6:8 On that occasion, before the assembled administrators of the universe, the triumphant Creator Son elevates the Universe Mother Spirit to cosovereignty and acknowledges the Spirit consort as his equal.

1:6:7 To assume that the universe can be known, that it is intelligible, is to assume that the universe is mind made and personality managed. ... If man's personality can experience the universe, there is a divine mind and an actual personality somewhere concealed in that universe.

48:6:37 Nothing can take precedence over the work of your status sphere—this world or the next. Very important is the work of preparation for the next higher sphere, but nothing equals the importance of the work of the world in which you are actually living.

6:2.3 In nature the Son is wholly like the spirit Father. When we worship the Universal Father, actually we at the same time worship God the Son and God the Spirit. God the Son is just as divinely real and eternal in nature as God the Father.

8:1.11 (92.1) It is enough of a reach of the material mind of the children of time to conceive of the Father in eternity. We know that any child can best relate himself to reality by first mastering the relationships of the child-parent situation and then by enlarging this concept to embrace the family as a whole. Subsequently the growing mind of the child will be able to adjust to the concept of family relations, to relationships of the community, the race, and the world, and then to those of the universe, the superuniverse, even the universe of universes.

Michael and Mother- The Greatest Love Story Never Told – Until Now!

7:6.3 (88.1) Every time the Universal Father and the Eternal Son become parent to a Creator Son, the Infinite Spirit becomes ancestor to a local universe Creative

[Mother] Spirit who becomes the close associate of that Creator Son in all subsequent universe experience."

9:8.4.5 What the Infinite Spirit is to the total creation, a Creative [Mother] Spirit is to a local universe."

Most Amazing!

150:1.1 Of all the daring things which Jesus did in connection with his earth career, the most amazing was his sudden announcement on the evening of January 16, "On the morrow we will set apart ten women for the ministering work of the kingdom."

Has Our Attitude Toward Women Retarded the Progress of Embracing Our Mother God?

149:2.9 "In one generation Jesus lifted women out of the disrespectful oblivion and the slavish drudgery of the ages. And it is the one shameful thing about the religion that presumed to take Jesus' name that it lacked the moral courage to follow this noble example in its subsequent attitude toward women."

84:6.4 "Woman, however, has always been the moral standard-bearer and the spiritual leader of mankind."

(49:4.4) "We do not regard a planet as having emerged from barbarism so long as one sex seeks to tyrannize over the other."

167:5.4. "...the Master countenanced only those teachings which accorded women equality with men.

Restate the Jesus Message to Include Our Mother

194:2:1 And now that he has personally left the world, he sends in his place his Spirit of Truth, who is designed to live in man and, for each new generation, to restate the Jesus message so that every new group of mortals to appear upon the face of the earth shall have a new and up-to-date version of the gospel, just such personal enlightenment and group guidance as will prove to be an effective solvent for man's ever-new and varied spiritual difficulties.

Our World Needs Our Mother God as well as Our Father God!

2:7.10 The religious challenge of this age is to those farseeing and forward-looking men and women of spiritual insight who will dare to construct a new and appealing philosophy of living out of the enlarged and exquisitely integrated modern concepts of cosmic truth, universe beauty, and divine goodness.

117:6.2 If you truly desire to find God, you cannot help having born in your minds the consciousness of the Supreme. As God is your divine Father, so is the Supreme your divine Mother, in whom you are nurtured throughout your lives as universe creatures.

Meditation Practice

Prepare for your meditation as usual. At favorable times of the year, find a place to sit in nature amid trees and grass, where you can feel the energy of the sun and wind, and perhaps hear the sounds of water and birds. Otherwise find a comfortable and quiet place in your home in which you can sit undisturbed.

Breathe in and out slowly for several minutes as you settle down into yourself, letting go of the cares of the day.

If your mind wanders off, just bring your attention back to your breathing, the slow and deep rhythm of breathing in and out. Feel your chest expand more and more fully with each inhalation, then exhale completely.

When you are settled down, take a moment to become aware of your heart beating steadily. As you inhale, breathe in a feeling of peace. As you exhale, radiate feelings of love outward into the world and to the beings around you. Continue to feel peace as you breathe in and love as you breathe out, like ocean waves at the shoreline, ebbing and flowing.

Begin to feel the living, pulsing mother energy within you.

It is a love that connects with affection, concern and kindness. The highest mother energy does not judge, nor does it try to force change. It is effortless, instinctive intimacy.

The mother energy understands and does not blame. It forgives and does not criticize. Like a transparent wave, it flows through everything without ever finding a hindrance or obstacle. It walks in another's shoes feeling they are their own.

More than anything it offers safety, security and confidence. The mother energy is always there for you no matter what. It is the ultimate unconditional love born of complete and utter faith in you.

Now picture yourself sitting in a huge rainforest.

There is a silence and a stillness, a calm serenity, but at the same time the rainforest is completely alive with the color and noise of millions of varied and different life forms. Each in perfect balance with each other, there are lives being born in this instant and others passing on. Experience the wind through the trees, the light drops of rain, the shimmering light and shade of the sun through the canopy of trees. Everything is in perfect balance.

Imagine for a moment that there is one energy, one mother energy that keeps all this in harmony. A love that joins the rain and light with the leaves and the flowers, that unites the decaying forest floor with the earth and sun, where not one atom of excrement is wasted, not one atom does not have a perfect fit and purpose.

Then place yourself into that field of energy. This is where you belong. Sit and feel that unitive energy and realize that the mother energy is flowing through every leaf here in the forest, through every rustle in the trees, through every blade of grass, through every single atom of you. No single part is more important than any other. Every atom has its special place in the whole field of energy matter which forms the vast physical universe in which we live and move and have our life.

Every atom is essential. Every part works together in harmony with the whole. Every living thing is connected to every other living thing in a vast, pulsing web of life. Every being is conscious, unique, and a valued part of the whole.



Then realize that this mother energy is around us all the time. There is a universal mother, just as there is mother earth, and that feminine energy is within us and must be utilized for us to be complete.

For us to be whole we need to balance the power and creativity of the masculine with the compassionate loving kindness and oneness of the feminine mother. Breathe deeply and love more and more.

~ With thanks to Open Source Meditation at meditation.org.au for parts of this meditation practice

Gospel Tips from Jesus & Tub & a Bike-riding Evangelist and Puppy

ALL of Paper 159 is a GOLD MINE of Instruction for Teachers & Believers, especially Section 3!

https://www.urantia.org/urantia-book-standardized/paper-159-decapolis-tour?term='gospel yoke'#U159_3_7

Ask Sincere Questions & Listen Well ~

Share the Expanded Good News: We are the Children of Mother & Michael, Our Loving Parents!

132: 4.2 Jesus' usual technique of social contact was to draw people out and into talking with him by asking them questions. The interview would usually begin by his asking them questions and end by their asking him questions. He was equally adept in teaching by either asking or answering questions.

As a rule, to those he taught the most, he said the least. Those who derived most benefit from his personal ministry were overburdened, anxious, and dejected mortals who gained much relief because of the opportunity to unburden their souls to a sympathetic and understanding listener, and he was all that and more.

And when these maladjusted human beings had told Jesus about their troubles, always was he able to offer practical and immediately helpful suggestions looking toward the correction of their real difficulties, albeit he did not neglect to speak words of present comfort and immediate consolation.

And invariably would he tell these distressed mortals about the love of God and impart the information, by various and sundry methods, that they were the children of this loving Father in heaven.

"Strive Not"

181:2.5 And, John, always remember, strive not with the souls you would win for the kingdom."

Embrace Truth From All Sources

126:3:8 Jesus had an unerring ability for the recognition of truth, and truth he never hesitated to embrace, no matter from what source it appeared to emanate.

Positive Assurance

101:6:8 The teachings of Jesus constituted the first Urantian religion which so fully embraced a harmonious co-ordination of knowledge, wisdom, faith, truth, and love as completely and simultaneously to provide temporal tranquility, intellectual certainty, moral enlightenment, philosophic stability, ethical sensitivity, God-consciousness, and the positive assurance of personal survival.

Focus on Truth, Beauty & Goodness

132:04 And this was his method of instruction: Never once did he attack their errors or even mention the flaws in their teachings.

In each case he would select the truth in what they taught and then proceed so to embellish and illuminate this truth in their minds that in a very short time this enhancement of the truth effectively crowded out the associated error; and thus were these Jesus-taught men and women prepared for the subsequent recognition of additional and similar truths in the teachings of the early Christian missionaries.

It was this early acceptance of the teachings of the gospel preachers which gave that powerful impetus to the rapid spread of Christianity in Rome and from there throughout the empire.

Stay Positive, Humble & Balanced

174:4.2 In his home and throughout his public-teaching career Jesus invariably employed the positive form of exhortation. Always and everywhere did he say, "You shall do this—you ought to do that." Never did he employ the negative mode of teaching derived from the ancient taboos. He refrained from placing emphasis on evil by forbidding it, while he exalted the good by commanding its performance.

161:2:8 The Master does not hesitate to refute the religious teachings of today and to declare the new gospel with positive authority. He is assertive, positive, and authoritative.

196:0:8 But in all his intense mission and throughout his extraordinary life there never appeared the fury of the fanatic nor the superficial frothiness of the religious egotist.

Whole-Hearted Devotion

100:6.1 True religion is a wholehearted devotion to some reality which the religionist deems to be of supreme value to himself and for all mankind. And the outstanding characteristics of all religions are: unquestioning loyalty and wholehearted devotion to supreme values. This religious devotion to supreme values is shown in the

relation of the supposedly irreligious mother to her child and in the fervent loyalty of nonreligionists to an espoused cause.

101:6:8 The teachings of Jesus constituted the first Urantian religion which so fully embraced a harmonious co-ordination of knowledge, wisdom, faith, truth, and love as completely and simultaneously to provide temporal tranquillity, intellectual certainty, moral enlightenment, philosophic stability, ethical sensitivity, God-consciousness, and the positive assurance of personal survival.

100:6.9 The characteristic difference between evolved and revealed religion is a new quality of divine wisdom which is added to purely experiential human wisdom. But it is experience in and with the human religions that develops the capacity for subsequent reception of increased bestowals of divine wisdom and cosmic insight.

Personal Experience of Our Mother God & the Holy Spirit

101:3.2 (1108.1) Faith-insight, or spiritual intuition, is the endowment of the cosmic mind in association with the **Thought Adjuster**, which is the Father's gift to man.

Spiritual reason, soul intelligence, is the endowment of the **Holy Spirit**, the Creative Spirit's gift to man.

Spiritual philosophy, the wisdom of spirit realities, is the endowment of the **Spirit of Truth**, the combined gift of the bestowal Sons to the children of men.

And the **co-ordination and interassociation of these spirit endowments** constitute man a spirit personality in potential destiny.

Restate the Gospel Message with Guidance from the Holy Spirit & The Spirit of Truth

194:2:1 And now that he has personally left the world, he sends in his place his Spirit of Truth, who is designed to live in man and, for each new generation, to restate the Jesus message so that every new group of mortals to appear upon the face of the earth shall have a new and up-to-date version of the gospel, just such personal enlightenment and group guidance as will prove to be an effective solvent for man's ever-new and varied spiritual difficulties.

101:7:1 An idea is only a theoretical plan for action, while a positive decision is a validated plan of action.

34:6:12 And when such a life of spirit guidance is freely and intelligently accepted, there gradually develops within the human mind a positive consciousness of divine contact and assurance of spirit communion; sooner or later "the Spirit bears witness with your spirit (the Adjuster) that you are a child of God."

102:6:7 Belief may not be able to resist doubt and withstand fear, but faith is always triumphant over doubting, for faith is both positive and living. The positive always has the advantage over the negative, truth over error, experience over theory, spiritual realities over the isolated facts of time and space.

34:6:13 The consciousness of the spirit domination of a human life is presently attended by an increasing exhibition of the characteristics of the Spirit in the life reactions of such a spirit-led mortal, "for the fruits of the spirit are love, joy, peace, long-suffering, gentleness, goodness, faith, meekness, and temperance."

A Cautionary Tale

95:1.8 But it has often been the error of the teachers of new truth to attempt too much, to attempt to supplant slow evolution by sudden revolution. The Melchizedek missionaries in Mesopotamia raised a moral standard too high for the people; they attempted too much, and their noble cause went down in defeat. They had been commissioned to preach a definite gospel, to proclaim the truth of the reality of the Universal Father, but they became entangled in apparently worthy cause of reforming the mores, and thus was their great mission sidetracked and virtually lost in frustration and oblivion.

101:4:4 In the last analysis, religion is to be judged by its fruits according to the manner and the extent to which it exhibits its own inherent and divine excellence.

How Has Our Attitude Toward Women Delayed Our Embracing Our Mother God?

84:4.5 Men have long regarded women as peculiar, even abnormal. They have even believed that women did not have souls; therefore were they denied names.

194:3.14 The Pharisee might go on thanking God that he was “not born a woman, a leper, or a gentile,” but among the followers of Jesus woman has been forever set free from all religious discriminations based on sex.

149:2.9 In one generation Jesus lifted women out of the disrespectful oblivion and the slavish drudgery of the ages. And it is the one shameful thing about the religion that presumed to take Jesus’ name that it lacked the moral courage to follow this noble example in its subsequent attitude toward women.

Dare to ReConstruct

2:7.10 The religious challenge of this age is to those farseeing and forward-looking men and women of spiritual insight who will dare to construct a new and appealing philosophy of living out of the enlarged and exquisitely integrated modern concepts of cosmic truth, universe beauty, and divine goodness.

4:5:3 (60.2) The people of Urantia continue to suffer from the influence of primitive concepts of God.

[Bike-riding evangelist Ray Comfort](#)

This bike-riding evangelist (Ray Comfort) uses his cute puppy to get attention and acceptance, then he lays his distorted "primitive concepts of God" and salvation on them. Watch this short video to get the gist of his schtick.

Although his message is largely based on fear, many people are receptive to his style and message. He is very consistent in his approach and he basically asks the same questions of everyone. He has millions of viewers on his Living Waters YouTube channel.

As you watch [this video](#), consider the differences between Jesus's approach to people and Ray Comfort's style.

- What do you like about Ray's style of approach and core message?

- What do you not like about his style and message?
- How could you adapt the things you like into your own Our Mother God story/message/ministry?
- What questions would you ask to open the conversation about Our Mother God?
- What statements would you make about your own relationship with Our Mother God?
- Are you comfortable asking people if you can pray with them? If yes...
- What would your prayer be?

Is there an evangelistic-type video you like?



Prayer is a heartfelt desire to connect with Spirit.
It takes a little bit of practice.
And a whole lot of sincerity.
It's that simple.

—*Prayers by Lucretia Schanfarber*

There are as many ways for people to pray as there are people praying.

Every prayer is unique and individual. Even if we speak the same holy words together, our experience of them is unique to us. We get to have our own experience of everything in life and prayer is one of the most wonderful experiences we can possibly have.

My prayer life generally follows a regular pattern. I always start with thoughts, feelings, and expressions of heart-felt gratitude.

I say or think:

"Thank you, Jesus/Michael & Mother Spirit, for your magnificent creation.
Thank you, Father for your Indwelling Spirit, for choosing me & guiding me.
Thank you, my dear angels for your comfort and care."

I do this several times a day—at bedtime, doing dishes, walking the dog, driving, etc. I focus on and hold thoughts & feelings of appreciation for all life, for our planet, for our universe(s). Then I ask for help and guidance in all aspects of my own life and for the entire planet.

I simply say: "Please help me/us. I am receptive to your instructions and leading. Thank you."

I always end all of my prayers with: "It is my will, thy will be done."

Prayers to Share

Dear Spirit Mother & Spirit Father,

Thank you for being here with us and in us.

Thank you for sending your celestial family to help us, your earthly children. We dedicate our being together, here and now, to you both, to knowing you, to loving you and to sharing you.

It is our intention to open our minds and our hearts TOGETHER, to be especially receptive to a deeper relationship with and a fuller appreciation of Our Mother God.

Please help us to enter into a sacred space of mutual respect for each other and for one another's expressed thoughts and feelings.

Please guide us as we practice an attitude of loving kindness and we listen with open-minded interest.

We are here to share in your loving spirit of equality and cooperation. Encircle us in your divine love as we encircle one another.

It is Our Will Your Will Be Done.

Ah-women. Ah-men.

Prayer for guidance and receptivity

Glorious Mother & Father in One Parent Combined,

We thank you for your constant and unconditional Love and Guidance.

It is our will to attune our hearts and minds to Your Divine Will in our lives.

We know you have a Plan for our lives - a blueprint designed especially for us.

We thank you for our Angels and unseen Spirit friends working joyfully and creatively on our behalf.

May we increasingly reflect Your Divine Nature as we sow the seeds of Truth, Beauty and Goodness.

May the harvest be great.

We adore you, Mother and Michael.

Ah-women. Ah-men.

A Simple Prayer of Thanks

Dearest Spirit Mother & Spirit Father,

Thank you for the Ascension Plan you have created for our eternal spiritual progression.

We ask for your help as we practice receptivity to Your Cosmic Consciousness and Indwelling Spirit.

Thank you for the guidance of all Your dedicated spiritual influences as we choose Your Will in our daily lives.

It is our desire to cooperate and partner with the spiritual influences you have gifted us to bring us closer to You. Please enhance and expand our awareness and receptivity to you and of each other as we move in the world seeding Your Love and spreading goodwill.

We dedicate our lives and all our gifts and talents to serve Your Divine Purpose.

We Praise You as the Source of all Life and all Love.

A Simple Prayer for Guidance

Dearest Heavenly Mother & Father,

Thank you for the amazing life experiences you have gifted to us.

Help us to reflect gently upon our lives, to appreciate the lessons we have learned, even through hardships.

Thank you for always being present with us and within us as we walk this earthly path.

Please show us the meaningful patterns of our lives.

Reveal to us the ways You would have us value and use all our life experiences to come closer to you both and to exalt Your Divine Will as we serve our sisters and brothers.

It is Our Will Your Will Be Done.

Ah-women. Ah-men.

Prayer for Guidance

Dear Mother & Father in One Parent Combined,

We thank you for fulfilling the desires of our hearts as they align with your Divine Will.

We ask for and receive your Constant Guidance in all aspects of our lives.

Please help us to live within the complete assurance that all things work to the good.

We are your devoted daughters.

Every talent and gift we have comes from You and we are dedicated to fostering your Divine Plan for bringing Light & Life unto our world.

It is our will Will Your Will Be Done.

Ah-women. Ah-men.

Prayer to Serve More Willingly

Dearest Mother Nebadonia & Father Michael,

We are grateful for your Divine Union and Creative Partnership.

As your daughters, we rest assured in your loving watchcare and constant guidance.

Please help us to grow in experiential wisdom.

May we always feel the energizing effect of serving you both.

It is our desire to live this mortal adventure in full cooperation and whole-hearted dedication to your Divine Will.

We consecrate all that we are and all that we are becoming to your glory.

We are forever your beloved Daughters.

Ah-women.

Prayer to Embody Mother's Love

Dearest Creative Mother Spirit,

Please help us to embody your creative, loving and motherly nature.

We ask for your guidance and direction in our lives as we embrace your spirit of creativity and your love for life.

May your Holy Spirit inspire and embolden us to creatively and whole-heartedly express only that which is true, beautiful and good.

Please help us to rise above all doubt and fear as we manifest your Divine Love and Creative Energy.

We are forever your beloved Daughters.

Ah-Woman.

Prayer to Show Us the Way

Dearest Mother & Michael,

We thank you for your magnificent co-creation.

We thank you for the abundant material and spiritual gifts you shower upon us.

We pray for greater receptivity and alignment to your guidance.

It is our will your will be done.

Please help us to lovingly minister to our sisters and brothers while you comfort and enlighten them with your Holy Spirit and Spirit of Truth.

Please reveal to us, moment-by-moment, the path you would have us walk as we shine the healing light of your love and proclaim your exhilarating universal message of The Motherhood & Fatherhood of God to all we encounter.

In your names, we uphold truth, beauty and goodness as we confidently move forward in the world, sharing this expanded good news and knowing that we are forever your beloved daughters and sons.

Awoman. Amen.

Prayer to Conquer Fear and Choose Love

Dearest Mother God,

We thank you and we appreciate you for gifting us our unique lives on planet earth and throughout your universes.

Please help us to become increasingly aware of our thought patterns and emotional attitudes.

Please help us to choose faith over doubt and love over fear in every moment of our lives.

It is our desire to grow stronger and more secure within you.

It is our will to feel ever closer to you and to manifest your Mother Love.

Awomen.

A Prayer for Better Spiritual Perception

Our Mother God, thank you for the gift of your daughter-angels.

Please help me to better perceive and receive the guidance of my sister-angels in my daily life.

I ask with a devoted and willing heart to know you better, Mother, and to feel your loving, angelic ministry in my life.

It is my will to share your Motherly Love with all I encounter.

Thank you, Mother.

Thank you, Father.

It is my will thy will be done.

Awomen. Amen.

Prayer for Receptivity

Dear Mother God,

Thank you for the gift of Our Sister Angels that you provide to us.

It is our desire to love and understand them more.

We want to perceive and appreciate their constant presence in our lives.

We choose to cooperate more fully with their guidance as we go about our daily lives.

Please help us to feel their loving presence more often and with greater certainty and receptivity.

Mother, it is our will and our privilege to reveal and to express Your Motherly Love to all we encounter.

Thank you, Mother, for Your Constant Care, Guidance and Ministry.

Thank you for your Holy Spirit, Mind Adjutant Spirits, and your Daughter Angels.

Dearest Universe Mother & Universe Father: It is our sincere desire to better serve Your Divine Union & and Your Divine Plan.

It is Our Will Your Will Be Done.

Awoman. Amen.

Prayer for Guidance

Our Mother God, we appreciate and love you.

Our Father God, we appreciate and love you.

Thank you both for co-creating each and every unique one of us.

Thank you both for co-creating all the glorious life on our beautiful planet, Urantia and in our majestic local universe, Nebadon.

Mother, it is our will and our privilege to reveal and to express Your Motherly Love to all we encounter.

With every breath we breathe and with every thought we hold, we choose to be increasingly receptive to You, Dear Mother, and to Your Holy Spirit.

Mother, we desire to know, more clearly than ever, the Personal Mission you have in Mind for us at this time in our lives on Earth.

We ask for greater mental clarity, enhanced spiritual fortitude and re-energized physical power as we step up as Your Emissaries in Truth, Beauty and Goodness.

Thank you, Mother, for Your Constant Care, Guidance and Ministry.

Thank you for your Holy Spirit, Mind Adjutant Spirits, and your Daughter Angels.

Dearest Universe Mother & Universe Father: It is our sincere desire to better serve Your Divine Union & and Your Divine Plan.

It is Our Will Your Will Be Done.

Awoman. Amen.

A Prayer for Understanding and Mercy

Dearest Merciful Mother & Glorious Father,

We thank you for your loving kindness and mercy ministry.

We know your unconditional love for us is boundless.

Please help us to experience the certain reality of your personal mercy ministry and angelic care-giving in our daily lives.

Please help us to extend YOUR transformative power of mercy to every one of our sisters and brothers in every one of life's circumstances - no matter how difficult and challenging it may feel.

We ask YOU to help us overcome, through YOUR Mercy Ministry, our debilitating habits that judge and dismiss others.

Please enlarge our capacity for understanding.

Guide us in our daily lives along your merciful corridors and loving pathways.

It is our desire to become more and more like YOU - more graceful, more loving, more merciful, more forgiving, more tolerant and more joyful towards all others.

We Love, Glorify and Worship YOU as we Love and Minister to our sisters and brothers!

Awoman. Amen.

Prayer for Clairty and Assurance

Dear Mother God and Father God,

As your beloved daughter on earth, I thank you for your Divine Guidance and Daily Presence in my life.

I know You are with me and within me through every moment of every experience in my life.

I ask for greater clarity and comforting assurance as I dedicate my life and commit my will to living truth, doing good, and reflecting beauty.

Please help me to enter fully into 2026 with faithful certainty as I walk upon the Path with Heart as You reveal it to me - moment by moment and step-by-step.

I trust You in ALL things.

I believe in your eternal and infinite Love for me and ALL my siblings.

Blessed Be!

Thank You.

For a while I invited people to ask me to write a prayer for them to say and use in their own lives.

This is one I wrote in 2015 for a man named Paul.

Dear Paul,

I have written a prayer especially for you to use every day – first thing when you awaken and as you lay in bed at night. You can also use it as many times as you want to throughout the day.

It brings security and peace within and it helps to shine a light on the darkness we sometimes feel. Say “thank you Jesus” every single time you feel annoyed, disappointed, unappreciated, impatient, angry, ripped-off, pissed off, pissed on, and confused.

Whatever you feel, Jesus understands and loves you as you are.

Paul’s Prayer for Guidance

Dear Lord Jesus,

I am grateful for all the good things in my life.

Thy will be done.

Please help me to be a better person.

Help me to feel your presence in my life, even when I am sad, lonely, afraid, or angry.

Please use me to help you establish your kingdom on earth as it is in heaven.

There is much that I do not understand but I believe you have a plan for my life. Please help me strengthen and exercise my faith in your plan for my life.

This I pray.

Thank you, Jesus.

Amen.

Supplemental Material from "Our Mother God" Website

Note: All of the articles below are taken from the OUR MOTHER GOD website at <https://ourmothergod.com/> They are included as examples of the ways we can communicate the good news of Our Mother to the broader culture.

Our Mother God ~ Who Is She?

written by Lucretia Schanfarber

Our Mother God (aka Our Local Universe Mother Spirit) is a real spirit person. She is the equal and eternal partner of Our Local Universe Sovereign Ruler, Christ Michael aka Our Local Universe Father God.

Just as each of us are the progeny of our earthly, biological mother and father, so are we also the beloved children of our Divine Spiritual Parents.

Our Mother God and Our Father God are not simply symbols or allegorical characters. They are both real spirit persons who designed and co-created us. They are loving, personal parents who know us, understand us and adore us. Their unconditional love surrounds us and upholds us in every moment, in every situation.

Our planetary culture has long-ignored Our Mother God but She has never ignored us. We are Her earthly children. She is always with us. She sends Her Daughter Angels to teach, guide and comfort us. Her Holy Spirit encircles us.

The Spirit of Truth from Our Local Universe Father God dwells within us as we dwell within the spirit of Our Mother God. Like the life-sustaining umbilical connection in the womb between mother and child, we are connected to Our Local Universe Mother Spirit, Our Mother God. We live and breathe and have our consciousness within Her.

While our understanding of God as Our Universal Father has matured and developed throughout the history of our planetary evolution, along with the knowledge that Jesus Christ is a Creator Son of God and Sovereign Ruler of this Local Universe, it seems that the time has come for the global recognition that Our Local Universe Mother Spirit (commonly known as The Holy Spirit) is a Creative Daughter of God, Divine Minister of this Local Universe, and Equal Co-creative Partner with Our Creator Son.

Even though this information has long been delayed and overlooked, now with this New Revelation regarding Our Local Universe Mother Spirit, we have the understanding that will expand our consciousness and enable us to build a deep and eternal relationship with Our Mother God.

In many ways She is a glorious mystery to us. Yet we need only open our hearts and our minds to Our Mother God's spirit presence to begin our journey with Her.

<https://ourmothergod.com/who-is-she>

Our Mother God ~ Our Angels

By Lucretia Schanfarber

Our Mother God is also the Creator-Mother of our own personal guardian angels, the loving spirit beings closest to us and most directly representative of Her presence in our daily lives.

Our Mother God does "joyfully undergo an amazing series of divinity attenuations" until She stands by our sides as our angels (seraphim) guiding us through life. She "downsteps" Herself in this way so we can receive even greater personal benefits from her mercy ministry in our lives.

Like all the other numerous spiritual influences dedicated to our growth, our angels act only in accordance with our own free will. Our angels never drive; they only lead. And it is solely our decision to cooperate with our angelic sisters. We can consciously choose to team up with our angel companions or we can choose to ignore and even negate their constant presence in our lives.

Our Angels are a Gift to Us from Our Mother God

While legends and stories about angels have long been embedded in our human culture, it is primarily through the teachings of The Urantia Book that we have become more familiar with the many orders of angels. Whenever we choose to acknowledge, appreciate, and even visualize our angels as a personal gift from Our Mother God, we deepen our capacity for spiritual receptivity.

Our angels take great joy and satisfaction in successfully nudging us towards encounters and experiences that expand our understanding of truth, beauty and goodness. We can literally partner with our angels and give them our enthusiastic support and permission to teach and guide us. Life does not necessarily become easier or less challenging but we will

be cheered and encouraged knowing that our devoted angels are with us every step of the way throughout our life on earth and beyond death.

Credit: <https://ourmothergod.com/our-angels/>

The Divine Feminine

By Meredith Tenney and Sisters In Spirit

Currently, there's a rising tide of interest in the Divine Feminine, but little information about her, limiting her influence. The world urgently needs a shared vision of Mother's values and goals. Students of The Urantia Book have a wealth of knowledge about Our Mother God and her role that others do not have. No other faith tradition acknowledges the Divine Feminine as an equal co-partner to the Father in Heaven. If Adam and Eve had not defaulted, we would have had a role model of male/female spiritual partnership, but, as things are, Urantians have unique information that positions them to be of assistance in this time.

Listing the principles of the Divine Feminine can help others know her better, and provide a common standard for conduct. Consequently, a group of women came together to try to articulate the desires of our Universe Mother Spirit based on what The Urantia Book tells us. We acknowledge that it's impossible for anyone to be sure what our Divine Mother desires. Her principles will evolve over time as spiritual insight and wisdom grow on the planet.

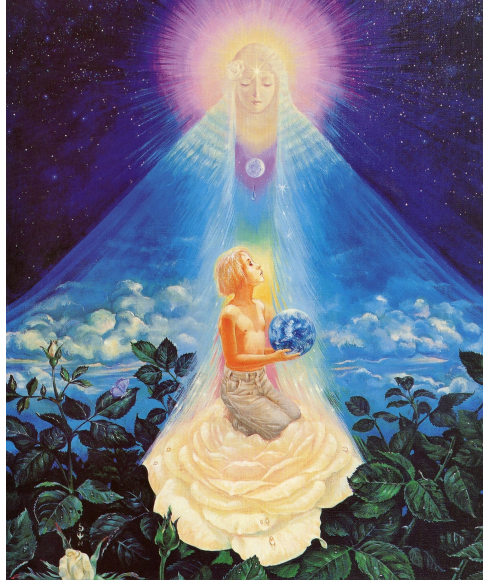
Nevertheless, these are the Principles of the Divine Feminine that we identified:

- Earth is like a womb created to nurture and maintain life; thus, everyone has a part to play in healing and sustaining our environment.
- Women are the invaluable true co-partners of men; all of life is uplifted and empowered when women are supported to share their gifts and fill their rightful place.
- Male/female relationships should reflect respect, caring, and gender equity, recognize the vital contributions of each sex, and assist in restoring gender balance in the world. The Divine Feminine desires healthy and loving relationships between people of all sexes.

- Every child must be deeply cherished and nurtured to promote the optimal physical, emotional, and spiritual well-being of each individual and the whole.
- As a mother hopes her children will treat each other well, so the Divine Feminine yearns for peace and harmony among her children on Earth.
- The highest wisdom within every faith tradition is enhanced and ennobled when the feminine aspects of the Divine are acknowledged and celebrated.
- Life is a sacred experience; cultivating a growing consciousness of the divine is our ultimate opportunity and sacred trust.

Mother Spirit's influence is urgently needed, and in drafting the Principles of the Divine Feminine, we sought to articulate what she might want. By bringing forth a declaration of the principles of the Divine Feminine, we can assist in building a shared vision of her values to inspire a global transformation. We hope the document will be used to guide the transition to a more just, sustainable, and caring world.

Meredith Tenney, who enjoyed a dual career as a lawyer and later a midwife, first became involved with the Universe Mother Spirit in 2001 and was a founding member of the East Coast Women's Corps. Over the next 20 years, she offered presentations on the Divine Feminine and Michael and Mother's partnership at the Parliament of World Religions in Melbourne, Australia, the Parliament of World Religions in Salt Lake City, Utah, Gather the Women's Women's Continental Congress in Australia, and at the Divine Feminine pre-conference retreat at IC'17. She was an active member of the Sisters in Spirit until her death in 2021. Among her writings is a wonderful article, Principles of the Divine Feminine, published in The Mighty Messenger.



My Encounter With The Holy Spirit of Our Universe Mother Spirit

by Elisabeth Callahan

Who is God our Mother to me? She is God our Mother Supreme in whose grand universe body we exist and grow, where we act out our lives and learn about God and the universe. This is the dynamic environment in which we learn to love and serve one another as spiritual brothers and sisters.

In loving one another, we can catch a glimpse of the evolving Supreme. Our Mother Supreme grows through our experiences as we slowly evolve into the spiritual likeness and consciousness of God our Father and Mother through our realization and actualization of the divine attributes of love, truth, beauty and goodness, and other God-like qualities.

God our Mother is also our Universe Mother Spirit, the co-creator with our father-brother Creator Son, of the vast and beautiful local universe in which we exist. She rules our universe jointly and equally with our Creator Son.

Together they provide us with a perfect template for the divine coordination of the qualities of God the Father and the Mother which originate in the Paradise Deities, who are, in effect, our Divine Grandparents and the original pattern of all family relationships on every level of the grand universe, down to this little evolutionary planet we call home.

Just like God our Father, our Mother God is invisible, but her presence is all around us. Her cosmic mind and energy pervade all the space of our local universe. We are actually living in the invisible field of her electromagnetic energy, which pervades the planet, and our physical bodies and all living things.

We have been created from the spark of life that she breathes into being, which lies hidden in every egg and seed. We are thinking, and feeling, and growing towards God using many levels of our Divine Mother's cosmic mind.

She is my spiritual mother, your mother, every creature's mother. She is the mother of the legions of angels who are all around us, invisibly guiding and guarding us. We can all know our Universe Mother, but to know her directly, to become conscious of her Holy Spirit, we must want to know her with a mind full of faith and love, just like we know God our Father.

Our Universe Mother Spirit is a real and loving divine personality, who is wholly but invisibly present to us as the Holy Spirit. We are taught that one of the defining qualities of personality is that it recognizes and responds directly to other-personality presences. Thus we can truly know her.

I know that we can know our Mother Spirit personally, because she made her presence known to me 35 years ago, at a time when I was feeling very much like a spiritual orphan in the universe.

The circumstances were that I had recently left my life as a Zen Buddhist monk, after many years of training and teaching. Leaving was one of the toughest decisions of my life, but one I had to make because that spiritual path was not sufficient and developed enough to answer all my questions and uphold my faith in God. My departure caused me suffering from the loss of my vocation and my Buddhist family. I felt quite alone in the universe.

And that's when it happened ... early one morning just before dawn. I was awakened from my sleep by a strange sensation. I became aware of a beautiful figure of light in my room shaped like a woman in a bluish-white robe of light with her hands outstretched to me.

The figure was rotating before me, showing me many different, beautiful and compassionate faces. I heard a voice in my mind saying "I am known by many names and faces in your world. I am your true mother and I love you. You are my daughter, a child of God and you are not alone."

And then the figure vanished, and I was left transcended, in a state of indescribable love and joy, a feeling of divine belonging and finding my true home. I knew I had been touched by the Spirit, and that I was loved unconditionally by my divine Mother. The effects of this visit have been profound and permanent upon my character.

From that moment onwards I knew with certainty that each of us is a beloved child of God. Our divine parents may be invisible to our material eyes, but they can be perceived by our spiritual eyes when they are child-like, when we have faith and a completely sincere desire to know God and fathom who we truly are deep in our spiritual core.

Over the years, my discovery first of the divine Father fragment within my mind, and then of the Holy Mother Spirit and the Spirit of Truth bestowed by our Creator Son, has given inestimable divine value not only to my own life but to that of every person, without exception. These Trinity-derived spiritual forces function in a lovely, coordinated, and seamless way to reveal God to us, to elevate our souls to higher levels of God-consciousness, and to lead us unfailingly to our true home in Paradise.

There's a beautiful symmetry to it and great joy and satisfaction in knowing that this relationship within us of God the Father and God the Mother is destined to grow almost without limits, for eternity, making us very useful in the divine family business of turning the grand universe and all its beings into the beautiful perfection of Havona.

Our Father God and Our Mother God

By Lucretia Schanfarber

Surprisingly, some long-time students of The Urantia Book, including high-profile leaders within the Urantia community, frequently contest the equality of Our Mother God and Our Father God.

Also surprising to me is the fact that only in the last few years have Urantia Book students begun to delve deeply into those teachings that clearly reveal the nature of God as Our Mother. I wonder why it took so long.

We are told in the Urantia Book in Paper 84 that “Woman... has always been the moral standard-bearer and the spiritual leader of hu mankind.” (84:6.4) But we also know there is a long history of sexual inequality on our planet. For instance, in Canada where I live, women were not legally considered “persons” until 1929. That’s less than 100 years ago.

In Paper 49, we are told by a Melchizedek of the Jerusem School of Planetary Administration: “We do not regard a planet as having emerged from barbarism so long as one sex seeks to tyrannize over the other.” (49:4.4)

Clearly, Urantia suffers under a planetary sex inequality that includes an age-long tendency towards a religious and spiritual patriarchy that has delayed and obfuscated our understanding of God as both our Divine Father and Our Divine Mother!

Jesus knew and taught not only equality between men and women; he also introduced us to the Mother Spirit, his very own beloved co-creator and the personalized local universe manifestation of our Paradise Mother Spirit AKA the Infinite Spirit of the Paradise Trinity.

Jesus said: “The Father in heaven treats the Spirit Mother of the children of the universe as one equal to himself.” Jesus also said “... the Father in heaven honors and exalts the Infinite Spirit, the mother of all the spirit children of a vast universe.” (133:2.2)

During his Urantian bestowal, Jesus introduced a prayer to both our Divine Mother and Father: “Glorious Father and Mother in One Parent Combined, Loyal would we be to your nature....”

This revelation that God is equally Our Mother and Our Father is GREAT news.

Paper 194 admonishes us to “restate the Jesus message so that every new group of mortals to appear upon the face of the earth shall have a new and up-to-date version of the gospel...” (194:2.1)

Imagine the positive influence this new revelation will have upon our world. We are a two-parent family. God is Our Mother and Our Father. We live in amazing times. We are called to work together to bring Urantia another step closer to Light & Life. Are you willing?

The Whole Self Experience of The Universe Mother Spirit

By Michelle Klimesh

I appreciate that The Urantia Book provides details about the Divine Feminine. I've read about the attributes of God the Mother, the Supreme Being. I marvel at the contributions of the Local Universe Mother Spirit.

I enjoy studying the feminine aspects of Deity, but my relationship with Mother is not intellectual.

Connecting with the Universe Mother Spirit is personal, direct, unfiltered, visceral, tangible, pervasive. I don't sense her in my head, but rather in my entire self. I feel her in my toes and spine and muscles. I feel her in my heartbeat and my breath. I connect with her when the sun touches my skin, when I snuggle into bed at night, when the wind blows, when birds sing, when children giggle.

Mother is my gravity. She sustains me, encourages me, makes me feel safe.

She gives me hope and courage.

Meditating one morning on the beach, I felt as if she was filling my heart with the entire ocean. Recently, I've felt her calming me as I sat in a dentist's chair. I've begged her for advice during meetings. Her replies are like sensations of light pouring down my spine. Mother clarifies solutions.

We live in the Universe Mother's womb. As embryonic spirits, we rely on her for our very existence.

Where would any of us be without her?

During the past decade, I've come to realize that women's gatherings provide a glimpse into the workings of the Supreme Being.

Paper 115 says that with God the Supreme, achievement is prerequisite to status; one must DO something as well as be something. Paper 116 tells us that the experience of every evolving creature personality is part of the experience of the Supreme. Paper 117 says that

when we reveal God's love to others, as Jesus commanded us to do, that this affection is a true reflection of the love of God the Mother, the Supreme Being.

When women gather, we share our inner lives. We share our burdens and joys, challenges and successes, failures and hopes and fears. Vicariously, we experience the events that happen in other women's lives. As decades pass, we observe an unending spiral of events passing continuously throughout our lives. Listening to each other, we increase our personal awareness in a wide variety of human situations. We learn lessons from others without having had their experiences ourselves.

I personally have never experienced cancer. But I have been with people as they've lived through it, and I have heard the stories of women who eventually died of it. We don't need to have cancer, lose a child, be incarcerated, struggle with homelessness, or heal from rape ourselves, to know the effects these challenges have on people. We don't need to personally experience marriage, or child birth, or professional success to feel the joy these experiences provoke in the lives of others.

Just as our human experiences contribute to the growth of the Supreme, our shared experiences contribute to our collective spiritual growth. As we listen, our bonds of closeness increase. We weave our circles of friendship into love.

To me, each women's gathering seems like a tiny cell in the body of God our Mother.

References from the Urantia Book: Papers 115.0.1, 116.1.1, 117.1.8., 117.6.

The Creation and Union of Our Divine Universe Parents

By Elisabeth Callahan

Once upon a time in Paradise in the unimaginably distant past, the Universal Father and the Eternal Mother Son gave birth to a wholly unique Creator Son named Michael, the 611,121st of his divine order. Simultaneously the Infinite Spirit individualized a new and unique representation of herself, a Creative Daughter, possessed of the awesome creative powers of her Divine Parent and also bearing the identical number 611,121 of the Creator Son. This pair became our divine parents, the creators of our local universe of Nebadon with its potential ten million worlds.

It is fascinating to see how their loving partnership is part of the original family pattern of the Paradise Trinity. Before embarking on their universe-building career, their union is blessed by the Universal Father who speaks in acknowledgment of the eternal joining of the Creator Son and the Creative Spirit and in confirmation of the bestowal of certain joint powers of administration by the Master Spirit of superuniverse jurisdiction.

This divine pair is created at the same time and destined to spend eternity together as they personally progress towards absolute perfection while guiding the evolutionary development of their local universe and all the personal beings within it (mortal ascenders, angels, universe citizens, and other celestial personality orders) towards the supreme attainment of Havona perfection.

From the Urantia revelatory perspective, the rule of our local universe changed significantly some 2,000 years ago with the "Proclamation of Equality" by the Creator Son to his entire universe with respect to his relationship with the Mother Spirit. The Creator Son declared that he and the Mother Spirit rule together as equals. Their power is equally shared. One does not act without the advice and consent of the other. These powerful Creators consult with each other and uphold each other's decisions. Neither dictates to the other nor requires submission to his or her absolute authority. Despite this universal model of equality, the people of Urantia (our planet Earth) are largely ignorant of this fact due to a tragic miscarriage of the evolutionary plan for our world in the distant past.

What if more people discovered the expanded divine truth that God has both maternal and paternal personifications and functions? That, without taking anything away from the Universal Father, we have a universe Mother God as well as a Father God?

Indeed, the Paradise Trinity presents God as Father, Mother, and Child. This is the essential pattern of spiritual family relationships throughout the grand universe.

What effects might this heavenly model have on our earthly cultural mores, social interactions, and national laws if it were to be fully and accurately revealed in our day and age? Try to imagine such a world and let's work together to spread this good news and support the great spiritual awakening that our world civilization is presently undergoing!

Week 5 Reflective Questions

1. What are three to six core messages (please reference them clearly) from the Urantia Book that you will use as the foundation for building your own Our Mother God story?

For example: I will build upon the loving, maternal and personal attributes of Our Mother God as an equal and complementary spiritual parent with Our Father God...

For example: I will feature the ministry of our personal angels as Our Mother God's spiritual ministering agents in our daily lives...

2. Why and where do you personally want to share the story of Our Mother God?

For example: I want to share the story of Our Mother God because I feel called to spread this Expanded Good News...

For example: I want to share the story of Our Mother God by introducing Her to my church women's group...

3. How do you plan to use the teachings of Jesus and the teachings of the Urantia Book to help you formulate and promulgate the story of Our Mother God?

For example: I will keep my message positive and uplifting as Jesus did and taught...

For example: I will refer to my own Religion of Personal Experience (R.O.P.E.) and invite others to share their experiences of Her in their lives...

4. In 400 words or less, please create, write and share your own "Our Mother God" gospel message.

Meditation on Our Seraphic Guardians

We are all cradled in the supportive and protective care of guardian angels. Our guardian angels are messengers from God, sent to guide us as we make our way through life. Think

of your guardian angel as your loving companion who walks by your side, providing guidance and assistance.

As your best friend, your guardian angel may come to you as the nurturing presence of a mother to comfort you in times of need, bringing inspiration and beneficial influences. During crisis, your guardian angel may appear as a mighty catalyst, embodying the majesty and power of the Lord's love, prompting you to action. **And in situations of physical or spiritual distress, your angel interacts with the strength and protectiveness of a father who pulls you swiftly from harm's way.**

Most often, however, your guardian angel assists you in ways that are nearly invisible. With vigilance, you can begin to recognize the familiar, comforting feeling of your guardian angel's touch. Your guardian angel is standing by, waiting for every opportunity to connect with you. You must be receptive to accept the love, direction, and comfort your angel wants to bestow.

Don't you want a more personal relationship with your angel so you can receive this help? How can you reach out to your angel? Try some of the 10 simple and dynamic ways you can use to communicate with your guardian angel. Then watch for the results ...

1. **Prayer** – Prayer is simply talking with your angel or God in a personal and direct way. Speak of your soul's deepest desires as if you are speaking to your best friend because you are. Express your loving devotion. Ask for help. You can't do it wrong. The most important quality of prayer is sincerity.

2. **Walk with your Guardian Angel** – Talk with your angel while you walk. Talk about questions, challenges and desires you feel while you walk. Watch for your angel's response to your questions and requests for help.

3. **Meditate** – Open your heart to hear responses to your prayers and to feel the love of God. There are many forms of meditation depending on your need at the time.

4. **Desire** – What do you want? Your desires create a force that compels you to take action. Your guardian angel and God respond to your desire. If you desire a deeper relationship with God and your guardian angel and take the action of reaching out, you will experience a response.

5. **Contemplation** – So much of our thought is consumed with non-sense. Instead, think deeply about questions that will bring you closer to your guardian angel such as: What is your soul's deepest desire? Have you had experiences of your guardian angel? What is missing in your life?

6. **Gratitude** – Heart felt gratitude pulls you out of negative influences. Find something to be grateful for in every situation.

7. **Write letters to your angel** – Writing letters about specific topics and feelings helps you to become clearer about an issue, problem or question. Once you are clear, you can ask for specific help. Then your angel can respond.

8. **Devotion** – Create an altar or place where you can go to feel the presence of your guardian angel. Put objects that remind you of your soul's desire on the altar. Add your letters to your altar. Pray here. Listen for answers. Light a candle and find a feeling of peace. Make this place a living presence in your life.

9. **Journal** – Write about your most intimate desires and feelings. As you contemplate questions, write about your thoughts and feelings. Use journaling to discover more about yourself, and then offer those discoveries to your guardian angel and God.

10. **Take action** – As you make discoveries about yourself, take action. As you receive answers to your prayers, take action. Find ways to change that will bring you closer to the truer part of yourself and your soul's purpose where happiness and fulfillment lies.

Relationships with your angels can develop gradually over time as you reach out and learn to connect. They can also happen in an instant during a mystical experience or in answer to your prayer. Be open for both!

Your angels are with you all the time whether you are aware of them or not. Become aware! Miraculous things can happen when you step into the flow of divine love.